

**1.- 4x50 m Libre Feminino Título (TIM)**

2024-05-11 10:30

ASCE\_F

1	00878	<b>NPONTEA 01</b>			NPONTEA	<b>1:48.39</b>	<b>14.0</b>
	1076330	FARO MARTINEZ, Carla	03	50 m:	27.88 27.88		
	1108844	BORGE JUSTE, Ines	06	100 m:	55.16 27.28		
	1061551	CARBALLO GONZALEZ, Sofia	06	150 m:	1:22.67 27.51		
	1076335	LEMOS FERNANDEZ, Iria	06	200 m:	1:48.39 25.72		
2	00784	<b>GALAICO 01</b>			GALAICO	<b>1:50.61</b>	<b>10.0</b>
	1144310	VIDAL RODRIGUEZ, Mara	10	50 m:	28.39 28.39		
	1143941	GARCIA SILVA, Antia	98	100 m:	54.18 25.79		
	1140841	BOUZAS PEDREIRA, Alicia	05	150 m:	1:23.13 28.95		
	1031658	BARROS DA SILVA, Sofia	09	200 m:	1:50.61 27.48		
3	00617	<b>ADFOGAR 01</b>			ADFOGAR	<b>1:55.20</b>	<b>8.0</b>
	1100545	SUAREZ KITAHORI, Nana S.	05	50 m:	29.88 29.88		
	1144902	MOURELLE PENA, Carla	08	100 m:	57.92 28.04		
	1144900	RODRIGUEZ VIÑA, Valeria	09	150 m:	1:27.26 29.34		
	1030568	JIMENEZ COPPA, Carla M.	06	200 m:	1:55.20 27.94		
4	00784	<b>GALAICO 02</b>			GALAICO	<b>1:55.78</b>	<b>6.0</b>
	1033341	ROCHA GONZALEZ, Gisele	09	50 m:	30.43 30.43		
	1109006	FERNANDEZ PRIETO, Nayara	05	100 m:	58.59 28.16		
	1110950	CANO ROSALES, Laura	04	150 m:	1:27.35 28.76		
	1077381	GOYANES GARCIA, Paula	98	200 m:	1:55.78 28.43		
5	00878	<b>NPONTEA 02</b>			NPONTEA	<b>1:58.25</b>	<b>4.0</b>
	1108651	ORTIZ DE GUINEA BASTON, Alba	97	50 m:	30.56 30.56		
	1038179	IBAÑEZ CARRERA, Sara	01	100 m:	59.43 28.87		
	1190538	BLANCO LAGE, Aitana	09	150 m:	1:29.39 29.96		
	1143299	EIJO GIL, Naiara	06	200 m:	1:58.25 28.86		
6	00617	<b>ADFOGAR 02</b>			ADFOGAR	<b>2:00.44</b>	<b>2.0</b>
	1141231	LOPEZ FRANCO, Maria	07	50 m:	29.93 29.93		
	1191910	INSUA REY, Carmela	09	100 m:	59.56 29.63		
	1111697	PEDREIRA GALEGO, Xiana	06	150 m:	1:29.75 30.19		
	1037385	PICHEL GARCIA, Elisa	84	200 m:	2:00.44 30.69		

## 2.- 4x50 m Libre Feminino Permanencia (TIM)

2024-05-11 10:30

PERM\_F

1	00765	<b>RBAIXAS 02</b>			RBAIXAS	<b>1:49.89</b>	<b>14.0</b>
	1141397	MARTINEZ GARCIA, Uxia	09	50 m:	27.96 27.96		
	1079883	RODRIGUEZ RODRIGUEZ, Nina	02	100 m:	54.71 26.75		
	1144197	ALVAREZ PAZOS, Maria	07	150 m:	1:21.62 26.91		
	1143498	BLANCO ROUCO, Carmen	06	200 m:	1:49.89 28.27		
2	00186	<b>NCORUÑA 02</b>			NCORUÑA	<b>1:53.32</b>	<b>10.0</b>
	1146991	CANALDA RAMOS, Laura	09	50 m:	28.97 28.97		
	1110130	MARIN MARTINEZ, Rosalia	04	100 m:	55.58 26.61		
	1095446	ALCALDE MAHIA, Ariadna	04	150 m:	1:24.36 28.78		
	1038962	MARTINEZ CANOSA, Raquel	91	200 m:	1:53.32 28.96		
3	P1106	<b>SDBOIRO 01</b>			SDBOIRO	<b>1:54.93</b>	<b>8.0</b>
	1143590	PÉREZ LORENZO, Celia	07	50 m:	29.22 29.22		
	1145002	OUVIÑA PICOS, Nadiuska	10	100 m:	56.19 26.97		
	1143806	SÁNCHEZ TOJA, Candela	08	150 m:	1:25.30 29.11		
	1144638	GARCÍA ESPAÑA, Elena	09	200 m:	1:54.93 29.63		
4	00186	<b>NCORUÑA 01</b>			NCORUÑA	<b>1:58.51</b>	<b>6.0</b>
	1143418	FERNANDEZ AGUION, Sara	07	50 m:	29.51 29.51		
	1146724	VILLAR ARCEO, Iria	08	100 m:	59.56 30.05		
	1099709	BARCIA RAMA, Lucía	04	150 m:	1:28.90 29.34		
	1101223	ROMERO LOURES, Lucía	04	200 m:	1:58.51 29.61		
5	00765	<b>RBAIXAS 01</b>			RBAIXAS	<b>1:58.51</b>	<b>4.0</b>
	1141393	GONZALEZ GONZALEZ, Iara	09	50 m:	29.17 29.17		
	1178913	GIRALDEZ MARTINEZ, Nerea	07	100 m:	58.52 29.35		
	1144658	NUÑEZ PARDO, Laura	08	150 m:	1:28.86 30.34		
	1202704	LOPEZ ALVAREZ, Paula	09	200 m:	1:58.51 29.65		

### 3.- 4x50 m Libre Masculino Título (TIM)

2024-05-11 10:30

ASCE\_M

1	00617	<b>ADFOGAR 01</b>			ADFOGAR	<b>1:37.32</b>	<b>14.0</b>
	1141092	SOUTO VILAS, Jorge	07	50 m:	24.49 24.49		
	1146789	RIVAS TORRES, Paulo	08	100 m:	48.70 24.21		
	1111166	LOPEZ FRANCO, Martin	01	150 m:	1:12.40 23.70		
	1078616	FERNANDEZ DOMINGUEZ, Alberto	87	200 m:	1:37.32 24.92		
2	00617	<b>ADFOGAR 02</b>			ADFOGAR	<b>1:37.53</b>	<b>10.0</b>
	1144145	SOUTO RAMOS, Manuel	07	50 m:	25.14 25.14		
	1037641	ABELEIRA ALVAREZ, Carlos	02	100 m:	49.29 24.15		
	1140897	REY PITA, Simon	04	150 m:	1:13.67 24.38		
	1022995	GALAN VICENTE, Pablo	02	200 m:	1:37.53 23.86		
3	00878	<b>NPONTEA 01</b>			NPONTEA	<b>1:38.60</b>	<b>8.0</b>
	1140852	RODRÍGUEZ DOMÍNGUEZ, Francisco Javier	04	50 m:	25.31 25.31		
	1037841	PINO LORENZO, Brais	01	100 m:	49.73 24.42		
	1084854	GONZALEZ ESTEVEZ, Yoel	07	150 m:	1:13.42 23.69		
	1076409	CANCELA GOMEZ, Hugo	03	200 m:	1:38.60 25.18		
4	00784	<b>GALAICO 01</b>			GALAICO	<b>1:38.79</b>	<b>6.0</b>
	1086280	AGUILAR URTXEGI, Xabier	00	50 m:	24.84 24.84		
	1109005	JUNCAL MOREIRA, Pablo	01	100 m:	49.85 25.01		
	1038465	SANCHEZ LOUZAN, Daniel	98	150 m:	1:13.62 23.77		
	1038930	BOUZAS PEDREIRA, Tomas	98	200 m:	1:38.79 25.17		
5	00784	<b>GALAICO 02</b>			GALAICO	<b>1:40.17</b>	<b>4.0</b>
	1130724	ROCHA GONZALEZ, Olivier	08	50 m:	23.39 23.39		
	1144309	PEREZ GARCIA, Iker	07	100 m:	50.35 26.96		
	1143345	BARROS DA SILVA, Pedro	07	150 m:	1:15.41 25.06		
	1215955	PISO SEÑORAN, Alejandro	03	200 m:	1:40.17 24.76		
6	00878	<b>NPONTEA 02</b>			NPONTEA	<b>1:42.64</b>	<b>2.0</b>
	1038800	ALONSO RODRIGUEZ, Javier	01	50 m:	26.54 26.54		
	1143429	FARO MARTINEZ, Yoel	07	100 m:	51.21 24.67		
	1142991	PEREZ PAZ, Dario	05	150 m:	1:17.21 26.00		
	1208834	ESPERÓN RODRÍGUEZ, Rodrigo	07	200 m:	1:42.64 25.43		

#### 4.- 4x50 m Libre Masculino Permanencia (TIM)

2024-05-11 10:30

PERM\_M

1	00186	<b>NCORUÑA 01</b>			NCORUÑA	<b>1:38.61</b>	<b>14.0</b>
	1140987	ETAYO GARCIA, Oscar	06	50 m:	24.40 24.40		
	1039024	PICALLO MARANTE, Sergio	01	100 m:	49.40 25.00		
	1041309	SENDINO GESTOSO, Roi	01	150 m:	1:14.33 24.93		
	1143193	GOMEZ LIMIA, Pablo	06	200 m:	1:38.61 24.28		
2	00765	<b>RBAIXAS 01</b>			RBAIXAS	<b>1:38.85</b>	<b>10.0</b>
	1079880	RODRIGUEZ VIEITEZ, Hugo	08	50 m:	24.86 24.86		
	1140925	ALONSO VIDAL, Teo	07	100 m:	49.81 24.95		
	1144035	RODRIGUEZ RAÑA, Miguel	09	150 m:	1:14.34 24.53		
	1079855	MENDEZ PUGA, Mario	03	200 m:	1:38.85 24.51		
3	00765	<b>RBAIXAS 02</b>			RBAIXAS	<b>1:45.10</b>	<b>8.0</b>
	1079879	PIÑEIRO RODRIGUEZ, Samuel	07	50 m:	25.36 25.36		
	1144193	PASTORIZA SANTACLARA, Jorge	97	100 m:	51.06 25.70		
	1143465	SANCHEZ GONZALEZ, Samuel	09	150 m:	1:19.96 28.90		
	1084761	MASSO ROIG, Martin	07	200 m:	1:45.10 25.14		
4	00186	<b>NCORUÑA 02</b>			NCORUÑA	<b>1:46.07</b>	<b>6.0</b>
	1146785	ALCALDE MAHIA, Jun Bin	08	50 m:	26.29 26.29		
	1075923	PEDROUZO ARES, Miguel	95	100 m:	52.92 26.63		
	1144853	GONZALEZ PREGO, Xose	08	150 m:	1:19.97 27.05		
	1095445	LAGO CASTILLO, Diego	07	200 m:	1:46.07 26.10		

5.- 200 m Libre Feminino Título (TIM)

2024-05-11 10:30

ASCE\_F

1	1061551	<b>CARBALLO GONZALEZ, Sofia</b>	06	NPONTEA	<b>2:07.46</b>	<b>7.0</b>
	50 m:	30.18 30.18	100 m:	1:02.61 32.43	150 m:	1:35.50 32.89
					200 m:	2:07.46 31.96
2	1031658	<b>BARROS DA SILVA, Sofia</b>	09	GALAICO	<b>2:07.77</b>	<b>5.0</b>
	50 m:	30.46 30.46	100 m:	1:02.86 32.40	150 m:	1:35.65 32.79
					200 m:	2:07.77 32.12
3	1076330	<b>FARO MARTINEZ, Carla</b>	03	NPONTEA	<b>2:08.01</b>	<b>4.0</b>
	50 m:	30.49 30.49	100 m:	1:03.06 32.57	150 m:	1:35.60 32.54
					200 m:	2:08.01 32.41
4	1144902	<b>MOURELLE PENA, Carla</b>	08	ADFOGAR	<b>2:14.67</b>	<b>3.0</b>
	50 m:	31.54 31.54	100 m:	1:05.92 34.38	150 m:	1:40.76 34.84
					200 m:	2:14.67 33.91
5	1191910	<b>INSUA REY, Carmela</b>	09	ADFOGAR	<b>2:14.74</b>	<b>2.0</b>
	50 m:	32.26 32.26	100 m:	1:05.55 33.29	150 m:	1:41.05 35.50
					200 m:	2:14.74 33.69
6	1144310	<b>VIDAL RODRIGUEZ, Mara</b>	10	GALAICO	<b>2:14.74</b>	<b>1.0</b>
	50 m:	31.10 31.10	100 m:	1:05.94 34.84	150 m:	1:41.31 35.37
					200 m:	2:14.74 33.43

## 6.- 200 m Libre Feminino Permanencia (TIM)

2024-05-11 10:30

PERM\_F

1	1144197	<b>ALVAREZ PAZOS, Maria</b>	07	RBAIXAS	<b>2:14.64</b>	<b>7.0</b>		
	50 m:	31.47 31.47	100 m:	1:05.44 33.97	150 m:	1:39.84 34.40	200 m:	2:14.64 34.80
2	1141393	<b>GONZALEZ GONZALEZ, Iara</b>	09	RBAIXAS	<b>2:15.05</b>	<b>5.0</b>		
	50 m:	31.32 31.32	100 m:	1:05.46 34.14	150 m:	1:40.00 34.54	200 m:	2:15.05 35.05
3	1199124	<b>PEREZ FIGUEROA, Sabela</b>	10	NCORUÑA	<b>2:26.68</b>	<b>4.0</b>		
	50 m:	34.50 34.50	100 m:	1:10.80 36.30	150 m:	2:26.68 1:15.88	200 m:	2:26.68
4	1147330	<b>MENDEZ LOPEZ, Helena</b>	10	NCORUÑA	<b>2:28.79</b>	<b>3.0</b>		
	50 m:	34.37 34.37	100 m:	1:11.94 37.57	150 m:	1:50.96 39.02	200 m:	2:28.79 37.83

## 7.- 400 m Libre Masculino Título (TIM)

2024-05-11 10:30

ASCE\_M

1	1144145	<b>SOUTO RAMOS, Manuel</b>	07	ADFOGAR	<b>4:15.84</b>	<b>7.0</b>
	50 m:	28.00 28.00	100 m:	58.46 30.46	150 m:	1:30.06 31.60
	200 m:	2:02.44 32.38	250 m:	2:35.71 33.27	300 m:	3:09.24 33.53
	350 m:	3:42.77 33.53	400 m:	4:15.84 33.07		
2	1143181	<b>LEIROS FERNANDEZ, Lucas</b>	08	NPONTEA	<b>4:20.43</b>	<b>5.0</b>
	50 m:	28.98 28.98	100 m:	1:00.94 31.96	150 m:	1:34.53 33.59
	200 m:	2:07.64 33.11	250 m:	2:40.92 33.28	300 m:	3:14.27 33.35
	350 m:	3:48.04 33.77	400 m:	4:20.43 32.39		
3	1079430	<b>PREGO GROBA, Brais</b>	08	NPONTEA	<b>4:21.49</b>	<b>4.0</b>
	50 m:	28.53 28.53	100 m:	1:00.52 31.99	150 m:	1:33.56 33.04
	200 m:	2:06.87 33.31	250 m:	2:40.27 33.40	300 m:	3:14.10 33.83
	350 m:	3:48.00 33.90	400 m:	4:21.49 33.49		
4	1111730	<b>ABELEDA PEREZ, Miguel A.</b>	04	ADFOGAR	<b>4:24.95</b>	<b>3.0</b>
	50 m:	29.59 29.59	100 m:	1:01.62 32.03	150 m:	1:34.39 32.77
	200 m:	2:07.90 33.51	250 m:	2:41.78 33.88	300 m:	3:16.45 34.67
	350 m:	3:51.26 34.81	400 m:	4:24.95 33.69		
5	1130724	<b>ROCHA GONZALEZ, Olivier</b>	08	GALAICO	<b>4:34.43</b>	<b>2.0</b>
	50 m:	29.44 29.44	100 m:	1:01.27 31.83	150 m:	1:35.48 34.21
	200 m:	2:10.16 34.68	250 m:	2:43.80 33.64	300 m:	3:21.53 37.73
	350 m:	3:58.45 36.92	400 m:	4:34.43 35.98		
6	1144309	<b>PEREZ GARCIA, Iker</b>	07	GALAICO	<b>4:37.89</b>	<b>1.0</b>
	50 m:	29.81 29.81	100 m:	1:01.72 31.91	150 m:	1:36.18 34.46
	200 m:	2:12.43 36.25	250 m:	2:49.33 36.90	300 m:	3:26.08 36.75
	350 m:	4:02.41 36.33	400 m:	4:37.89 35.48		

## 8.- 400 m Libre Masculino Permanencia (TIM)

2024-05-11 10:30

PERM\_M

1	1084761	<b>MASSO ROIG, Martin</b>	07	RBAIXAS	<b>4:06.39</b>	<b>7.0</b>
	50 m:	28.10 28.10	100 m:	57.82 29.72	150 m:	1:28.19 30.37
	250 m:	2:30.73 31.41	300 m:	3:02.75 32.02	350 m:	3:34.84 32.09
					200 m:	1:59.32 31.13
					400 m:	4:06.39 31.55
2	1140925	<b>ALONSO VIDAL, Teo</b>	07	RBAIXAS	<b>4:12.58</b>	<b>5.0</b>
	50 m:	28.81 28.81	100 m:	59.78 30.97	150 m:	1:31.66 31.88
	250 m:	2:36.64 32.27	300 m:	3:08.46 31.82	350 m:	3:40.91 32.45
					200 m:	2:04.37 32.71
					400 m:	4:12.58 31.67
3	1143193	<b>GOMEZ LIMIA, Pablo</b>	06	NCORUÑA	<b>4:13.85</b>	<b>4.0</b>
	50 m:	28.97 28.97	100 m:	59.55 30.58	150 m:	1:30.89 31.34
	250 m:	2:37.02 33.19	300 m:	3:09.71 32.69	350 m:	3:42.44 32.73
					200 m:	2:03.83 32.94
					400 m:	4:13.85 31.41
4	1144471	<b>ABELLEIRA GÓMEZ, Miguel A.</b>	06	SDBOIRO	<b>4:27.93</b>	<b>3.0</b>
	50 m:	30.83 30.83	100 m:	1:04.20 33.37	150 m:	1:37.18 32.98
	250 m:	2:45.49 34.62	300 m:	3:19.23 33.74	350 m:	3:54.07 34.84
					200 m:	2:10.87 33.69
					400 m:	4:27.93 33.86
5	1041309	<b>SENDINO GESTOSO, Roi</b>	01	NCORUÑA	<b>4:44.36</b>	<b>2.0</b>
	50 m:	29.78 29.78	100 m:	1:02.08 32.30	150 m:	1:37.24 35.16
	250 m:	2:50.52 37.28	300 m:	3:28.54 38.02	350 m:	4:06.74 38.20
					200 m:	2:13.24 36.00
					400 m:	4:44.36 37.62



**9.- 200 m Bolboreta Feminino Título (TIM)**

2024-05-11 10:30

ASCE\_F

1	1108651	<b>ORTIZ DE GUINEA BASTON, Alba</b>	97	NPONTEA	<b>2:30.04</b>	<b>7.0</b>
	50 m:	32.90 32.90	100 m:	1:11.11 38.21	150 m:	1:50.52 39.41
					200 m:	2:30.04 39.52
2	1190538	<b>BLANCO LAGE, Aitana</b>	09	NPONTEA	<b>2:38.95</b>	<b>5.0</b>
	50 m:	35.03 35.03	100 m:	1:15.13 40.10	150 m:	1:56.55 41.42
					200 m:	2:38.95 42.40
3	1033341	<b>ROCHA GONZALEZ, Gisele</b>	09	GALAICO	<b>2:44.44</b>	<b>4.0</b>
	50 m:	34.82 34.82	100 m:	1:15.26 40.44	150 m:	1:58.78 43.52
					200 m:	2:44.44 45.66
4	1141082	<b>ROMANELLI LONGO, Lucia</b>	06	ADFOGAR	<b>2:53.96</b>	<b>3.0</b>
	50 m:	36.84 36.84	100 m:	1:19.84 43.00	150 m:	2:05.72 45.88
					200 m:	2:53.96 48.24
5	1111697	<b>PEDREIRA GALEGO, Xiana</b>	06	ADFOGAR	<b>3:13.61</b>	<b>2.0</b>
	50 m:	39.75 39.75	100 m:	1:28.41 48.66	150 m:	2:21.25 52.84
					200 m:	3:13.61 52.36
BAI	1111267	<b>DE LA FUENTE PINTOS, Nadia</b>	07	GALAICO		<b>0,0</b>

### 10.- 200 m Bolboreta Feminino Permanencia (TIM)

2024-05-11 10:30

PERM\_F

1	1146991	<b>CANALDA RAMOS, Laura</b>	09	NCORUÑA	<b>2:31.52</b>	<b>7.0</b>		
	50 m:	33.52 33.52	100 m:	1:10.87 37.35	150 m:	1:50.63 39.76	200 m:	2:31.52 40.89
2	1202704	<b>LOPEZ ALVAREZ, Paula</b>	09	RBAIXAS	<b>2:46.48</b>	<b>5.0</b>		
	50 m:	38.17 38.17	100 m:	1:20.25 42.08	150 m:	2:03.20 42.95	200 m:	2:46.48 43.28
3	1187883	<b>ARRUÑADA VAZQUEZ, Carmen</b>	10	NCORUÑA	<b>2:50.44</b>	<b>4.0</b>		
	50 m:	38.27 38.27	100 m:	1:20.38 42.11	150 m:	2:03.68 43.30	200 m:	2:50.44 46.76
4	1178913	<b>GIRALDEZ MARTINEZ, Nerea</b>	07	RBAIXAS	<b>2:50.44</b>	<b>3.0</b>		
	50 m:	35.18 35.18	100 m:	1:16.20 41.02	150 m:	2:01.62 45.42	200 m:	2:50.44 48.82

### 11.- 200 m Bolboreta Masculino Título (TIM)

2024-05-11 10:30

ASCE\_M

1	1086280	<b>AGUILAR URTXEGI, Xabier</b>	00	GALAICO	<b>2:07.14</b>	<b>7.0</b>
	50 m:	28.52 28.52	100 m:	1:01.20 32.68	150 m:	1:34.44 33.24
					200 m:	2:07.14 32.70
2	1140897	<b>REY PITA, Simon</b>	04	ADFOGAR	<b>2:13.54</b>	<b>5.0</b>
	50 m:	29.70 29.70	100 m:	1:04.86 35.16	150 m:	1:37.38 32.52
					200 m:	2:13.54 36.16
3	1146789	<b>RIVAS TORRES, Paulo</b>	08	ADFOGAR	<b>2:14.73</b>	<b>4.0</b>
	50 m:	29.00 29.00	100 m:	1:03.51 34.51	150 m:	1:37.38 33.87
					200 m:	2:14.73 37.35
4	1143345	<b>BARROS DA SILVA, Pedro</b>	07	GALAICO	<b>2:22.00</b>	<b>3.0</b>
	50 m:	30.38 30.38	100 m:	1:05.39 35.01	150 m:	1:42.31 36.92
					200 m:	2:22.00 39.69
5	1142991	<b>PEREZ PAZ, Dario</b>	05	NPONTEA	<b>2:23.88</b>	<b>2.0</b>
	50 m:	30.47 30.47	100 m:	1:06.94 36.47	150 m:	1:45.48 38.54
					200 m:	2:23.88 38.40
6	1038181	<b>BOUZA PADRON, Adrian</b>	97	NPONTEA	<b>2:28.03</b>	<b>1.0</b>
	50 m:	31.52 31.52	100 m:	1:07.76 36.24	150 m:	1:46.41 38.65
					200 m:	2:28.03 41.62

**12.- 200 m Bolboreta Masculino Permanencia (TIM)**

2024-05-11 10:30

PERM\_M

1	1079855	<b>MENDEZ PUGA, Mario</b>	03	RBAIXAS	<b>2:13.64</b>	<b>7.0</b>
	50 m:	31.13 31.13	100 m:	1:04.81 33.68	150 m:	1:38.74 33.93
					200 m:	2:13.64 34.90
2	1196086	<b>CAO HERMO, Breixo</b>	10	SDBOIRO	<b>2:23.74</b>	<b>5.0</b>
	50 m:	31.07 31.07	100 m:	1:07.04 35.97	150 m:	1:45.18 38.14
					200 m:	2:23.74 38.56
3	1144860	<b>ALVAREZ VAZQUEZ, Sergio</b>	09	RBAIXAS	<b>2:24.03</b>	<b>4.0</b>
	50 m:	31.90 31.90	100 m:	1:07.51 35.61	150 m:	1:45.51 38.00
					200 m:	2:24.03 38.52
4	1146785	<b>ALCALDE MAHIA, Jun Bin</b>	08	NCORUÑA	<b>2:27.01</b>	<b>3.0</b>
	50 m:	31.46 31.46	100 m:	1:07.28 35.82	150 m:	1:46.23 38.95
					200 m:	2:27.01 40.78
DSA	1187886	<b>GARCIA AROCHENA, Jacobo Javier</b>	09	NCORUÑA		<b>0,0</b>

**13.- 50 m Costas Feminino Título (TIM)**

2024-05-11 10:30

ASCE\_F

1	1143299	<b>EIJO GIL, Naiara</b>	06	NPONTEA	<b>31.13</b>	<b>7.0</b>
2	1108844	<b>BORGE JUSTE, Ines</b>	06	NPONTEA	<b>31.44</b>	<b>5.0</b>
3	1140841	<b>BOUZAS PEDREIRA, Alicia</b>	05	GALAICO	<b>31.82</b>	<b>4.0</b>
4	1077381	<b>GOYANES GARCIA, Paula</b>	98	GALAICO	<b>31.86</b>	<b>3.0</b>
5	1100545	<b>SUAREZ KITAHORI, Nana S.</b>	05	ADFOGAR	<b>34.60</b>	<b>2.0</b>
6	1144900	<b>RODRIGUEZ VIÑA, Valeria</b>	09	ADFOGAR	<b>34.83</b>	<b>1.0</b>

**14.- 50 m Costas Feminino Permanencia (TIM)**

2024-05-11 10:30

PERM\_F

1	1110130	<b>MARIN MARTINEZ, Rosalia</b>	04	NCORUÑA	<b>29.70</b>	<b>7.0</b>
2	1143498	<b>BLANCO ROUCO, Carmen</b>	06	RBAIXAS	<b>31.54</b>	<b>5.0</b>
3	1145002	<b>OUVIÑA PICOS, Nadiuska</b>	10	SDBOIRO	<b>32.79</b>	<b>4.0</b>
4	1099709	<b>BARCIA RAMA, Lucia</b>	04	NCORUÑA	<b>33.39</b>	<b>3.0</b>
5	1144658	<b>NUÑEZ PARDO, Laura</b>	08	RBAIXAS	<b>34.07</b>	<b>2.0</b>

**15.- 50 m Costas Masculino Título (TIM)**

2024-05-11 10:30

ASCE\_M

1	1038465	<b>SANCHEZ LOUZAN, Daniel</b>	98	GALAICO	<b>26.43</b>	<b>7.0</b>
2	1037641	<b>ABELEIRA ALVAREZ, Carlos</b>	02	ADFOGAR	<b>27.50</b>	<b>5.0</b>
3	1084854	<b>GONZALEZ ESTEVEZ, Yoel</b>	07	NPONTEA	<b>28.19</b>	<b>4.0</b>
4	1141092	<b>SOUTO VILAS, Jorge</b>	07	ADFOGAR	<b>28.78</b>	<b>3.0</b>
5	1068314	<b>MARTINEZ MARTINEZ, Marcos</b>	03	NPONTEA	<b>29.38</b>	<b>2.0</b>
6	1111256	<b>MENDEZ-BENEGASSI FDEZ., Adrian</b>	08	GALAICO	<b>30.66</b>	<b>1.0</b>

**16.- 50 m Costas Masculino Permanencia (TIM)**

2024-05-11 10:30

PERM\_M

1	1079879	<b>PIÑEIRO RODRIGUEZ, Samuel</b>	07	RBAIXAS	<b>29.65</b>	<b>7.0</b>
2	1143465	<b>SANCHEZ GONZALEZ, Samuel</b>	09	RBAIXAS	<b>30.12</b>	<b>5.0</b>
3	1187886	<b>GARCIA AROCHENA, Jacobo Javier</b>	09	NCORUÑA	<b>31.25</b>	<b>4.0</b>
4	1146972	<b>OLVEIRA BARTOLOME, Pedro</b>	08	NCORUÑA	<b>34.98</b>	<b>3.0</b>



17.- 100 m Braza Feminino Título (TIM)

2024-05-11 10:30

ASCE\_F

1	1061551	<b>CARBALLO GONZALEZ, Sofia</b>	06	NPONTEA	<b>1:11.30</b>	<b>7.0</b>
	50 m:	34.06 34.06	100 m:	1:11.30	37.24	
2	1030568	<b>JIMENEZ COPPA, Carla M.</b>	06	ADFOGAR	<b>1:13.49</b>	<b>5.0</b>
	50 m:	34.03 34.03	100 m:	1:13.49	39.46	
3	1141231	<b>LOPEZ FRANCO, Maria</b>	07	ADFOGAR	<b>1:18.96</b>	<b>4.0</b>
	50 m:	37.40 37.40	100 m:	1:18.96	41.56	
4	1144111	<b>QUINTAS MELON, Maria</b>	10	NPONTEA	<b>1:19.15</b>	<b>3.0</b>
	50 m:	36.71 36.71	100 m:	1:19.15	42.44	
5	1109006	<b>FERNANDEZ PRIETO, Nayara</b>	05	GALAICO	<b>1:21.71</b>	<b>2.0</b>
	50 m:	37.12 37.12	100 m:	1:21.71	44.59	
6	1110950	<b>CANO ROSALES, Laura</b>	04	GALAICO	<b>1:23.20</b>	<b>1.0</b>
	50 m:	38.50 38.50	100 m:	1:23.20	44.70	

**18.- 100 m Braza Feminino Permanencia (TIM)**

2024-05-11 10:30

PERM\_F

1	1038962	<b>MARTINEZ CANOSA, Raquel</b>	91	NCORUÑA	<b>1:17.02</b>	<b>7.0</b>
	50 m:	36.72 36.72	100 m:	1:17.02	40.30	
2	1141393	<b>GONZALEZ GONZALEZ, Iara</b>	09	RBAIXAS	<b>1:19.58</b>	<b>5.0</b>
	50 m:	37.14 37.14	100 m:	1:19.58	42.44	
3	1143806	<b>SÁNCHEZ TOJA, Candela</b>	08	SDBOIRO	<b>1:20.63</b>	<b>4.0</b>
	50 m:	37.96 37.96	100 m:	1:20.63	42.67	
4	1141397	<b>MARTINEZ GARCIA, Uxia</b>	09	RBAIXAS	<b>1:23.69</b>	<b>3.0</b>
	50 m:	39.48 39.48	100 m:	1:23.69	44.21	
5	1199124	<b>PEREZ FIGUEROA, Sabela</b>	10	NCORUÑA	<b>1:35.25</b>	<b>2.0</b>
	50 m:	45.29 45.29	100 m:	1:35.25	49.96	

19.- 100 m Braza Masculino Título (TIM)

2024-05-11 10:30

ASCE\_M

1	1111166	<b>LOPEZ FRANCO, Martin</b>	01	ADFOGAR	<b>1:03.42</b>	<b>7.0</b>
	50 m:	29.97 29.97	100 m:	1:03.42	33.45	
2	1143318	<b>VAZQUEZ FERNANDEZ, Nicolas</b>	06	GALAICO	<b>1:08.05</b>	<b>5.0</b>
	50 m:	31.25 31.25	100 m:	1:08.05	36.80	
3	1215955	<b>PISO SEÑORAN, Alejandro</b>	03	GALAICO	<b>1:08.19</b>	<b>4.0</b>
	50 m:	32.85 32.85	100 m:	1:08.19	35.34	
4	1037180	<b>CARRERA COSTAS, Martin</b>	96	NPONTEA	<b>1:10.81</b>	<b>3.0</b>
	50 m:	33.26 33.26	100 m:	1:10.81	37.55	
5	1180216	<b>FUENTEFRIA FERNANDEZ, Anxo</b>	09	ADFOGAR	<b>1:10.97</b>	<b>2.0</b>
	50 m:	33.65 33.65	100 m:	1:10.97	37.32	
6	1142991	<b>PEREZ PAZ, Dario</b>	05	NPONTEA	<b>1:14.28</b>	<b>1.0</b>
	50 m:	34.82 34.82	100 m:	1:14.28	39.46	

## 20.- 100 m Braza Masculino Permanencia (TIM)

2024-05-11 10:30

PERM\_M

1	1039024	<b>PICALLO MARANTE, Sergio</b>	01	NCORUÑA	<b>1:06.61</b>	<b>7.0</b>
	50 m:	32.29 32.29	100 m:	1:06.61	34.32	
2	1144193	<b>PASTORIZA SANTACLARA, Jorge</b>	97	RBAIXAS	<b>1:07.64</b>	<b>5.0</b>
	50 m:	31.96 31.96	100 m:	1:07.64	35.68	
3	1144035	<b>RODRIGUEZ RAÑA, Miguel</b>	09	RBAIXAS	<b>1:14.02</b>	<b>4.0</b>
	50 m:	34.96 34.96	100 m:	1:14.02	39.06	
DSA	1095445	<b>LAGO CASTILLO, Diego</b>	07	NCORUÑA		<b>0.0</b>

## 21.- 800 m Libre Feminino Título (TIM)

2024-05-11 10:30

ASCE\_F

1	1031658	<b>BARROS DA SILVA, Sofia</b>	09	GALAICO	<b>9:13.83</b>	<b>7.0</b>						
	50 m:		100 m:	1:06.53	1:06.53	150 m:	1:41.18	34.65	200 m:	2:15.52	34.34	
	250 m:	2:49.68	34.16	300 m:	3:24.17	34.49	350 m:	3:58.39	34.22	400 m:	4:33.31	34.92
	450 m:	5:08.21	34.90	500 m:	5:42.95	34.74	550 m:	6:18.33	35.38	600 m:	6:53.66	35.33
	650 m:	7:28.92	35.26	700 m:	8:04.64	35.72	750 m:	8:40.04	35.40	800 m:	9:13.83	33.79
2	1108651	<b>ORTIZ DE GUINEA BASTON, Alba</b>	97	NPONTEA	<b>9:28.93</b>	<b>5.0</b>						
	50 m:	32.11	32.11	100 m:	1:06.31	34.20	150 m:	1:41.36	35.05	200 m:	2:16.34	34.98
	250 m:	2:51.30	34.96	300 m:	3:26.78	35.48	350 m:	4:02.38	35.60	400 m:	4:38.36	35.98
	450 m:	5:14.49	36.13	500 m:	5:50.71	36.22	550 m:	6:27.14	36.43	600 m:	7:03.62	36.48
	650 m:	7:40.15	36.53	700 m:	8:16.59	36.44	750 m:	8:53.01	36.42	800 m:	9:28.93	35.92
3	1143180	<b>ESTEVEZ MONTES, Naroa</b>	08	NPONTEA	<b>9:34.80</b>	<b>4.0</b>						
	50 m:	33.34	33.34	100 m:	1:08.61	35.27	150 m:	1:44.15	35.54	200 m:	2:20.08	35.93
	250 m:	2:55.77	35.69	300 m:	3:32.05	36.28	350 m:	4:08.53	36.48	400 m:	4:44.51	35.98
	450 m:	5:20.50	35.99	500 m:	5:57.07	36.57	550 m:	6:33.71	36.64	600 m:	7:09.99	36.28
	650 m:	7:46.62	36.63	700 m:	8:23.49	36.87	750 m:	8:59.32	35.83	800 m:	9:34.80	35.48
4	1144310	<b>VIDAL RODRIGUEZ, Mara</b>	10	GALAICO	<b>9:41.25</b>	<b>3.0</b>						
	50 m:	33.86	33.86	100 m:	1:10.31	36.45	150 m:	1:47.67	37.36	200 m:	2:24.90	37.23
	250 m:	3:02.27	37.37	300 m:	3:39.46	37.19	350 m:	4:16.63	37.17	400 m:	4:53.31	36.68
	450 m:	5:30.41	37.10	500 m:	6:05.88	35.47	550 m:	6:42.05	36.17	600 m:	7:17.51	35.46
	650 m:	7:54.36	36.85	700 m:	8:31.20	36.84	750 m:	9:07.97	36.77	800 m:	9:41.25	33.28
5	1191910	<b>INSUA REY, Carmela</b>	09	ADFOGAR	<b>9:41.55</b>	<b>2.0</b>						
	50 m:	33.11	33.11	100 m:	1:08.79	35.68	150 m:	1:45.75	36.96	200 m:	2:22.12	36.37
	250 m:	2:59.30	37.18	300 m:	3:36.76	37.46	350 m:	4:13.92	37.16	400 m:	4:51.10	37.18
	450 m:	5:27.83	36.73	500 m:	6:04.83	37.00	550 m:	6:41.05	36.22	600 m:	7:17.64	36.59
	650 m:	7:54.20	36.56	700 m:	8:31.35	37.15	750 m:			800 m:	9:41.55	1:10.20
6	1037385	<b>PICHEL GARCIA, Elisa</b>	84	ADFOGAR	<b>10:26.77</b>	<b>1.0</b>						
	50 m:	35.32	35.32	100 m:	1:13.13	37.81	150 m:	1:52.26	39.13	200 m:	2:31.56	39.30
	250 m:	3:11.03	39.47	300 m:	3:50.42	39.39	350 m:	4:29.95	39.53	400 m:	5:09.47	39.52
	450 m:	5:49.09	39.62	500 m:	6:28.69	39.60	550 m:	7:08.27	39.58	600 m:	7:48.15	39.88
	650 m:	8:27.91	39.76	700 m:	9:07.77	39.86	750 m:	9:47.51	39.74	800 m:	10:26.77	39.26

## 22.- 800 m Libre Feminino Permanencia (TIM)

2024-05-11 10:30

PERM\_F

1	1146991	<b>CANALDA RAMOS, Laura</b>	09	NCORUÑA	<b>9:30.68</b>	<b>7.0</b>
	50 m:	33.17 33.17	100 m:	1:08.31 35.14	150 m:	1:44.04 35.73
	200 m:	2:19.88 35.84	300 m:	3:31.70 35.91	350 m:	4:07.61 35.91
	400 m:	4:43.46 35.85	450 m:	5:19.04 35.58	500 m:	5:54.79 35.75
	600 m:	7:06.93 36.04	650 m:	7:42.75 35.82	700 m:	8:18.85 36.10
	800 m:	9:30.68 34.94				
2	1143418	<b>FERNANDEZ AGUION, Sara</b>	07	NCORUÑA	<b>9:51.96</b>	<b>5.0</b>
	50 m:	33.10 33.10	100 m:	1:08.66 35.56	150 m:	1:44.96 36.30
	200 m:	2:22.04 37.08	300 m:	3:36.95 37.50	350 m:	4:14.65 37.70
	400 m:	4:52.44 37.79	450 m:	5:30.14 37.70	500 m:	6:07.72 37.58
	600 m:	7:22.65 37.37	650 m:	8:00.25 37.60	700 m:	8:38.03 37.78
	800 m:	9:51.96 36.56				
3	1144048	<b>PARDAVILA DAVILA, Ainoa</b>	08	RBAIXAS	<b>10:05.33</b>	<b>4.0</b>
	50 m:	34.81 34.81	100 m:	1:11.75 36.94	150 m:	1:49.00 37.25
	200 m:	2:26.47 37.47	300 m:	3:42.05 38.03	350 m:	4:19.87 37.82
	400 m:	4:58.21 38.34	450 m:	5:35.99 37.78	500 m:	6:13.78 37.79
	600 m:	7:30.07 38.39	650 m:	8:09.07 39.00	700 m:	8:47.66 38.59
	800 m:	10:05.33 38.64				
4	1185589	<b>RAMOS MÍGUEZ, Leyre</b>	06	SDBOIRO	<b>10:10.56</b>	<b>3.0</b>
	50 m:	34.27 34.27	100 m:	1:10.81 36.54	150 m:	1:48.13 37.32
	200 m:	2:25.96 37.83	300 m:	3:42.05 38.13	350 m:	4:20.47 38.42
	400 m:	4:58.42 37.95	450 m:	5:36.77 38.35	500 m:	6:15.58 38.81
	600 m:	7:33.96 39.07	650 m:	8:13.57 39.61	700 m:	8:52.86 39.29
	800 m:	10:10.56 1:17.70				
5	1202704	<b>LOPEZ ALVAREZ, Paula</b>	09	RBAIXAS	<b>10:21.51</b>	<b>2.0</b>
	50 m:	35.89 35.89	100 m:	1:14.09 38.20	150 m:	1:53.44 39.35
	200 m:	2:32.40 38.96	300 m:	3:49.68 38.78	350 m:	4:28.67 38.99
	400 m:	5:07.31 38.64	450 m:	5:46.32 39.01	500 m:	6:25.53 39.21
	600 m:	7:44.54 40.18	650 m:	8:24.18 39.64	700 m:	9:04.31 40.13
	800 m:	10:21.51 37.82				

23.- 100 m Libre Masculino Título (TIM)

2024-05-11 10:30

ASCE\_M

1	1038465	<b>SANCHEZ LOUZAN, Daniel</b>	98	GALAICO	<b>53.80</b>	<b>7.0</b>
	50 m:	25.87 25.87	100 m:	53.80	27.93	
2	1144145	<b>SOUTO RAMOS, Manuel</b>	07	ADFOGAR	<b>53.80</b>	<b>5.0</b>
	50 m:	25.81 25.81	100 m:	53.80	27.99	
3	1140852	<b>RODRÍGUEZ DOMÍNGUEZ, Francisco Javier</b>	04	NPONTEA	<b>54.61</b>	<b>4.0</b>
	50 m:	26.27 26.27	100 m:	54.61	28.34	
4	1109005	<b>JUNCAL MOREIRA, Pablo</b>	01	GALAICO	<b>54.76</b>	<b>3.0</b>
	50 m:	26.75 26.75	100 m:	54.76	28.01	
5	1022995	<b>GALAN VICENTE, Pablo</b>	02	ADFOGAR	<b>55.18</b>	<b>2.0</b>
	50 m:	26.37 26.37	100 m:	55.18	28.81	
6	1037841	<b>PINO LORENZO, Brais</b>	01	NPONTEA	<b>55.93</b>	<b>1.0</b>
	50 m:	26.48 26.48	100 m:	55.93	29.45	

## 24.- 100 m Libre Masculino Permanencia (TIM)

2024-05-11 10:30

PERM\_M

1	1108773	<b>SANLÉS DIESTE, Hugo</b>	04	SDBOIRO	<b>52.93</b>	<b>7.0</b>
	50 m:	26.65 26.65	100 m:		52.93	26.28
2	1143193	<b>GOMEZ LIMIA, Pablo</b>	06	NCORUÑA	<b>53.75</b>	<b>5.0</b>
	50 m:	26.38 26.38	100 m:		53.75	27.37
3	1140987	<b>ETAYO GARCIA, Oscar</b>	06	NCORUÑA	<b>54.08</b>	<b>4.0</b>
	50 m:	25.90 25.90	100 m:		54.08	28.18
4	1079880	<b>RODRIGUEZ VIEITEZ, Hugo</b>	08	RBAIXAS	<b>54.50</b>	<b>3.0</b>
	50 m:	26.38 26.38	100 m:		54.50	28.12
5	1196086	<b>CAO HERMO, Breixo</b>	10	SDBOIRO	<b>56.25</b>	<b>2.0</b>
	50 m:	27.37 27.37	100 m:		56.25	28.88
6	1144859	<b>MOREIRA REY, Luis</b>	09	RBAIXAS	<b>57.69</b>	<b>1.0</b>
	50 m:	27.54 27.54	100 m:		57.69	30.15



**25.- 50 m Libre Feminino Título (TIM)**

2024-05-11 10:30

ASCE\_F

1	1076335	<b>LEMONS FERNANDEZ, Iria</b>	06	NPONTEA	<b>26.34</b>	<b>7.0</b>
2	1143941	<b>GARCIA SILVA, Antia</b>	98	GALAICO	<b>26.60</b>	<b>5.0</b>
3	1108844	<b>BORGE JUSTE, Ines</b>	06	NPONTEA	<b>27.76</b>	<b>4.0</b>
4	1144902	<b>MOURELLE PENA, Carla</b>	08	ADFOGAR	<b>28.52</b>	<b>3.0</b>
5	1030568	<b>JIMENEZ COPPA, Carla M.</b>	06	ADFOGAR	<b>29.42</b>	<b>2.0</b>
6	1109006	<b>FERNANDEZ PRIETO, Nayara</b>	05	GALAICO	<b>29.81</b>	<b>1.0</b>

**26.- 50 m Libre Feminino Permanencia (TIM)**

2024-05-11 10:30

PERM\_F

1	1079883	<b>RODRIGUEZ RODRIGUEZ, Nina</b>	02	RBAIXAS	<b>27.32</b>	<b>7.0</b>
2	1144197	<b>ALVAREZ PAZOS, Maria</b>	07	RBAIXAS	<b>27.72</b>	<b>5.0</b>
3	1095446	<b>ALCALDE MAHIA, Ariadna</b>	04	NCORUÑA	<b>29.00</b>	<b>4.0</b>
4	1143590	<b>PÉREZ LORENZO, Celia</b>	07	SDBOIRO	<b>29.24</b>	<b>3.0</b>
5	1144638	<b>GARCÍA ESPAÑA, Elena</b>	09	SDBOIRO	<b>30.22</b>	<b>2.0</b>
6	1101223	<b>ROMERO LOURES, Lucia</b>	04	NCORUÑA	<b>30.55</b>	<b>1.0</b>

**27.- 200 m Costas Masculino Título (TIM)**

2024-05-11 10:30

ASCE\_M

1	1084854	<b>GONZALEZ ESTEVEZ, Yoel</b>	07	NPONTEA	<b>2:08.50</b>	<b>7.0</b>
	50 m:	30.00 30.00	100 m:	1:02.44 32.44	150 m:	1:35.81 33.37
					200 m:	2:08.50 32.69
2	1141092	<b>SOUTO VILAS, Jorge</b>	07	ADFOGAR	<b>2:14.41</b>	<b>5.0</b>
	50 m:	30.53 30.53	100 m:	1:04.14 33.61	150 m:	1:39.70 35.56
					200 m:	2:14.41 34.71
3	1037641	<b>ABELEIRA ALVAREZ, Carlos</b>	02	ADFOGAR	<b>2:15.27</b>	<b>4.0</b>
	50 m:	30.43 30.43	100 m:	1:03.37 32.94	150 m:	1:38.67 35.30
					200 m:	2:15.27 36.60
4	1114334	<b>ALVAREZ REPARAZ, Alejandro</b>	04	GALAICO	<b>2:15.67</b>	<b>3.0</b>
	50 m:	31.78 31.78	100 m:	1:06.38 34.60	150 m:	1:41.15 34.77
					200 m:	2:15.67 34.52
5	1068314	<b>MARTINEZ MARTINEZ, Marcos</b>	03	NPONTEA	<b>2:17.18</b>	<b>2.0</b>
	50 m:	31.74 31.74	100 m:	1:06.43 34.69	150 m:	1:41.69 35.26
					200 m:	2:17.18 35.49
6	1111256	<b>MENDEZ-BENEGASSI FDEZ., Adrian</b>	08	GALAICO	<b>2:22.70</b>	<b>1.0</b>
	50 m:	33.11 33.11	100 m:	1:09.43 36.32	150 m:	1:46.21 36.78
					200 m:	2:22.70 36.49

## 28.- 200 m Costas Masculino Permanencia (TIM)

2024-05-11 10:30

PERM\_M

1	1084761	<b>MASSO ROIG, Martin</b>	07	RBAIXAS	<b>2:16.05</b>	<b>7.0</b>		
	50 m:	31.90 31.90	100 m:	1:05.93 34.03	150 m:	1:41.01 35.08	200 m:	2:16.05 35.04
2	1146785	<b>ALCALDE MAHIA, Jun Bin</b>	08	NCORUÑA	<b>2:18.59</b>	<b>5.0</b>		
	50 m:	31.32 31.32	100 m:	1:05.66 34.34	150 m:	1:42.32 36.66	200 m:	2:18.59 36.27
3	1143465	<b>SANCHEZ GONZALEZ, Samuel</b>	09	RBAIXAS	<b>2:20.68</b>	<b>4.0</b>		
	50 m:	33.72 33.72	100 m:	1:09.32 35.60	150 m:	1:45.54 36.22	200 m:	2:20.68 35.14
4	1146972	<b>OLVEIRA BARTOLOME, Pedro</b>	08	NCORUÑA	<b>2:39.46</b>	<b>3.0</b>		
	50 m:	37.28 37.28	100 m:	1:18.05 40.77	150 m:	1:58.94 40.89	200 m:	2:39.46 40.52

**29.- 200 m Costas Feminino Título (TIM)**

2024-05-11 10:30

ASCE\_F

1	1143299	<b>EIJO GIL, Naiara</b>	06	NPONTEA	<b>2:27.61</b>	<b>7.0</b>
	50 m:	34.67 34.67	100 m:	1:11.83 37.16	150 m:	1:49.51 37.68
					200 m:	2:27.61 38.10
2	1077381	<b>GOYANES GARCIA, Paula</b>	98	GALAICO	<b>2:28.41</b>	<b>5.0</b>
	50 m:	35.00 35.00	100 m:	1:12.08 37.08	150 m:	1:50.30 38.22
					200 m:	2:28.41 38.11
3	1140841	<b>BOUZAS PEDREIRA, Alicia</b>	05	GALAICO	<b>2:33.39</b>	<b>4.0</b>
	50 m:	35.15 35.15	100 m:	1:13.36 38.21	150 m:	1:52.68 39.32
					200 m:	2:33.39 40.71
4	1038179	<b>IBAÑEZ CARRERA, Sara</b>	01	NPONTEA	<b>2:38.19</b>	<b>3.0</b>
	50 m:	35.10 35.10	100 m:	1:14.01 38.91	150 m:	1:55.34 41.33
					200 m:	2:38.19 42.85
5	1141231	<b>LOPEZ FRANCO, Maria</b>	07	ADFOGAR	<b>2:44.24</b>	<b>2.0</b>
	50 m:	37.26 37.26	100 m:	1:18.20 40.94	150 m:	2:00.75 42.55
					200 m:	2:44.24 43.49
6	1111697	<b>PEDREIRA GALEGO, Xiana</b>	06	ADFOGAR	<b>2:44.79</b>	<b>1.0</b>
	50 m:	33.88 33.88	100 m:	1:19.04 45.16	150 m:	2:01.55 42.51
					200 m:	2:44.79 43.24

**30.- 200 m Costas Feminino Permanencia (TIM)**

2024-05-11 10:30

PERM\_F

1	1143498	<b>BLANCO ROUCO, Carmen</b>	06	RBAIXAS	<b>2:20.31</b>	<b>7.0</b>
	50 m:	34.51 34.51	100 m:	1:10.35 35.84	150 m:	1:45.87 35.52
					200 m:	2:20.31 34.44
2	1110130	<b>MARIN MARTINEZ, Rosalia</b>	04	NCORUÑA	<b>2:20.60</b>	<b>5.0</b>
	50 m:	33.54 33.54	100 m:	1:09.42 35.88	150 m:	1:45.39 35.97
					200 m:	2:20.60 35.21
3	1145002	<b>OUVIÑA PICOS, Nadiuska</b>	10	SDBOIRO	<b>2:30.20</b>	<b>4.0</b>
	50 m:	35.11 35.11	100 m:	1:12.62 37.51	150 m:	1:51.63 39.01
					200 m:	2:30.20 38.57
4	1144658	<b>NUÑEZ PARDO, Laura</b>	08	RBAIXAS	<b>2:36.55</b>	<b>3.0</b>
	50 m:	37.45 37.45	100 m:	1:17.48 40.03	150 m:	1:57.47 39.99
					200 m:	2:36.55 39.08
5	1146724	<b>VILLAR ARCEO, Iria</b>	08	NCORUÑA	<b>2:43.93</b>	<b>2.0</b>
	50 m:	37.78 37.78	100 m:	1:18.22 40.44	150 m:	2:01.50 43.28
					200 m:	2:43.93 42.43

**31.- 200 m Estilos Masculino Título (TIM)**

2024-05-11 10:30

ASCE\_M

1	1037180	<b>CARRERA COSTAS, Martin</b>	96	NPONTEA	<b>2:14.26</b>	<b>7.0</b>
	50 m:	29.33 29.33	100 m:	1:04.26 34.93	150 m:	1:42.26 38.00
					200 m:	2:14.26 32.00
2	1143429	<b>FARO MARTINEZ, Yoel</b>	07	NPONTEA	<b>2:15.00</b>	<b>5.0</b>
	50 m:	28.30 28.30	100 m:	1:04.00 35.70	150 m:	1:41.76 37.76
					200 m:	2:15.00 33.24
3	1146897	<b>GUITIAN LOPEZ, Xabier</b>	05	ADFOGAR	<b>2:18.66</b>	<b>4.0</b>
	50 m:	29.34 29.34	100 m:	1:03.83 34.49	150 m:	1:44.82 40.99
					200 m:	2:18.66 33.84
4	1130724	<b>ROCHA GONZALEZ, Olivier</b>	08	GALAICO	<b>2:21.46</b>	<b>3.0</b>
	50 m:	30.69 30.69	100 m:	1:06.53 35.84	150 m:	1:49.04 42.51
					200 m:	2:21.46 32.42
5	1141480	<b>VAZQUEZ COSTA, Miguel</b>	06	GALAICO	<b>2:21.67</b>	<b>2.0</b>
	50 m:	29.58 29.58	100 m:	1:05.60 36.02	150 m:	1:48.54 42.94
					200 m:	2:21.67 33.13
6	1180216	<b>FUENTEFRIA FERNANDEZ, Anxo</b>	09	ADFOGAR	<b>2:21.90</b>	<b>1.0</b>
	50 m:	31.34 31.34	100 m:	1:09.07 37.73	150 m:	1:49.14 40.07
					200 m:	2:21.90 32.76

### 32.- 200 m Estilos Masculino Permanencia (TIM)

2024-05-11 10:30

PERM\_M

1	1079855	<b>MENDEZ PUGA, Mario</b>	03	RBAIXAS	<b>2:11.70</b>	<b>7.0</b>		
	50 m:	27.42 27.42	100 m:	1:02.09 34.67	150 m:	1:39.70 37.61	200 m:	2:11.70 32.00
2	1039024	<b>PICALLO MARANTE, Sergio</b>	01	NCORUÑA	<b>2:14.56</b>	<b>5.0</b>		
	50 m:	29.24 29.24	100 m:	1:04.20 34.96	150 m:	1:41.43 37.23	200 m:	2:14.56 33.13
3	1144193	<b>PASTORIZA SANTACLARA, Jorge</b>	97	RBAIXAS	<b>2:15.25</b>	<b>4.0</b>		
	50 m:	29.71 29.71	100 m:	1:05.26 35.55	150 m:	1:44.04 38.78	200 m:	2:15.25 31.21
4	1144853	<b>GONZALEZ PREGO, Xose</b>	08	NCORUÑA	<b>2:24.11</b>	<b>3.0</b>		
	50 m:	32.47 32.47	100 m:	1:10.84 38.37	150 m:	1:50.50 39.66	200 m:	2:24.11 33.61



**33.- 200 m Estilos Feminino Título (TIM)**

2024-05-11 10:30

ASCE\_F

1	1076330	<b>FARO MARTINEZ, Carla</b>	03	NPONTEA	<b>2:23.33</b>	<b>7.0</b>
	50 m:	31.25 31.25	100 m:	1:09.52 38.27	150 m:	1:49.10 39.58
					200 m:	2:23.33 34.23
2	1143180	<b>ESTEVEZ MONTES, Naroa</b>	08	NPONTEA	<b>2:30.83</b>	<b>5.0</b>
	50 m:	33.89 33.89	100 m:	1:12.47 38.58	150 m:	1:55.72 43.25
					200 m:	2:30.83 35.11
3	1033341	<b>ROCHA GONZALEZ, Gisele</b>	09	GALAICO	<b>2:40.38</b>	<b>4.0</b>
	50 m:	33.69 33.69	100 m:	1:16.83 43.14	150 m:	2:02.53 45.70
					200 m:	2:40.38 37.85
4	1037385	<b>PICHEL GARCIA, Elisa</b>	84	ADFOGAR	<b>2:42.07</b>	<b>3.0</b>
	50 m:	35.48 35.48	100 m:	1:19.27 43.79	150 m:	2:04.77 45.50
					200 m:	2:42.07 37.30
5	1109006	<b>FERNANDEZ PRIETO, Nayara</b>	05	GALAICO	<b>2:43.51</b>	<b>2.0</b>
	50 m:	33.44 33.44	100 m:	1:15.60 42.16	150 m:	2:03.67 48.07
					200 m:	2:43.51 39.84
6	1146728	<b>DORME RAMALLO, Zoe</b>	03	ADFOGAR	<b>2:56.82</b>	<b>1.0</b>
	50 m:	36.39 36.39	100 m:	1:21.53 45.14	150 m:	2:15.45 53.92
					200 m:	2:56.82 41.37

**34.- 200 m Estilos Feminino Permanencia (TIM)**

2024-05-11 10:30

PERM\_F

1	1038962	<b>MARTINEZ CANOSA, Raquel</b>	91	NCORUÑA	<b>2:32.77</b>	<b>7.0</b>
	50 m:	33.08 33.08	100 m:	1:13.04 39.96	150 m:	1:55.30 42.26
					200 m:	2:32.77 37.47
2	1141397	<b>MARTINEZ GARCIA, Uxia</b>	09	RBAIXAS	<b>2:33.01</b>	<b>5.0</b>
	50 m:	32.18 32.18	100 m:	1:11.91 39.73	150 m:	1:58.22 46.31
					200 m:	2:33.01 34.79
3	1178913	<b>GIRALDEZ MARTINEZ, Nerea</b>	07	RBAIXAS	<b>2:40.27</b>	<b>4.0</b>
	50 m:	34.66 34.66	100 m:	1:15.56 40.90	150 m:	2:03.79 48.23
					200 m:	2:40.27 36.48
4	1143806	<b>SÁNCHEZ TOJA, Candela</b>	08	SDBOIRO	<b>2:42.63</b>	<b>3.0</b>
	50 m:	34.38 34.38	100 m:	1:16.22 41.84	150 m:	2:01.90 45.68
					200 m:	2:42.63 40.73
5	1185589	<b>RAMOS MÍGUEZ, Leyre</b>	06	SDBOIRO	<b>2:49.13</b>	<b>2.0</b>
	50 m:	38.38 38.38	100 m:	1:22.30 43.92	150 m:	2:10.37 48.07
					200 m:	2:49.13 38.76
6	1187883	<b>ARRUÑADA VAZQUEZ, Carmen</b>	10	NCORUÑA	<b>2:49.34</b>	<b>1.0</b>
	50 m:	36.98 36.98	100 m:	1:19.00 42.02	150 m:	2:11.64 52.64
					200 m:	2:49.34 37.70

**35.- 50 m Bolboreta Masculino Título (TIM)**

2024-05-11 10:30

ASCE\_M

1	1086280	<b>AGUILAR URTXEGI, Xabier</b>	00	GALAICO	<b>25.81</b>	<b>7.0</b>
2	1140897	<b>REY PITA, Simon</b>	04	ADFOGAR	<b>26.22</b>	<b>5.0</b>
3	1078616	<b>FERNANDEZ DOMINGUEZ, Alberto</b>	87	ADFOGAR	<b>26.22</b>	<b>4.0</b>
4	1143345	<b>BARROS DA SILVA, Pedro</b>	07	GALAICO	<b>27.49</b>	<b>3.0</b>
5	1140852	<b>RODRÍGUEZ DOMÍNGUEZ, Francisco Javier</b>	04	NPONTEA	<b>27.54</b>	<b>2.0</b>
6	1208834	<b>ESPERÓN RODRÍGUEZ, Rodrigo</b>	07	NPONTEA	<b>29.68</b>	<b>1.0</b>

**36.- 50 m Bolboreta Masculino Permanencia (TIM)**

2024-05-11 10:30

PERM\_M

1	1079880	<b>RODRIGUEZ VIEITEZ, Hugo</b>	08	RBAIXAS	<b>27.48</b>	<b>7.0</b>
2	1140987	<b>ETAYO GARCIA, Oscar</b>	06	NCORUÑA	<b>27.86</b>	<b>5.0</b>
3	1075923	<b>PEDROUZO ARES, Miguel</b>	95	NCORUÑA	<b>28.13</b>	<b>4.0</b>
4	1210620	<b>GONZÁLEZ BORGES, Marcos</b>	01	RBAIXAS	<b>29.33</b>	<b>3.0</b>

**37.- 50 m Bolboreta Feminino Título (TIM)**

2024-05-11 10:30

ASCE\_F

1	1076335	<b>LEMOS FERNANDEZ, Iria</b>	06	NPONTEA	<b>28.02</b>	<b>7.0</b>
2	1143941	<b>GARCIA SILVA, Antia</b>	98	GALAICO	<b>28.49</b>	<b>5.0</b>
3	1144900	<b>RODRIGUEZ VIÑA, Valeria</b>	09	ADFOGAR	<b>31.94</b>	<b>4.0</b>
4	1038179	<b>IBAÑEZ CARRERA, Sara</b>	01	NPONTEA	<b>33.31</b>	<b>3.0</b>
5	1141082	<b>ROMANELLI LONGO, Lucia</b>	06	ADFOGAR	<b>34.20</b>	<b>2.0</b>
6	1143316	<b>PEREIRA URGAL, Maria</b>	08	GALAICO	<b>36.98</b>	<b>1.0</b>

**38.- 50 m Bolboreta Feminino Permanencia (TIM)**

2024-05-11 10:30

PERM\_F

1	1079883	<b>RODRIGUEZ RODRIGUEZ, Nina</b>	02	RBAIXAS	<b>29.12</b>	<b>7.0</b>
2	1095446	<b>ALCALDE MAHIA, Ariadna</b>	04	NCORUÑA	<b>31.32</b>	<b>5.0</b>
3	1175253	<b>GONZÁLEZ OJEA, Carmen</b>	06	SDBOIRO	<b>31.92</b>	<b>4.0</b>
4	1144638	<b>GARCÍA ESPAÑA, Elena</b>	09	SDBOIRO	<b>33.58</b>	<b>3.0</b>
5	1101223	<b>ROMERO LOURES, Lucía</b>	04	NCORUÑA	<b>33.80</b>	<b>2.0</b>
6	1108843	<b>ESTEVEZ BASTERO, Ana</b>	05	RBAIXAS	<b>37.69</b>	<b>1.0</b>

### 39.- 4x100 m Estilos Masculino Título (TIM)

2024-05-11 10:30

ASCE\_M

1	00617	<b>ADFOGAR 01</b>			<b>ADFOGAR</b>	<b>3:54.50</b>	<b>14.0</b>
	1037641	ABELEIRA ALVAREZ, Carlos	02	50 m:	28.79 28.79	100 m:	1:00.07 31.28
	1111166	LOPEZ FRANCO, Martin	01	150 m:	1:29.57 29.50	200 m:	2:02.76 33.19
	1078616	FERNANDEZ DOMINGUEZ, Alberto	87	250 m:	2:29.98 27.22	300 m:	3:01.54 31.56
	1144145	SOUTO RAMOS, Manuel	07	350 m:	3:26.88 25.34	400 m:	3:54.50 27.62
2	00784	<b>GALAICO 01</b>			<b>GALAICO</b>	<b>3:58.09</b>	<b>10.0</b>
	1038465	SANCHEZ LOUZAN, Daniel	98	50 m:	28.24 28.24	100 m:	
	1143318	VAZQUEZ FERNANDEZ, Nicolas	06	150 m:	1:29.14 1:00.90	200 m:	2:06.49 37.35
	1086280	AGUILAR URTXEGI, Xabier	00	250 m:	2:32.88 26.39	300 m:	3:02.73 29.85
	1109005	JUNCAL MOREIRA, Pablo	01	350 m:	3:28.89 26.16	400 m:	3:58.09 29.20
3	00878	<b>NPONTEA 01</b>			<b>NPONTEA</b>	<b>4:00.61</b>	<b>8.0</b>
	1084854	GONZALEZ ESTEVEZ, Yoel	07	50 m:	29.61 29.61	100 m:	59.71 30.10
	1143429	FARO MARTINEZ, Yoel	07	150 m:	1:30.12 30.41	200 m:	2:05.30 35.18
	1140852	RODRÍGUEZ DOMÍNGUEZ, Francisco Javier	04	250 m:	2:33.13 27.83	300 m:	3:05.75 32.62
	1037841	PINO LORENZO, Brais	01	350 m:	3:31.15 25.40	400 m:	4:00.61 29.46
4	00617	<b>ADFOGAR 02</b>			<b>ADFOGAR</b>	<b>4:03.49</b>	<b>6.0</b>
	1141092	SOUTO VILAS, Jorge	07	50 m:	28.94 28.94	100 m:	59.28 30.34
	1180216	FUENTEFRIA FERNANDEZ, Anxo	09	150 m:	1:32.71 33.43	200 m:	2:10.44 37.73
	1140897	REY PITA, Simon	04	250 m:	2:36.72 26.28	300 m:	3:08.74 32.02
	1022995	GALAN VICENTE, Pablo	02	350 m:	3:34.56 25.82	400 m:	4:03.49 28.93
5	00784	<b>GALAICO 02</b>			<b>GALAICO</b>	<b>4:10.68</b>	<b>4.0</b>
	1114334	ALVAREZ REPARAZ, Alejandro	04	50 m:	30.92 30.92	100 m:	1:03.32 32.40
	1215955	PISO SEÑORAN, Alejandro	03	150 m:	1:35.54 32.22	200 m:	2:11.29 35.75
	1143345	BARROS DA SILVA, Pedro	07	250 m:	2:39.71 28.42	300 m:	3:12.44 32.73
	1144309	PEREZ GARCIA, Iker	07	350 m:	3:39.85 27.41	400 m:	4:10.68 30.83
6	00878	<b>NPONTEA 02</b>			<b>NPONTEA</b>	<b>4:16.07</b>	<b>2.0</b>
	1068314	MARTINEZ MARTINEZ, Marcos	03	50 m:	30.92 30.92	100 m:	1:03.94 33.02
	1037180	CARRERA COSTAS, Martin	96	150 m:	1:36.91 32.97	200 m:	2:14.93 38.02
	1076409	CANCELA GOMEZ, Hugo	03	250 m:	2:43.93 29.00	300 m:	3:17.83 33.90
	1142991	PEREZ PAZ, Dario	05	350 m:	3:45.41 27.58	400 m:	4:16.07 30.66

### 40.- 4x100 m Estilos Masculino Permanencia (TIM)

2024-05-11 10:30

PERM\_M

1	00186	<b>NCORUÑA 01</b>			<b>NCORUÑA</b>		<b>4:05.40</b>	<b>14.0</b>	
	1146785	ALCALDE MAHIA, Jun Bin	08	50 m:	30.40	30.40	100 m:	1:03.37	32.97
	1095445	LAGO CASTILLO, Diego	07	150 m:	1:35.88	32.51	200 m:	2:11.69	35.81
	1039024	PICALLO MARANTE, Sergio	01	250 m:	2:39.61	27.92	300 m:	3:12.00	32.39
	1143193	GOMEZ LIMIA, Pablo	06	350 m:	3:37.73	25.73	400 m:	4:05.40	27.67
2	00765	<b>RBAIXAS 02</b>			<b>RBAIXAS</b>		<b>4:07.67</b>	<b>10.0</b>	
	1079879	PIÑEIRO RODRIGUEZ, Samuel	07	50 m:	30.28	30.28	100 m:	1:03.35	33.07
	1140925	ALONSO VIDAL, Teo	07	150 m:	1:35.57	32.22	200 m:	2:12.38	36.81
	1079880	RODRIGUEZ VIEITEZ, Hugo	08	250 m:	2:40.79	28.41	300 m:	3:13.10	32.31
	1084761	MASSO ROIG, Martin	07	350 m:	3:29.31	16.21	400 m:	4:07.67	38.36
3	00186	<b>NCORUÑA 02</b>			<b>NCORUÑA</b>		<b>4:12.31</b>	<b>8.0</b>	
	1187886	GARCIA AROCHENA, Jacobo Javier	09	50 m:	31.44	31.44	100 m:	1:05.31	33.87
	1075923	PEDROUZO ARES, Miguel	95	150 m:	1:37.33	32.02	200 m:	2:13.97	36.64
	1140987	ETAYO GARCIA, Oscar	06	250 m:	2:42.45	28.48	300 m:	3:15.49	33.04
	1041309	SENDINO GESTOSO, Roi	01	350 m:	3:42.24	26.75	400 m:	4:12.31	30.07
DNI	00765				<b>RBAIXAS</b>			<b>0,0</b>	
	1143465	SANCHEZ GONZALEZ, Samuel	09						
	1144193	PASTORIZA SANTACLARA, Jorge	97						
	1079855	MENDEZ PUGA, Mario	03						
	1144035	RODRIGUEZ RAÑA, Miguel	09						



### 41.- 4x100 m Estilos Feminino Título (TIM)

2024-05-11 10:30

ASCE\_F

1	00878	<b>NPONTEA 01</b>			<b>NPONTEA</b>	<b>4:22.01</b>	<b>14.0</b>
	1143299	EIJO GIL, Naiara	06	50 m:	32.51 32.51	100 m:	1:07.10 34.59
	1061551	CARBALLO GONZALEZ, Sofia	06	150 m:	1:40.48 33.38	200 m:	2:18.45 37.97
	1076330	FARO MARTINEZ, Carla	03	250 m:	2:48.72 30.27	300 m:	3:24.14 35.42
	1076335	LEMONS FERNANDEZ, Iria	06	350 m:	3:51.98 27.84	400 m:	4:22.01 30.03
2	00784	<b>GALAICO 01</b>			<b>GALAICO</b>	<b>4:37.13</b>	<b>10.0</b>
	1140841	BOUZAS PEDREIRA, Alicia	05	50 m:	34.53 34.53	100 m:	1:11.47 36.94
	1109006	FERNANDEZ PRIETO, Nayara	05	150 m:	1:49.04 37.57	200 m:	2:33.09 44.05
	1143941	GARCIA SILVA, Antia	98	250 m:	3:03.02 29.93	300 m:	3:37.28 34.26
	1031658	BARROS DA SILVA, Sofia	09	350 m:	4:05.77 28.49	400 m:	4:37.13 31.36
3	00878	<b>NPONTEA 02</b>			<b>NPONTEA</b>	<b>4:39.76</b>	<b>8.0</b>
	1108844	BORGE JUSTE, Ines	06	50 m:	32.67 32.67	100 m:	1:07.33 34.66
	1144111	QUINTAS MELON, Maria	10	150 m:	1:43.51 36.18	200 m:	2:27.21 43.70
	1108651	ORTIZ DE GUINEA BASTON, Alba	97	250 m:	2:58.85 31.64	300 m:	3:35.69 36.84
	1190538	BLANCO LAGE, Aitana	09	350 m:	4:05.80 30.11	400 m:	4:39.76 33.96
4	00617	<b>ADFOGAR 01</b>			<b>ADFOGAR</b>	<b>4:44.34</b>	<b>6.0</b>
	1141231	LOPEZ FRANCO, Maria	07	50 m:	36.01 36.01	100 m:	1:15.42 39.41
	1030568	JIMENEZ COPPA, Carla M.	06	150 m:	1:48.82 33.40	200 m:	2:29.12 40.30
	1191910	INSUA REY, Carmela	09	250 m:	3:02.75 33.63	300 m:	3:41.67 38.92
	1144902	MOURELLE PENA, Carla	08	350 m:	4:11.31 29.64	400 m:	4:44.34 33.03
5	00784	<b>GALAICO 02</b>			<b>GALAICO</b>	<b>4:51.07</b>	<b>4.0</b>
	1077381	GOYANES GARCIA, Paula	98	50 m:	33.77 33.77	100 m:	1:10.19 36.42
	1110950	CANO ROSALES, Laura	04	150 m:	1:47.69 37.50	200 m:	2:33.20 45.51
	1033341	ROCHA GONZALEZ, Gisele	09	250 m:	3:07.28 34.08	300 m:	3:48.06 40.78
	1144310	VIDAL RODRIGUEZ, Mara	10	350 m:	4:17.64 29.58	400 m:	4:51.07 33.43
6	00617	<b>ADFOGAR 02</b>			<b>ADFOGAR</b>	<b>4:57.57</b>	<b>2.0</b>
	1113386	REY PITA, Clara	07	50 m:	35.49 35.49	100 m:	1:14.06 38.57
	1037385	PICHEL GARCIA, Elisa	84	150 m:	1:53.58 39.52	200 m:	2:38.68 45.10
	1111697	PEDREIRA GALEGO, Xiana	06	250 m:	3:12.30 33.62	300 m:	3:52.67 40.37
	1144900	RODRIGUEZ VIÑA, Valeria	09	350 m:	4:23.60 30.93	400 m:	4:57.57 33.97

## 42.- 4x100 m Estilos Feminino Permanencia (TIM)

2024-05-11 10:30

PERM\_F

1	00765	<b>RBAIXAS 02</b>			<b>RBAIXAS</b>	<b>4:27.98</b>	<b>14.0</b>
	1143498	BLANCO ROUCO, Carmen	06	50 m:	33.05 33.05	100 m:	1:05.85 32.80
	1141393	GONZALEZ GONZALEZ, Iara	09	150 m:	1:42.49 36.64	200 m:	2:24.52 42.03
	1079883	RODRIGUEZ RODRIGUEZ, Nina	02	250 m:	2:54.83 30.31	300 m:	3:28.83 34.00
	1144197	ALVAREZ PAZOS, Maria	07	350 m:	3:57.18 28.35	400 m:	4:27.98 30.80
2	00186	<b>NCORUÑA 01</b>			<b>NCORUÑA</b>	<b>4:34.93</b>	<b>10.0</b>
	1110130	MARIN MARTINEZ, Rosalia	04	50 m:	31.78 31.78	100 m:	1:05.51 33.73
	1038962	MARTINEZ CANOSA, Raquel	91	150 m:	1:41.84 36.33	200 m:	2:22.55 40.71
	1095446	ALCALDE MAHIA, Ariadna	04	250 m:	2:54.83 32.28	300 m:	3:32.59 37.76
	1146991	CANALDA RAMOS, Laura	09	350 m:	4:01.83 29.24	400 m:	4:34.93 33.10
3	P1106	<b>SDBOIRO 01</b>			<b>SDBOIRO</b>	<b>4:52.41</b>	<b>8.0</b>
	1145002	OUVIÑA PICOS, Nadiuska	10	50 m:	33.82 33.82	100 m:	1:10.31 36.49
	1143806	SÁNCHEZ TOJA, Candela	08	150 m:	1:48.46 38.15	200 m:	2:31.29 42.83
	1175253	GONZÁLEZ OJEA, Carmen	06	250 m:	3:05.05 33.76	300 m:	3:44.43 39.38
	1185589	RAMOS MÍGUEZ, Leyre	06	350 m:	4:16.65 32.22	400 m:	4:52.41 35.76
4	00765	<b>RBAIXAS 01</b>			<b>RBAIXAS</b>	<b>4:55.39</b>	<b>6.0</b>
	1144658	NUÑEZ PARDO, Laura	08	50 m:	36.38 36.38	100 m:	1:14.11 37.73
	1141397	MARTINEZ GARCIA, Uxia	09	150 m:	1:53.33 39.22	200 m:	2:36.56 43.23
	1178913	GIRALDEZ MARTINEZ, Nerea	07	250 m:	3:10.35 33.79	300 m:	3:50.48 40.13
	1202704	LOPEZ ALVAREZ, Paula	09	350 m:	4:21.64 31.16	400 m:	4:55.39 33.75
5	00186	<b>NCORUÑA 02</b>			<b>NCORUÑA</b>	<b>5:11.10</b>	<b>4.0</b>
	1146724	VILLAR ARCEO, Iria	08	50 m:	36.15 36.15	100 m:	1:15.70 39.55
	1143418	FERNANDEZ AGUION, Sara	07	150 m:	1:56.83 41.13	200 m:	2:45.75 48.92
	1187883	ARRUÑADA VAZQUEZ, Carmen	10	250 m:	3:22.83 37.08	300 m:	4:06.61 43.78
	1099709	BARCIA RAMA, Lucia	04	350 m:	4:36.81 30.20	400 m:	5:11.10 34.29

### 43.- 4x50 m Estilos Masculino Título (TIM)

2024-05-11 17:00

ASCE\_M

1	00617	<b>ADFOGAR 01</b>			ADFOGAR	<b>1:46.33</b>	<b>14.0</b>
	1037641	ABELEIRA ALVAREZ, Carlos	02	50 m:	27.30 27.30		
	1111166	LOPEZ FRANCO, Martin	01	100 m:	56.13 28.83		
	1140897	REY PITA, Simon	04	150 m:	1:21.56 25.43		
	1144145	SOUTO RAMOS, Manuel	07	200 m:	1:46.33 24.77		
2	00784	<b>GALAICO 01</b>			GALAICO	<b>1:46.60</b>	<b>10.0</b>
	1038465	SANCHEZ LOUZAN, Daniel	98	50 m:	26.61 26.61		
	1143318	VAZQUEZ FERNANDEZ, Nicolas	06	100 m:	56.93 30.32		
	1086280	AGUILAR URTXEGI, Xabier	00	150 m:	1:22.60 25.67		
	1109005	JUNCAL MOREIRA, Pablo	01	200 m:	1:46.60 24.00		
3	00617	<b>ADFOGAR 02</b>			ADFOGAR	<b>1:49.81</b>	<b>8.0</b>
	1141092	SOUTO VILAS, Jorge	07	50 m:	27.65 27.65		
	1146897	GUITIAN LOPEZ, Xabier	05	100 m:	59.50 31.85		
	1146789	RIVAS TORRES, Paulo	08	150 m:	1:25.00 25.50		
	1022995	GALAN VICENTE, Pablo	02	200 m:	1:49.81 24.81		
4	00878	<b>NPONTEA 01</b>			NPONTEA	<b>1:50.20</b>	<b>6.0</b>
	1084854	GONZALEZ ESTEVEZ, Yoel	07	50 m:	28.17 28.17		
	1143429	FARO MARTINEZ, Yoel	07	100 m:	58.48 30.31		
	1140852	RODRÍGUEZ DOMÍNGUEZ, Francisco Javier	04	150 m:	1:25.88 27.40		
	1037841	PINO LORENZO, Brais	01	200 m:	1:50.20 24.32		
5	00784	<b>GALAICO 02</b>			GALAICO	<b>1:54.87</b>	<b>4.0</b>
	1111256	MENDEZ-BENEGASSI FDEZ., Adrian	08	50 m:	30.58 30.58		
	1215955	PISO SEÑORAN, Alejandro	03	100 m:	1:01.38 30.80		
	1143345	BARROS DA SILVA, Pedro	07	150 m:	1:29.02 27.64		
	1038930	BOUZAS PEDREIRA, Tomas	98	200 m:	1:54.87 25.85		
6	00878	<b>NPONTEA 02</b>			NPONTEA	<b>1:59.68</b>	<b>2.0</b>
	1068314	MARTINEZ MARTINEZ, Marcos	03	50 m:	30.38 30.38		
	1038181	BOUZA PADRON, Adrian	97	100 m:	1:03.56 33.18		
	1208834	ESPERÓN RODRÍGUEZ, Rodrigo	07	150 m:	1:33.09 29.53		
	1038800	ALONSO RODRIGUEZ, Javier	01	200 m:	1:59.68 26.59		

#### 44.- 4x50 m Estilos Masculino Permanencia (TIM)

2024-05-11 17:00

PERM\_M

1	00765	<b>RBAIXAS 01</b>				RBAIXAS	<b>1:51.09</b>	<b>14.0</b>
	1079879	PIÑEIRO RODRIGUEZ, Samuel	07	50 m:	29.66	29.66		
	1144193	PASTORIZA SANTACLARA, Jorge	97	100 m:	1:00.57	30.91		
	1079855	MENDEZ PUGA, Mario	03	150 m:	1:26.89	26.32		
	1079880	RODRIGUEZ VIEITEZ, Hugo	08	200 m:	1:51.09	24.20		
2	00186	<b>NCORUÑA 01</b>				NCORUÑA	<b>1:52.45</b>	<b>10.0</b>
	1187886	GARCIA AROCHENA, Jacobo Javier	09	50 m:	29.68	29.68		
	1075923	PEDROUZO ARES, Miguel	95	100 m:	1:00.90	31.22		
	1140987	ETAYO GARCIA, Oscar	06	150 m:	1:27.90	27.00		
	1041309	SENDINO GESTOSO, Roi	01	200 m:	1:52.45	24.55		
3	00186	<b>NCORUÑA 02</b>				NCORUÑA	<b>1:54.78</b>	<b>8.0</b>
	1146785	ALCALDE MAHIA, Jun Bin	08	50 m:	30.62	30.62		
	1095445	LAGO CASTILLO, Diego	07	100 m:	1:02.18	31.56		
	1039024	PICALLO MARANTE, Sergio	01	150 m:	1:29.42	27.24		
	1143193	GOMEZ LIMIA, Pablo	06	200 m:	1:54.78	25.36		
4	00765	<b>RBAIXAS 02</b>				RBAIXAS	<b>1:56.50</b>	<b>6.0</b>
	1143465	SANCHEZ GONZALEZ, Samuel	09	50 m:	30.70	30.70		
	1140925	ALONSO VIDAL, Teo	07	100 m:	1:02.51	31.81		
	1084761	MASSO ROIG, Martin	07	150 m:	1:31.13	28.62		
	1144035	RODRIGUEZ RAÑA, Miguel	09	200 m:	1:56.50	25.37		

### 45.- 4x50 m Estilos Feminino Título (TIM)

2024-05-11 17:00

ASCE\_F

1	00878	<b>NPONTEA 01</b>			NPONTEA	<b>2:00.39</b>	<b>14.0</b>
	1143299	EIJO GIL, Naiara	06	50 m:	31.59 31.59		
	1061551	CARBALLO GONZALEZ, Sofia	06	100 m:	1:05.17 33.58		
	1076330	FARO MARTINEZ, Carla	03	150 m:	1:34.58 29.41		
	1076335	LEMOS FERNANDEZ, Iria	06	200 m:	2:00.39 25.81		
2	00784	<b>GALAICO 01</b>			GALAICO	<b>2:02.68</b>	<b>10.0</b>
	1077381	GOYANES GARCIA, Paula	98	50 m:	32.19 32.19		
	1109006	FERNANDEZ PRIETO, Nayara	05	100 m:	1:07.17 34.98		
	1143941	GARCIA SILVA, Antia	98	150 m:	1:34.82 27.65		
	1031658	BARROS DA SILVA, Sofia	09	200 m:	2:02.68 27.86		
3	00617	<b>ADFOGAR 01</b>			ADFOGAR	<b>2:08.44</b>	<b>8.0</b>
	1100545	SUAREZ KITAHORI, Nana S.	05	50 m:	34.72 34.72		
	1030568	JIMENEZ COPPA, Carla M.	06	100 m:	1:07.92 33.20		
	1144900	RODRIGUEZ VIÑA, Valeria	09	150 m:	1:39.90 31.98		
	1144902	MOURELLE PENA, Carla	08	200 m:	2:08.44 28.54		
4	00878	<b>NPONTEA 02</b>			NPONTEA	<b>2:08.70</b>	<b>6.0</b>
	1108844	BORGE JUSTE, Ines	06	50 m:	32.29 32.29		
	1144111	QUINTAS MELON, Maria	10	100 m:	1:08.61 36.32		
	1108651	ORTIZ DE GUINEA BASTON, Alba	97	150 m:	1:39.41 30.80		
	1038179	IBAÑEZ CARRERA, Sara	01	200 m:	2:08.70 29.29		
5	00784	<b>GALAICO 02</b>			GALAICO	<b>2:08.83</b>	<b>4.0</b>
	1140841	BOUZAS PEDREIRA, Alicia	05	50 m:	32.13 32.13		
	1110950	CANO ROSALES, Laura	04	100 m:	1:08.70 36.57		
	1033341	ROCHA GONZALEZ, Gisele	09	150 m:	1:40.90 32.20		
	1144310	VIDAL RODRIGUEZ, Mara	10	200 m:	2:08.83 27.93		
6	00617	<b>ADFOGAR 02</b>			ADFOGAR	<b>2:13.11</b>	<b>2.0</b>
	1113386	REY PITA, Clara	07	50 m:	34.97 34.97		
	1141231	LOPEZ FRANCO, Maria	07	100 m:	1:11.55 36.58		
	1191910	INSUA REY, Carmela	09	150 m:	1:44.12 32.57		
	1101801	BOTANA PEDREIRA, Lola	06	200 m:	2:13.11 28.99		

**46.- 4x50 m Estilos Feminino Permanencia (TIM)**

2024-05-11 17:00

PERM\_F

1	00765	<b>RBAIXAS 02</b>				<b>RBAIXAS</b>	<b>2:03.76</b>	<b>14.0</b>
	1143498	BLANCO ROUCO, Carmen	06	50 m:	31.82	31.82		
	1141393	GONZALEZ GONZALEZ, Iara	09	100 m:	1:08.51	36.69		
	1079883	RODRIGUEZ RODRIGUEZ, Nina	02	150 m:	1:36.64	28.13		
	1144197	ALVAREZ PAZOS, Maria	07	200 m:	2:03.76	27.12		
2	00186	<b>NCORUÑA 02</b>				<b>NCORUÑA</b>	<b>2:06.45</b>	<b>10.0</b>
	1110130	MARIN MARTINEZ, Rosalia	04	50 m:	30.77	30.77		
	1038962	MARTINEZ CANOSA, Raquel	91	100 m:	1:06.97	36.20		
	1095446	ALCALDE MAHIA, Ariadna	04	150 m:	1:37.45	30.48		
	1146991	CANALDA RAMOS, Laura	09	200 m:	2:06.45	29.00		
3	P1106	<b>SDBOIRO 01</b>				<b>SDBOIRO</b>	<b>2:12.34</b>	<b>8.0</b>
	1145002	OUVIÑA PICOS, Nadiuska	10	50 m:	33.00	33.00		
	1143590	PÉREZ LORENZO, Celia	07	100 m:	1:10.43	37.43		
	1175253	GONZÁLEZ OJEA, Carmen	06	150 m:	1:42.67	32.24		
	1144638	GARCÍA ESPAÑA, Elena	09	200 m:	2:12.34	29.67		
4	00186	<b>NCORUÑA 01</b>				<b>NCORUÑA</b>	<b>2:17.30</b>	<b>6.0</b>
	1099709	BARCIA RAMA, Lucia	04	50 m:	33.27	33.27		
	1143418	FERNANDEZ AGUION, Sara	07	100 m:	1:13.69	40.42		
	1101223	ROMERO LOURES, Lucia	04	150 m:	1:46.96	33.27		
	1146724	VILLAR ARCEO, Iria	08	200 m:	2:17.30	30.34		
5	00765	<b>RBAIXAS 01</b>				<b>RBAIXAS</b>	<b>2:29.20</b>	<b>4.0</b>
	1144658	NUÑEZ PARDO, Laura	08	50 m:	34.65	34.65		
	1217433	VARELA FERNANDEZ, Alba	07	100 m:	1:12.77	38.12		
	1108843	ESTEVEZ BASTERO, Ana	05	150 m:	1:50.77	38.00		
	1144044	FERNANDEZ LOPEZ, Uxia	08	200 m:	2:29.20	38.43		

47.- 200 m Braza Masculino Título (TIM)

2024-05-11 17:00

ASCE\_M

1	1111166	<b>LOPEZ FRANCO, Martin</b>	01	ADFOGAR	<b>2:22.15</b>	<b>7.0</b>
	50 m:	33.63 33.63	100 m:	1:10.48 36.85	150 m:	1:46.41 35.93
					200 m:	2:22.15 35.74
2	1143429	<b>FARO MARTINEZ, Yoel</b>	07	NPONTEA	<b>2:24.56</b>	<b>5.0</b>
	50 m:	32.61 32.61	100 m:	1:09.25 36.64	150 m:	1:46.55 37.30
					200 m:	2:24.56 38.01
3	1037180	<b>CARRERA COSTAS, Martin</b>	96	NPONTEA	<b>2:27.15</b>	<b>4.0</b>
	50 m:	34.03 34.03	100 m:	1:11.39 37.36	150 m:	1:49.62 38.23
					200 m:	2:27.15 37.53
4	1215955	<b>PISO SEÑORAN, Alejandro</b>	03	GALAICO	<b>2:31.44</b>	<b>3.0</b>
	50 m:	36.10 36.10	100 m:	1:15.29 39.19	150 m:	1:54.19 38.90
					200 m:	2:31.44 37.25
5	1180216	<b>FUENTEFRIA FERNANDEZ, Anxo</b>	09	ADFOGAR	<b>2:31.63</b>	<b>2.0</b>
	50 m:	34.19 34.19	100 m:	1:12.12 37.93	150 m:	1:51.50 39.38
					200 m:	2:31.63 40.13
6	1143318	<b>VAZQUEZ FERNANDEZ, Nicolas</b>	06	GALAICO	<b>2:35.31</b>	<b>1.0</b>
	50 m:	34.23 34.23	100 m:	1:13.34 39.11	150 m:	1:53.76 40.42
					200 m:	2:35.31 41.55

### 48.- 200 m Braza Masculino Permanencia (TIM)

2024-05-11 17:00

PERM\_M

1	1095445	<b>LAGO CASTILLO, Diego</b>	07	NCORUÑA	<b>2:28.29</b>	<b>7.0</b>		
	50 m:	34.57 34.57	100 m:	1:11.96 37.39	150 m:	1:50.04 38.08	200 m:	2:28.29 38.25
2	1075923	<b>PEDROUZO ARES, Miguel</b>	95	NCORUÑA	<b>2:29.21</b>	<b>5.0</b>		
	50 m:	34.81 34.81	100 m:	1:13.14 38.33	150 m:	1:50.95 37.81	200 m:	2:29.21 38.26
3	1140925	<b>ALONSO VIDAL, Teo</b>	07	RBAIXAS	<b>2:34.30</b>	<b>4.0</b>		
	50 m:	35.01 35.01	100 m:	1:13.82 38.81	150 m:	1:53.81 39.99	200 m:	2:34.30 40.49
4	1144193	<b>PASTORIZA SANTACLARA, Jorge</b>	97	RBAIXAS	<b>2:38.32</b>	<b>3.0</b>		
	50 m:	34.99 34.99	100 m:	1:13.53 38.54	150 m:	1:54.50 40.97	200 m:	2:38.32 43.82



49.- 200 m Braza Feminino Título (TIM)

2024-05-11 17:00

ASCE\_F

1	1061551	<b>CARBALLO GONZALEZ, Sofia</b>	06	NPONTEA	<b>2:40.04</b>	<b>7.0</b>		
	50 m:	36.08 36.08	100 m:	1:16.62 40.54	150 m:	1:58.59 41.97	200 m:	2:40.04 41.45
2	1030568	<b>JIMENEZ COPPA, Carla M.</b>	06	ADFOGAR	<b>2:43.95</b>	<b>5.0</b>		
	50 m:	37.29 37.29	100 m:	1:19.06 41.77	150 m:	2:01.54 42.48	200 m:	2:43.95 42.41
3	1144111	<b>QUINTAS MELON, Maria</b>	10	NPONTEA	<b>2:54.70</b>	<b>4.0</b>		
	50 m:	39.27 39.27	100 m:	1:23.89 44.62	150 m:	2:09.31 45.42	200 m:	2:54.70 45.39
4	1033341	<b>ROCHA GONZALEZ, Gisele</b>	09	GALAICO	<b>2:54.70</b>	<b>3.0</b>		
	50 m:	39.88 39.88	100 m:	1:24.70 44.82	150 m:	2:10.35 45.65	200 m:	2:54.70 44.35
5	1141231	<b>LOPEZ FRANCO, Maria</b>	07	ADFOGAR	<b>2:55.69</b>	<b>2.0</b>		
	50 m:	39.63 39.63	100 m:	1:24.37 44.74	150 m:	2:10.18 45.81	200 m:	2:55.69 45.51
6	1110950	<b>CANO ROSALES, Laura</b>	04	GALAICO	<b>3:08.70</b>	<b>1.0</b>		
	50 m:	40.05 40.05	100 m:	1:27.84 47.79	150 m:	2:17.95 50.11	200 m:	3:08.70 50.75

50.- 200 m Braza Feminino Permanencia (TIM)

2024-05-11 17:00

PERM\_F

1	1038962	<b>MARTINEZ CANOSA, Raquel</b>	91	NCORUÑA	<b>2:49.61</b>	<b>7.0</b>		
	50 m:	39.41 39.41	100 m:	1:22.25 42.84	150 m:	2:05.57 43.32	200 m:	2:49.61 44.04
2	1141393	<b>GONZALEZ GONZALEZ, Iara</b>	09	RBAIXAS	<b>2:51.45</b>	<b>5.0</b>		
	50 m:	39.36 39.36	100 m:	1:22.79 43.43	150 m:	2:07.56 44.77	200 m:	2:51.45 43.89
3	1141397	<b>MARTINEZ GARCIA, Uxia</b>	09	RBAIXAS	<b>3:00.35</b>	<b>4.0</b>		
	50 m:	41.62 41.62	100 m:	1:27.80 46.18	150 m:	2:14.44 46.64	200 m:	3:00.35 45.91
4	1185589	<b>RAMOS MÍGUEZ, Leyre</b>	06	SDBOIRO	<b>3:07.12</b>	<b>3.0</b>		
	50 m:	43.02 43.02	100 m:	1:29.73 46.71	150 m:	2:18.11 48.38	200 m:	3:07.12 49.01
DNI	1199124	<b>PEREZ FIGUEROA, Sabela</b>	10	NCORUÑA		<b>0.0</b>		

**51.- 200 m Libre Masculino Título (TIM)**

2024-05-11 17:00

ASCE\_M

1	1144145	<b>SOUTO RAMOS, Manuel</b>	07	ADFOGAR	<b>1:56.24</b>	<b>7.0</b>
	50 m:	27.20 27.20	100 m:	56.46 29.26	150 m:	1:26.14 29.68
			200 m:	1:56.24 30.10		
2	1086280	<b>AGUILAR URTXEGI, Xabier</b>	00	GALAICO	<b>1:56.44</b>	<b>5.0</b>
	50 m:	27.70 27.70	100 m:	57.35 29.65	150 m:	1:27.21 29.86
			200 m:	1:56.44 29.23		
3	1146789	<b>RIVAS TORRES, Paulo</b>	08	ADFOGAR	<b>1:59.93</b>	<b>4.0</b>
	50 m:	28.31 28.31	100 m:	58.50 30.19	150 m:	1:28.99 30.49
			200 m:	1:59.93 30.94		
4	1068314	<b>MARTINEZ MARTINEZ, Marcos</b>	03	NPONTEA	<b>2:02.15</b>	<b>3.0</b>
	50 m:	28.39 28.39	100 m:	59.17 30.78	150 m:	1:30.41 31.24
			200 m:	2:02.15 31.74		
5	1141480	<b>VAZQUEZ COSTA, Miguel</b>	06	GALAICO	<b>2:03.46</b>	<b>2.0</b>
	50 m:	28.02 28.02	100 m:	58.58 30.56	150 m:	1:31.11 32.53
			200 m:	2:03.46 32.35		
6	1142991	<b>PEREZ PAZ, Dario</b>	05	NPONTEA	<b>2:03.67</b>	<b>1.0</b>
	50 m:	28.46 28.46	100 m:	1:00.22 31.76	150 m:	1:32.54 32.32
			200 m:	2:03.67 31.13		

## 52.- 200 m Libre Masculino Permanencia (TIM)

2024-05-11 17:00

PERM\_M

1	1108773	<b>SANLÉS DIESTE, Hugo</b>	04	SDBOIRO	<b>1:56.02</b>	<b>7.0</b>
	50 m:	28.83 28.83	100 m:	58.60 29.77	150 m:	1:27.26 28.66
					200 m:	1:56.02 28.76
2	1084761	<b>MASSO ROIG, Martin</b>	07	RBAIXAS	<b>1:57.53</b>	<b>5.0</b>
	50 m:	28.92 28.92	100 m:	58.95 30.03	150 m:	1:28.59 29.64
					200 m:	1:57.53 28.94
3	1143193	<b>GOMEZ LIMIA, Pablo</b>	06	NCORUÑA	<b>1:57.80</b>	<b>4.0</b>
	50 m:	27.63 27.63	100 m:	57.67 30.04	150 m:	1:27.69 30.02
					200 m:	1:57.80 30.11
4	1041309	<b>SENDINO GESTOSO, Roi</b>	01	NCORUÑA	<b>2:05.55</b>	<b>3.0</b>
	50 m:	28.90 28.90	100 m:	59.76 30.86	150 m:	1:32.16 32.40
					200 m:	2:05.55 33.39
5	1144471	<b>ABELLEIRA GÓMEZ, Miguel A.</b>	06	SDBOIRO	<b>2:08.48</b>	<b>2.0</b>
	50 m:	30.53 30.53	100 m:	1:02.74 32.21	150 m:	1:35.82 33.08
					200 m:	2:08.48 32.66
6	1144666	<b>GONZÁLEZ BORGES, David</b>	03	RBAIXAS	<b>2:08.89</b>	<b>1.0</b>
	50 m:	29.89 29.89	100 m:	1:01.95 32.06	150 m:	1:35.04 33.09
					200 m:	2:08.89 33.85

**53.- 400 m Libre Feminino Título (TIM)**

2024-05-11 17:00

ASCE\_F

1	1031658	<b>BARROS DA SILVA, Sofia</b>	09	GALAICO	<b>4:31.32</b>	<b>7.0</b>
	50 m:	32.04 32.04	100 m:	1:05.73 33.69	150 m:	1:39.23 33.50
	200 m:	2:13.07 33.84	250 m:	2:47.67 34.60	300 m:	3:22.17 34.50
	350 m:	3:56.71 34.54	400 m:	4:31.32 34.61		
2	1108651	<b>ORTIZ DE GUINEA BASTON, Alba</b>	97	NPONTEA	<b>4:38.59</b>	<b>5.0</b>
	50 m:	32.29 32.29	100 m:	1:06.23 33.94	150 m:	1:41.04 34.81
	200 m:	2:16.18 35.14	250 m:	2:51.79 35.61	300 m:	3:27.47 35.68
	350 m:	4:03.27 35.80	400 m:	4:38.59 35.32		
3	1191910	<b>INSUA REY, Carmela</b>	09	ADFOGAR	<b>4:39.14</b>	<b>4.0</b>
	50 m:	32.67 32.67	100 m:	1:07.50 34.83	150 m:	1:43.39 35.89
	200 m:	2:19.10 35.71	250 m:	2:54.76 35.66	300 m:	3:30.08 35.32
	350 m:	4:04.35 34.27	400 m:	4:39.14 34.79		
4	1143180	<b>ESTEVEZ MONTES, Naroa</b>	08	NPONTEA	<b>4:40.12</b>	<b>3.0</b>
	50 m:	33.59 33.59	100 m:	1:08.93 35.34	150 m:	1:44.65 35.72
	200 m:	2:20.05 35.40	250 m:	2:55.69 35.64	300 m:	3:30.09 34.40
	350 m:	4:04.98 34.89	400 m:	4:40.12 35.14		
5	1144310	<b>VIDAL RODRIGUEZ, Mara</b>	10	GALAICO	<b>4:48.93</b>	<b>2.0</b>
	50 m:	34.16 34.16	100 m:	1:10.56 36.40	150 m:	1:47.53 36.97
	200 m:	2:23.95 36.42	250 m:	3:00.35 36.40	300 m:	3:37.12 36.77
	350 m:	4:13.18 36.06	400 m:	4:48.93 35.75		
6	1037385	<b>PICHEL GARCIA, Elisa</b>	84	ADFOGAR	<b>5:04.05</b>	<b>1.0</b>
	50 m:	36.69 36.69	100 m:	1:14.61 37.92	150 m:	1:52.96 38.35
	200 m:	2:31.78 38.82	250 m:	3:10.67 38.89	300 m:	3:48.75 38.08
	350 m:	4:26.50 37.75	400 m:	5:04.05 37.55		

**54.- 400 m Libre Feminino Permanencia (TIM)**

2024-05-11 17:00

PERM\_F

1	1144197	<b>ALVAREZ PAZOS, Maria</b>	07	RBAIXAS	<b>4:36.31</b>	<b>7.0</b>
	50 m:	31.73 31.73	100 m:	1:06.44 34.71	150 m:	1:41.44 35.00
	200 m:	2:16.43 34.99	250 m:	2:51.46 35.03	300 m:	3:26.59 35.13
	350 m:	4:01.69 35.10	400 m:	4:36.31 34.62		
2	1144048	<b>PARDAVILA DAVILA, Ainoa</b>	08	RBAIXAS	<b>4:48.08</b>	<b>5.0</b>
	50 m:	33.08 33.08	100 m:	1:08.92 35.84	150 m:	1:44.74 35.82
	200 m:	2:21.19 36.45	250 m:	2:57.55 36.36	300 m:	3:34.12 36.57
	350 m:	4:11.03 36.91	400 m:	4:48.08 37.05		
3	1143418	<b>FERNANDEZ AGUION, Sara</b>	07	NCORUÑA	<b>4:52.20</b>	<b>4.0</b>
	50 m:	32.61 32.61	100 m:	1:08.58 35.97	150 m:	1:45.50 36.92
	200 m:	2:21.67 36.17	250 m:	2:59.30 37.63	300 m:	3:37.74 38.44
	350 m:	4:15.66 37.92	400 m:	4:52.20 36.54		
4	1187883	<b>ARRUÑADA VAZQUEZ, Carmen</b>	10	NCORUÑA	<b>5:00.37</b>	<b>3.0</b>
	50 m:	34.10 34.10	100 m:	1:11.17 37.07	150 m:	1:49.59 38.42
	200 m:	2:28.33 38.74	250 m:	3:06.47 38.14	300 m:	3:44.88 38.41
	350 m:	4:23.04 38.16	400 m:	5:00.37 37.33		

55.- 100 m Costas Masculino Título (TIM)

2024-05-11 17:00

ASCE\_M

1	1038465	<b>SANCHEZ LOUZAN, Daniel</b>	98	GALAICO	<b>58.76</b>	<b>7.0</b>
	50 m:	28.32 28.32	100 m:	58.76	30.44	
2	1037641	<b>ABELEIRA ALVAREZ, Carlos</b>	02	ADFOGAR	<b>59.48</b>	<b>5.0</b>
	50 m:	29.00 29.00	100 m:	59.48	30.48	
3	1084854	<b>GONZALEZ ESTEVEZ, Yoel</b>	07	NPONTEA	<b>59.68</b>	<b>4.0</b>
	50 m:	29.61 29.61	100 m:	59.68	30.07	
4	1141092	<b>SOUTO VILAS, Jorge</b>	07	ADFOGAR	<b>59.68</b>	<b>3.0</b>
	50 m:	29.37 29.37	100 m:	59.68	30.31	
5	1114334	<b>ALVAREZ REPARAZ, Alejandro</b>	04	GALAICO	<b>1:03.73</b>	<b>2.0</b>
	50 m:	31.04 31.04	100 m:	1:03.73	32.69	
6	1038181	<b>BOUZA PADRON, Adrian</b>	97	NPONTEA	<b>1:06.44</b>	<b>1.0</b>
	50 m:	32.16 32.16	100 m:	1:06.44	34.28	

56.- 100 m Costas Masculino Permanencia (TIM)

2024-05-11 17:00

PERM\_M

1	1079879	<b>PIÑEIRO RODRIGUEZ, Samuel</b>	07	RBAIXAS	<b>1:03.03</b>	<b>7.0</b>
	50 m:	30.88 30.88	100 m:	1:03.03	32.15	
2	1146785	<b>ALCALDE MAHIA, Jun Bin</b>	08	NCORUÑA	<b>1:03.23</b>	<b>5.0</b>
	50 m:	30.85 30.85	100 m:	1:03.23	32.38	
3	1143465	<b>SANCHEZ GONZALEZ, Samuel</b>	09	RBAIXAS	<b>1:04.81</b>	<b>4.0</b>
	50 m:	31.62 31.62	100 m:	1:04.81	33.19	
4	1187886	<b>GARCIA AROCHENA, Jacobo Javier</b>	09	NCORUÑA	<b>1:05.33</b>	<b>3.0</b>
	50 m:	31.78 31.78	100 m:	1:05.33	33.55	



57.- 100 m Costas Feminino Título (TIM)

2024-05-11 17:00

ASCE\_F

1	1143299	<b>EIJO GIL, Naiara</b>	06	NPONTEA	<b>1:06.54</b>	<b>7.0</b>
	50 m:	32.31 32.31	100 m:	1:06.54	34.23	
2	1077381	<b>GOYANES GARCIA, Paula</b>	98	GALAICO	<b>1:07.65</b>	<b>5.0</b>
	50 m:	33.29 33.29	100 m:	1:07.65	34.36	
3	1108844	<b>BORGE JUSTE, Ines</b>	06	NPONTEA	<b>1:07.92</b>	<b>4.0</b>
	50 m:	33.10 33.10	100 m:	1:07.92	34.82	
4	1140841	<b>BOUZAS PEDREIRA, Alicia</b>	05	GALAICO	<b>1:09.05</b>	<b>3.0</b>
	50 m:	33.87 33.87	100 m:	1:09.05	35.18	
5	1113386	<b>REY PITA, Clara</b>	07	ADFOGAR	<b>1:14.01</b>	<b>2.0</b>
	50 m:	35.66 35.66	100 m:	1:14.01	38.35	
6	1111697	<b>PEDREIRA GALEGO, Xiana</b>	06	ADFOGAR	<b>1:16.24</b>	<b>1.0</b>
	50 m:	37.45 37.45	100 m:	1:16.24	38.79	

58.- 100 m Costas Feminino Permanencia (TIM)

2024-05-11 17:00

PERM\_F

1	1110130	<b>MARIN MARTINEZ, Rosalia</b>	04	NCORUÑA	<b>1:04.00</b>	<b>7.0</b>
	50 m:	31.85 31.85	100 m:	1:04.00	32.15	
2	1143498	<b>BLANCO ROUCO, Carmen</b>	06	RBAIXAS	<b>1:05.53</b>	<b>5.0</b>
	50 m:	32.47 32.47	100 m:	1:05.53	33.06	
3	1144658	<b>NUÑEZ PARDO, Laura</b>	08	RBAIXAS	<b>1:13.03</b>	<b>4.0</b>
	50 m:	35.96 35.96	100 m:	1:13.03	37.07	
4	1146724	<b>VILLAR ARCEO, Iria</b>	08	NCORUÑA	<b>1:16.41</b>	<b>3.0</b>
	50 m:	37.01 37.01	100 m:	1:16.41	39.40	
BAI	1145002	<b>OUVIÑA PICOS, Nadiuska</b>	10	SDBOIRO		<b>0,0</b>

59.- 100 m Bolboreta Masculino Título (TIM)

2024-05-11 17:00

ASCE\_M

1	1086280	<b>AGUILAR URTXEGI, Xabier</b>	00	GALAICO	<b>57.84</b>	<b>7.0</b>
	50 m:	27.77 27.77	100 m:	57.84	30.07	
2	1140897	<b>REY PITA, Simon</b>	04	ADFOGAR	<b>58.84</b>	<b>5.0</b>
	50 m:	27.78 27.78	100 m:	58.84	31.06	
3	1146789	<b>RIVAS TORRES, Paulo</b>	08	ADFOGAR	<b>1:00.16</b>	<b>4.0</b>
	50 m:	28.36 28.36	100 m:	1:00.16	31.80	
4	1143345	<b>BARROS DA SILVA, Pedro</b>	07	GALAICO	<b>1:00.92</b>	<b>3.0</b>
	50 m:	28.89 28.89	100 m:	1:00.92	32.03	
5	1140852	<b>RODRÍGUEZ DOMÍNGUEZ, Francisco Javier</b>	04	NPONTEA	<b>1:00.95</b>	<b>2.0</b>
	50 m:	28.17 28.17	100 m:	1:00.95	32.78	
6	1076409	<b>CANCELA GOMEZ, Hugo</b>	03	NPONTEA	<b>1:03.34</b>	<b>1.0</b>
	50 m:	29.38 29.38	100 m:	1:03.34	33.96	

### 60.- 100 m Bolboreta Masculino Permanencia (TIM)

2024-05-11 17:00

PERM\_M

1	1108773	<b>SANLÉS DIESTE, Hugo</b>	04	SDBOIRO	<b>1:00.35</b>	<b>7.0</b>
	50 m:	28.59 28.59	100 m:	1:00.35	31.76	
2	1039024	<b>PICALLO MARANTE, Sergio</b>	01	NCORUÑA	<b>1:01.00</b>	<b>5.0</b>
	50 m:	29.30 29.30	100 m:	1:01.00	31.70	
3	1079880	<b>RODRIGUEZ VIEITEZ, Hugo</b>	08	RBAIXAS	<b>1:01.49</b>	<b>4.0</b>
	50 m:	28.87 28.87	100 m:	1:01.49	32.62	
4	1140987	<b>ETAYO GARCIA, Oscar</b>	06	NCORUÑA	<b>1:02.45</b>	<b>3.0</b>
	50 m:	29.61 29.61	100 m:	1:02.45	32.84	
5	1144860	<b>ALVAREZ VAZQUEZ, Sergio</b>	09	RBAIXAS	<b>1:04.23</b>	<b>2.0</b>
	50 m:	30.51 30.51	100 m:	1:04.23	33.72	

61.- 100 m Bolboreta Feminino Título (TIM)

2024-05-11 17:00

ASCE\_F

1	1076335	<b>LEMONS FERNANDEZ, Iria</b>	06	NPONTEA	<b>1:05.31</b>	<b>7.0</b>
	50 m:	30.61 30.61	100 m:	1:05.31	34.70	
2	1076330	<b>FARO MARTINEZ, Carla</b>	03	NPONTEA	<b>1:05.41</b>	<b>5.0</b>
	50 m:	30.70 30.70	100 m:	1:05.41	34.71	
3	1143941	<b>GARCIA SILVA, Antia</b>	98	GALAICO	<b>1:05.81</b>	<b>4.0</b>
	50 m:	30.77 30.77	100 m:	1:05.81	35.04	
4	1033341	<b>ROCHA GONZALEZ, Gisele</b>	09	GALAICO	<b>1:13.72</b>	<b>3.0</b>
	50 m:	34.46 34.46	100 m:	1:13.72	39.26	
5	1101801	<b>BOTANA PEDREIRA, Lola</b>	06	ADFOGAR	<b>1:15.55</b>	<b>2.0</b>
	50 m:	34.87 34.87	100 m:	1:15.55	40.68	
6	1144900	<b>RODRIGUEZ VIÑA, Valeria</b>	09	ADFOGAR	<b>1:16.05</b>	<b>1.0</b>
	50 m:	35.96 35.96	100 m:	1:16.05	40.09	

62.- 100 m Bolboreta Feminino Permanencia (TIM)

2024-05-11 17:00

PERM\_F

1	1079883	<b>RODRIGUEZ RODRIGUEZ, Nina</b>	02	RBAIXAS	<b>1:05.39</b>	<b>7.0</b>
	50 m:	31.33 31.33	100 m:	1:05.39	34.06	
2	1095446	<b>ALCALDE MAHIA, Ariadna</b>	04	NCORUÑA	<b>1:10.02</b>	<b>5.0</b>
	50 m:	32.77 32.77	100 m:	1:10.02	37.25	
3	1146991	<b>CANALDA RAMOS, Laura</b>	09	NCORUÑA	<b>1:10.11</b>	<b>4.0</b>
	50 m:	32.86 32.86	100 m:	1:10.11	37.25	
4	1178913	<b>GIRALDEZ MARTINEZ, Nerea</b>	07	RBAIXAS	<b>1:15.17</b>	<b>3.0</b>
	50 m:	34.63 34.63	100 m:	1:15.17	40.54	
5	1175253	<b>GONZÁLEZ OJEA, Carmen</b>	06	SDBOIRO	<b>1:16.46</b>	<b>2.0</b>
	50 m:	35.29 35.29	100 m:	1:16.46	41.17	

**63.- 50 m Braza Masculino Título (TIM)**

2024-05-11 17:00

ASCE\_M

1	1111166	<b>LOPEZ FRANCO, Martin</b>	01	ADFOGAR	<b>28.98</b>	<b>7.0</b>
2	1143429	<b>FARO MARTINEZ, Yoel</b>	07	NPONTEA	<b>30.56</b>	<b>5.0</b>
3	1143318	<b>VAZQUEZ FERNANDEZ, Nicolas</b>	06	GALAICO	<b>31.23</b>	<b>4.0</b>
4	1215955	<b>PISO SEÑORAN, Alejandro</b>	03	GALAICO	<b>31.41</b>	<b>3.0</b>
5	1146897	<b>GUITIAN LOPEZ, Xabier</b>	05	ADFOGAR	<b>32.12</b>	<b>2.0</b>
6	1038181	<b>BOUZA PADRON, Adrian</b>	97	NPONTEA	<b>34.16</b>	<b>1.0</b>

**64.- 50 m Braza Masculino Permanencia (TIM)**

2024-05-11 17:00

PERM\_M

1	1039024	<b>PICALLO MARANTE, Sergio</b>	01	NCORUÑA	<b>31.70</b>	<b>7.0</b>
2	1144193	<b>PASTORIZA SANTACLARA, Jorge</b>	97	RBAIXAS	<b>31.82</b>	<b>5.0</b>
3	1095445	<b>LAGO CASTILLO, Diego</b>	07	NCORUÑA	<b>31.84</b>	<b>4.0</b>
4	1144035	<b>RODRIGUEZ RAÑA, Miguel</b>	09	RBAIXAS	<b>33.65</b>	<b>3.0</b>



**65.- 50 m Braza Feminino Título (TIM)**

2024-05-11 17:00

ASCE\_F

1	1061551	<b>CARBALLO GONZALEZ, Sofia</b>	06	NPONTEA	<b>32.90</b>	<b>7.0</b>
2	1030568	<b>JIMENEZ COPPA, Carla M.</b>	06	ADFOGAR	<b>33.63</b>	<b>5.0</b>
3	1109006	<b>FERNANDEZ PRIETO, Nayara</b>	05	GALAICO	<b>35.93</b>	<b>4.0</b>
4	1141231	<b>LOPEZ FRANCO, Maria</b>	07	ADFOGAR	<b>36.71</b>	<b>3.0</b>
5	1144111	<b>QUINTAS MELON, Maria</b>	10	NPONTEA	<b>37.12</b>	<b>2.0</b>
6	1110950	<b>CANO ROSALES, Laura</b>	04	GALAICO	<b>38.37</b>	<b>1.0</b>

**66.- 50 m Braza Feminino Permanencia (TIM)**

2024-05-11 17:00

PERM\_F

1	1143806	<b>SÁNCHEZ TOJA, Candela</b>	08	SDBOIRO	<b>35.80</b>	<b>7.0</b>
2	1038962	<b>MARTINEZ CANOSA, Raquel</b>	91	NCORUÑA	<b>36.80</b>	<b>5.0</b>
3	1141393	<b>GONZALEZ GONZALEZ, Iara</b>	09	RBAIXAS	<b>37.63</b>	<b>4.0</b>
4	1143590	<b>PÉREZ LORENZO, Celia</b>	07	SDBOIRO	<b>37.69</b>	<b>3.0</b>
5	1141397	<b>MARTINEZ GARCIA, Uxia</b>	09	RBAIXAS	<b>38.89</b>	<b>2.0</b>
6	1101223	<b>ROMERO LOURES, Lucia</b>	04	NCORUÑA	<b>40.97</b>	<b>1.0</b>

**67.- 1500 m Libre Masculino Título (TIM)**

2024-05-11 17:00

ASCE\_M

1	1180216	<b>FUENTEFRIA FERNANDEZ, Anxo</b>	09	ADFOGAR	<b>17:01.79</b>	<b>7.0</b>		
	50 m:	31.65 31.65	100 m:	1:05.11 33.46	150 m:	1:38.78 33.67	200 m:	2:12.87 34.09
	250 m:	2:46.96 34.09	300 m:	3:21.19 34.23	350 m:	3:55.54 34.35	400 m:	4:29.65 34.11
	450 m:	5:04.36 34.71	500 m:	5:38.70 34.34	550 m:	6:13.11 34.41	600 m:	6:47.34 34.23
	650 m:	7:21.67 34.33	700 m:	7:55.79 34.12	750 m:	8:29.71 33.92	800 m:	9:03.61 33.90
	850 m:	9:37.37 33.76	900 m:	10:10.97 33.60	950 m:	10:44.81 33.84	1000 m:	11:18.68 33.87
	1050 m:	11:53.03 34.35	1100 m:	12:27.04 34.01	1150 m:	13:01.62 34.58	1200 m:	13:36.10 34.48
	1250 m:	14:10.36 34.26	1300 m:	14:44.99 34.63	1350 m:	15:19.71 34.72	1400 m:	15:54.32 34.61
	1450 m:	16:29.45 35.13	1500 m:	17:01.79 32.34				
2	1079430	<b>PREGO GROBA, Brais</b>	08	NPONTEA	<b>17:06.52</b>	<b>5.0</b>		
	50 m:	30.07 30.07	100 m:	1:03.13 33.06	150 m:	1:36.63 33.50	200 m:	2:10.61 33.98
	250 m:	2:44.45 33.84	300 m:	3:18.72 34.27	350 m:	3:52.61 33.89	400 m:	4:27.12 34.51
	450 m:	5:01.75 34.63	500 m:	5:36.37 34.62	550 m:	6:10.72 34.35	600 m:	6:45.32 34.60
	650 m:	7:19.53 34.21	700 m:	7:54.15 34.62	750 m:	8:28.37 34.22	800 m:	9:02.61 34.24
	850 m:	9:37.53 34.92	900 m:	10:11.76 34.23	950 m:	10:46.20 34.44	1000 m:	11:20.93 34.73
	1050 m:	11:55.43 34.50	1100 m:	12:30.38 34.95	1150 m:	13:04.72 34.34	1200 m:	13:39.39 34.67
	1250 m:	14:14.50 35.11	1300 m:	14:48.83 34.33	1350 m:	15:23.61 34.78	1400 m:	15:58.51 34.90
	1450 m:	16:33.17 34.66	1500 m:	17:06.52 33.35				
3	1143181	<b>LEIROS FERNANDEZ, Lucas</b>	08	NPONTEA	<b>17:07.76</b>	<b>4.0</b>		
	50 m:	30.42 30.42	100 m:	1:03.83 33.41	150 m:	1:37.38 33.55	200 m:	2:11.46 34.08
	250 m:	2:44.99 33.53	300 m:	3:18.96 33.97	350 m:	3:52.10 33.14	400 m:	4:25.88 33.78
	450 m:	4:59.86 33.98	500 m:	5:34.51 34.65	550 m:	6:08.39 33.88	600 m:	6:42.81 34.42
	650 m:	7:17.48 34.67	700 m:	7:52.00 34.52	750 m:	8:26.47 34.47	800 m:	9:00.96 34.49
	850 m:	9:35.78 34.82	900 m:	10:10.75 34.97	950 m:	10:45.54 34.79	1000 m:	11:20.36 34.82
	1050 m:	11:55.83 35.47	1100 m:	12:30.75 34.92	1150 m:	13:06.01 35.26	1200 m:	13:40.64 34.63
	1250 m:	14:15.53 34.89	1300 m:	14:56.67 41.14	1350 m:	15:25.91 29.24	1400 m:	16:01.16 35.25
	1450 m:	16:35.22 34.06	1500 m:	17:07.76 32.54				
4	1111699	<b>GIL-RIVERA BARBEITO, Pablo</b>	06	ADFOGAR	<b>17:19.52</b>	<b>3.0</b>		
	50 m:	31.39 31.39	100 m:	1:05.75 34.36	150 m:	1:39.86 34.11	200 m:	2:14.52 34.66
	250 m:	2:49.16 34.64	300 m:	3:23.02 33.86	350 m:	3:57.36 34.34	400 m:	4:32.59 35.23
	450 m:	5:07.11 34.52	500 m:	5:41.90 34.79	550 m:	6:16.66 34.76	600 m:	6:51.22 34.56
	650 m:	7:25.48 34.26	700 m:	8:00.56 35.08	750 m:	8:35.40 34.84	800 m:	9:10.41 35.01
	850 m:	9:45.28 34.87	900 m:	10:20.17 34.89	950 m:	10:55.36 35.19	1000 m:	11:30.27 34.91
	1050 m:	12:05.24 34.97	1100 m:	12:40.46 35.22	1150 m:	13:15.88 35.42	1200 m:	13:50.98 35.10
	1250 m:	14:26.13 35.15	1300 m:	15:00.36 34.23	1350 m:	15:34.58 34.22	1400 m:	16:09.88 35.30
	1450 m:	16:45.47 35.59	1500 m:	17:19.52 34.05				
5	1130700	<b>ORTEGO PORTA, Andre</b>	07	GALAICO	<b>18:03.04</b>	<b>2.0</b>		
	50 m:	31.64 31.64	100 m:	1:06.14 34.50	150 m:	1:40.85 34.71	200 m:	2:16.34 35.49
	250 m:	2:51.97 35.63	300 m:	3:27.90 35.93	350 m:	4:03.73 35.83	400 m:	4:39.84 36.11
	450 m:	5:16.02 36.18	500 m:	5:52.07 36.05	550 m:	6:28.28 36.21	600 m:	7:04.56 36.28
	650 m:	7:41.07 36.51	700 m:	8:17.73 36.66	750 m:	8:54.23 36.50	800 m:	9:31.32 37.09
	850 m:	10:07.64 36.32	900 m:	10:44.22 36.58	950 m:	11:20.45 36.23	1000 m:	11:56.65 36.20
	1050 m:	12:32.97 36.32	1100 m:	13:09.54 36.57	1150 m:	13:45.99 36.45	1200 m:	14:22.84 36.85
	1250 m:	14:59.02 36.18	1300 m:	15:36.01 36.99	1350 m:	16:13.25 37.24	1400 m:	16:50.51 37.26
	1450 m:	17:36.01 45.50	1500 m:	18:03.04 27.03				
DNI	1144309	<b>PEREZ GARCIA, Iker</b>	07	GALAICO		<b>0,0</b>		

### 68.- 1500 m Libre Masculino Permanencia (TIM)

2024-05-11 17:00

PERM\_M

1	1079855	<b>MENDEZ PUGA, Mario</b>	03	RBAIXAS	<b>16:11.71</b>	<b>7.0</b>		
	50 m:	28.77 28.77	100 m:	59.87 31.10	150 m:	1:31.28 31.41	200 m:	2:03.65 32.37
	250 m:	2:35.70 32.05	300 m:	3:08.40 32.70	350 m:	3:40.54 32.14	400 m:	4:13.14 32.60
	450 m:	4:44.81 31.67	500 m:	5:16.74 31.93	550 m:	5:48.67 31.93	600 m:	6:20.46 31.79
	650 m:	6:52.98 32.52	700 m:	7:24.87 31.89	750 m:	7:56.77 31.90	800 m:	8:28.93 32.16
	850 m:	9:01.13 32.20	900 m:	9:35.20 34.07	950 m:	10:08.05 32.85	1000 m:	10:40.75 32.70
	1050 m:	11:13.42 32.67	1100 m:	11:45.91 32.49	1150 m:	12:19.09 33.18	1200 m:	12:52.68 33.59
	1250 m:	13:25.15 32.47	1300 m:	13:58.58 33.43	1350 m:	14:31.86 33.28	1400 m:	15:06.02 34.16
	1450 m:	15:38.68 32.66	1500 m:	16:11.71 33.03				
2	1084761	<b>MASSO ROIG, Martin</b>	07	RBAIXAS	<b>16:12.56</b>	<b>5.0</b>		
	50 m:	29.22 29.22	100 m:	1:00.38 31.16	150 m:	1:32.25 31.87	200 m:	2:04.65 32.40
	250 m:	2:36.99 32.34	300 m:	3:09.40 32.41	350 m:	3:41.78 32.38	400 m:	4:14.34 32.56
	450 m:	4:46.16 31.82	500 m:	5:18.15 31.99	550 m:	5:50.16 32.01	600 m:	6:22.24 32.08
	650 m:	6:54.46 32.22	700 m:	7:26.66 32.20	750 m:	7:58.83 32.17	800 m:	8:31.16 32.33
	850 m:	9:03.89 32.73	900 m:	9:36.84 32.95	950 m:	10:09.51 32.67	1000 m:	10:42.55 33.04
	1050 m:	11:15.26 32.71	1100 m:	11:48.11 32.85	1150 m:	12:21.11 33.00	1200 m:	12:54.16 33.05
	1250 m:	13:27.30 33.14	1300 m:	14:00.70 33.40	1350 m:	14:34.01 33.31	1400 m:	15:07.25 33.24
	1450 m:	15:41.16 33.91	1500 m:	16:12.56 31.40				
3	1143193	<b>GOMEZ LIMIA, Pablo</b>	06	NCORUÑA	<b>17:32.92</b>	<b>4.0</b>		
	50 m:	30.82 30.82	100 m:	1:04.23 33.41	150 m:	1:38.07 33.84	200 m:	2:12.75 34.68
	250 m:	2:48.27 35.52	300 m:	3:23.61 35.34	350 m:	3:58.19 34.58	400 m:	4:32.65 34.46
	450 m:	5:08.28 35.63	500 m:	5:43.37 35.09	550 m:	6:18.59 35.22	600 m:	6:53.82 35.23
	650 m:	7:27.99 34.17	700 m:	8:02.72 34.73	750 m:	8:38.65 35.93	800 m:	9:13.87 35.22
	850 m:	9:49.68 35.81	900 m:	10:25.81 36.13	950 m:	11:02.23 36.42	1000 m:	11:37.47 35.24
	1050 m:	12:12.75 35.28	1100 m:	12:49.02 36.27	1150 m:	13:25.52 36.50	1200 m:	14:01.22 35.70
	1250 m:	14:35.74 34.52	1300 m:	15:11.53 35.79	1350 m:	15:47.60 36.07	1400 m:	16:23.36 35.76
	1450 m:	16:58.33 34.97	1500 m:	17:32.92 34.59				
4	1144853	<b>GONZALEZ PREGO, Xose</b>	08	NCORUÑA	<b>18:25.99</b>	<b>3.0</b>		
	50 m:	31.35 31.35	100 m:	1:07.61 36.26	150 m:	1:44.23 36.62	200 m:	2:21.18 36.95
	250 m:	2:58.20 37.02	300 m:	3:34.95 36.75	350 m:	4:11.99 37.04	400 m:	4:46.82 34.83
	450 m:	5:25.54 38.72	500 m:	6:00.43 34.89	550 m:	6:38.09 37.66	600 m:	7:15.25 37.16
	650 m:	7:52.49 37.24	700 m:	8:29.01 36.52	750 m:	9:05.11 36.10	800 m:	
	850 m:	10:19.47 1:14.36	900 m:	10:56.58 37.11	950 m:	11:34.40 37.82	1000 m:	12:11.34 36.94
	1050 m:	12:49.05 37.71	1100 m:	13:26.54 37.49	1150 m:	14:04.11 37.57	1200 m:	14:40.97 36.86
	1250 m:	15:18.93 37.96	1300 m:	15:56.77 37.84	1350 m:	16:34.29 37.52	1400 m:	17:11.46 37.17
	1450 m:	17:49.29 37.83	1500 m:	18:25.99 36.70				

**69.- 100 m Libre Feminino Título (TIM)**

2024-05-11 17:00

ASCE\_F

1	1143941	<b>GARCIA SILVA, Antia</b>	98	GALAICO	<b>57.30</b>	<b>7.0</b>
	50 m:	27.88 27.88	100 m:	57.30 29.42		
2	1076335	<b>LEMONS FERNANDEZ, Iria</b>	06	NPONTEA	<b>58.42</b>	<b>5.0</b>
	50 m:	28.19 28.19	100 m:	58.42 30.23		
3	1108844	<b>BORGE JUSTE, Ines</b>	06	NPONTEA	<b>1:00.80</b>	<b>4.0</b>
	50 m:	28.64 28.64	100 m:	1:00.80 32.16		
4	1077381	<b>GOYANES GARCIA, Paula</b>	98	GALAICO	<b>1:02.56</b>	<b>3.0</b>
	50 m:	30.01 30.01	100 m:	1:02.56 32.55		
5	1144902	<b>MOURELLE PENA, Carla</b>	08	ADFOGAR	<b>1:02.92</b>	<b>2.0</b>
	50 m:	30.06 30.06	100 m:	1:02.92 32.86		
6	1101801	<b>BOTANA PEDREIRA, Lola</b>	06	ADFOGAR	<b>1:06.07</b>	<b>1.0</b>
	50 m:	31.76 31.76	100 m:	1:06.07 34.31		

### 70.- 100 m Libre Feminino Permanencia (TIM)

2024-05-11 17:00

PERM\_F

1	1079883	<b>RODRIGUEZ RODRIGUEZ, Nina</b>	02	RBAIXAS	<b>59.89</b>	<b>7.0</b>
	50 m:	29.67 29.67	100 m:	59.89	30.22	
2	1143498	<b>BLANCO ROUCO, Carmen</b>	06	RBAIXAS	<b>1:01.60</b>	<b>5.0</b>
	50 m:	29.85 29.85	100 m:	1:01.60	31.75	
3	1095446	<b>ALCALDE MAHIA, Ariadna</b>	04	NCORUÑA	<b>1:04.20</b>	<b>4.0</b>
	50 m:	30.63 30.63	100 m:	1:04.20	33.57	
4	1143590	<b>PÉREZ LORENZO, Celia</b>	07	SDBOIRO	<b>1:04.27</b>	<b>3.0</b>
	50 m:	30.18 30.18	100 m:	1:04.27	34.09	
5	1143418	<b>FERNANDEZ AGUION, Sara</b>	07	NCORUÑA	<b>1:06.17</b>	<b>2.0</b>
	50 m:	31.55 31.55	100 m:	1:06.17	34.62	
6	1144638	<b>GARCÍA ESPAÑA, Elena</b>	09	SDBOIRO	<b>1:06.85</b>	<b>1.0</b>
	50 m:	31.93 31.93	100 m:	1:06.85	34.92	

**71.- 50 m Libre Masculino Título (TIM)**

2024-05-11 17:00

ASCE\_M

1	1038465	<b>SANCHEZ LOUZAN, Daniel</b>	98	GALAICO	<b>24.22</b>	<b>7.0</b>
2	1037841	<b>PINO LORENZO, Brais</b>	01	NPONTEA	<b>24.49</b>	<b>5.0</b>
3	1144145	<b>SOUTO RAMOS, Manuel</b>	07	ADFOGAR	<b>24.69</b>	<b>4.0</b>
4	1109005	<b>JUNCAL MOREIRA, Pablo</b>	01	GALAICO	<b>24.82</b>	<b>3.0</b>
5	1022995	<b>GALAN VICENTE, Pablo</b>	02	ADFOGAR	<b>24.87</b>	<b>2.0</b>
6	1140852	<b>RODRÍGUEZ DOMÍNGUEZ, Francisco Javier</b>	04	NPONTEA	<b>24.95</b>	<b>1.0</b>

## 72.- 50 m Libre Masculino Permanencia (TIM)

2024-05-11 17:00

PERM\_M

1	1079880	<b>RODRIGUEZ VIEITEZ, Hugo</b>	08	RBAIXAS	<b>24.62</b>	<b>7.0</b>
2	1140987	<b>ETAYO GARCIA, Oscar</b>	06	NCORUÑA	<b>25.11</b>	<b>5.0</b>
3	1041309	<b>SENDINO GESTOSO, Roi</b>	01	NCORUÑA	<b>25.37</b>	<b>4.0</b>
4	1140925	<b>ALONSO VIDAL, Teo</b>	07	RBAIXAS	<b>25.58</b>	<b>3.0</b>
5	1196086	<b>CAO HERMO, Breixo</b>	10	SDBOIRO	<b>25.58</b>	<b>2.0</b>
6	1144471	<b>ABELLEIRA GÓMEZ, Miguel A.</b>	06	SDBOIRO	<b>27.01</b>	<b>1.0</b>



**73.- 400 m Estilos Feminino Título (TIM)**

2024-05-11 17:00

ASCE\_F

1	1076330	<b>FARO MARTINEZ, Carla</b>	03	NPONTEA	<b>5:08.33</b>	<b>7.0</b>
	50 m:	31.82 31.82	100 m:	1:08.23 36.41	150 m:	1:49.27 41.04
	200 m:	2:29.59 40.32	250 m:	3:12.61 43.02	300 m:	3:56.11 43.50
	350 m:	4:32.95 36.84	400 m:	5:08.33 35.38		
2	1143180	<b>ESTEVEZ MONTES, Naroa</b>	08	NPONTEA	<b>5:11.19</b>	<b>5.0</b>
	50 m:	34.50 34.50	100 m:	1:12.57 38.07	150 m:	1:53.53 40.96
	200 m:	2:33.24 39.71	250 m:	3:17.11 43.87	300 m:	4:01.19 44.08
	350 m:	4:36.65 35.46	400 m:	5:11.19 34.54		
3	1031658	<b>BARROS DA SILVA, Sofia</b>	09	GALAICO	<b>5:17.27</b>	<b>4.0</b>
	50 m:	34.01 34.01	100 m:	1:13.84 39.83	150 m:	1:55.68 41.84
	200 m:	2:36.89 41.21	250 m:	3:21.68 44.79	300 m:	4:07.51 45.83
	350 m:	4:42.67 35.16	400 m:	5:17.27 34.60		
4	1191910	<b>INSUA REY, Carmela</b>	09	ADFOGAR	<b>5:32.82</b>	<b>3.0</b>
	50 m:	34.92 34.92	100 m:	1:14.66 39.74	150 m:	1:59.43 44.77
	200 m:	2:43.11 43.68	250 m:	3:30.03 46.92	300 m:	4:18.72 48.69
	350 m:	4:57.02 38.30	400 m:	5:32.82 35.80		
5	1144310	<b>VIDAL RODRIGUEZ, Mara</b>	10	GALAICO	<b>5:40.84</b>	<b>2.0</b>
	50 m:	35.86 35.86	100 m:	1:21.05 45.19	150 m:	2:04.52 43.47
	200 m:	2:47.19 42.67	250 m:	3:37.44 50.25	300 m:	4:27.40 49.96
	350 m:	5:04.68 37.28	400 m:	5:40.84 36.16		
6	1144902	<b>MOURELLE PENA, Carla</b>	08	ADFOGAR	<b>5:58.05</b>	<b>1.0</b>
	50 m:	38.18 38.18	100 m:	1:22.97 44.79	150 m:	2:12.59 49.62
	200 m:	3:03.42 50.83	250 m:	3:51.17 47.75	300 m:	4:38.85 47.68
	350 m:	5:19.34 40.49	400 m:	5:58.05 38.71		

**74.- 400 m Estilos Feminino Permanencia (TIM)**

2024-05-11 17:00

PERM\_F

1	1144197	<b>ALVAREZ PAZOS, Maria</b>	07	RBAIXAS	<b>5:12.92</b>	<b>7.0</b>
	50 m:	32.56 32.56	100 m:	1:10.56 38.00	150 m:	1:52.45 41.89
	200 m:	2:32.24 39.79	250 m:	3:15.60 43.36	300 m:	4:00.86 45.26
	350 m:	4:37.82 36.96	400 m:	5:12.92 35.10		
2	1110130	<b>MARIN MARTINEZ, Rosalia</b>	04	NCORUÑA	<b>5:26.59</b>	<b>5.0</b>
	50 m:	32.54 32.54	100 m:	1:11.10 38.56	150 m:	1:52.58 41.48
	200 m:	2:33.77 41.19	250 m:	3:21.25 47.48	300 m:	4:09.67 48.42
	350 m:	4:48.36 38.69	400 m:	5:26.59 38.23		
3	1146991	<b>CANALDA RAMOS, Laura</b>	09	NCORUÑA	<b>5:29.20</b>	<b>4.0</b>
	50 m:	34.00 34.00	100 m:	1:15.62 41.62	150 m:	1:58.13 42.51
	200 m:	2:38.72 40.59	250 m:	3:26.40 47.68	300 m:	4:14.97 48.57
	350 m:	4:53.47 38.50	400 m:	5:29.20 35.73		
4	1202704	<b>LOPEZ ALVAREZ, Paula</b>	09	RBAIXAS	<b>5:38.21</b>	<b>3.0</b>
	50 m:	37.59 37.59	100 m:	1:19.43 41.84	150 m:	2:01.72 42.29
	200 m:	2:43.33 41.61	250 m:	3:33.36 50.03	300 m:	4:24.02 50.66
	350 m:	5:02.29 38.27	400 m:	5:38.21 35.92		

## 75.- 400 m Estilos Masculino Título (TIM)

2024-05-11 17:00

ASCE\_M

1	1037180	<b>CARRERA COSTAS, Martin</b>	96	NPONTEA	<b>4:46.68</b>	<b>7.0</b>
	50 m:	30.38 30.38	100 m:	1:05.05 34.67	150 m:	1:42.96 37.91
	200 m:	2:20.79 37.83	250 m:	2:59.78 38.99	300 m:	3:39.50 39.72
	350 m:	4:12.82 33.32	400 m:	4:46.68 33.86		
2	1141092	<b>SOUTO VILAS, Jorge</b>	07	ADFOGAR	<b>4:52.04</b>	<b>5.0</b>
	50 m:	31.04 31.04	100 m:	1:05.99 34.95	150 m:	1:42.17 36.18
	200 m:	2:18.70 36.53	250 m:	3:03.34 44.64	300 m:	3:45.96 42.62
	350 m:	4:20.83 34.87	400 m:	4:52.04 31.21		
3	1142991	<b>PEREZ PAZ, Dario</b>	05	NPONTEA	<b>4:52.20</b>	<b>4.0</b>
	50 m:	30.31 30.31	100 m:	1:07.15 36.84	150 m:	1:46.03 38.88
	200 m:	2:24.75 38.72	250 m:	3:05.86 41.11	300 m:	3:47.77 41.91
	350 m:	4:21.32 33.55	400 m:	4:52.20 30.88		
4	1146897	<b>GUITIAN LOPEZ, Xabier</b>	05	ADFOGAR	<b>4:54.98</b>	<b>3.0</b>
	50 m:	31.53 31.53	100 m:	1:07.85 36.32	150 m:	1:46.22 38.37
	200 m:	2:24.07 37.85	250 m:	3:06.15 42.08	300 m:	3:48.57 42.42
	350 m:	4:23.02 34.45	400 m:	4:54.98 31.96		
5	1114334	<b>ALVAREZ REPARAZ, Alejandro</b>	04	GALAICO	<b>4:55.14</b>	<b>2.0</b>
	50 m:	31.57 31.57	100 m:	1:08.14 36.57	150 m:	1:46.95 38.81
	200 m:	2:24.49 37.54	250 m:	3:06.09 41.60	300 m:	3:48.85 42.76
	350 m:	4:23.18 34.33	400 m:	4:55.14 31.96		
DNI	1130724	<b>ROCHA GONZALEZ, Olivier</b>	08	GALAICO		<b>0,0</b>

## 76.- 400 m Estilos Masculino Permanencia (TIM)

2024-05-11 17:00

PERM\_M

1	1079855	<b>MENDEZ PUGA, Mario</b>	03	RBAIXAS	<b>4:53.24</b>	<b>7.0</b>
	50 m:	30.43 30.43	100 m:	1:05.70 35.27	150 m:	1:44.77 39.07
	200 m:	2:21.72 36.95	250 m:	2:59.66 37.94	300 m:	3:39.53 39.87
	350 m:	4:17.53 38.00	400 m:	4:53.24 35.71		
2	1144035	<b>RODRIGUEZ RAÑA, Miguel</b>	09	RBAIXAS	<b>4:56.91</b>	<b>5.0</b>
	50 m:	33.64 33.64	100 m:	1:11.87 38.23	150 m:	1:49.86 37.99
	200 m:	2:26.92 37.06	250 m:	3:09.55 42.63	300 m:	3:51.88 42.33
	350 m:	4:25.30 33.42	400 m:	4:56.91 31.61		
3	1187886	<b>GARCIA AROCHENA, Jacobo Javier</b>	09	NCORUÑA	<b>5:03.48</b>	<b>4.0</b>
	50 m:	32.24 32.24	100 m:	1:08.58 36.34	150 m:	1:46.83 38.25
	200 m:	2:23.92 37.09	250 m:	3:00.38 36.46	300 m:	3:55.64 55.26
	350 m:	4:30.06 34.42	400 m:	5:03.48 33.42		
4	1144853	<b>GONZALEZ PREGO, Xose</b>	08	NCORUÑA	<b>5:05.97</b>	<b>3.0</b>
	50 m:	33.71 33.71	100 m:	1:13.26 39.55	150 m:	1:54.88 41.62
	200 m:	2:34.59 39.71	250 m:	3:15.24 40.65	300 m:	3:57.02 41.78
	350 m:	4:32.40 35.38	400 m:	5:05.97 33.57		

## 77.- 4x100 m Libre Feminino Título (TIM)

2024-05-11 17:00

ASCE\_F

1	00878	<b>NPONTEA 01</b>			<b>NPONTEA</b>	<b>4:01.15</b>	<b>14.0</b>
	1076330	FARO MARTINEZ, Carla	03	50 m:	29.51 29.51	100 m:	1:00.59 31.08
	1108844	BORGE JUSTE, Ines	06	150 m:	1:28.87 28.28	200 m:	2:01.21 32.34
	1061551	CARBALLO GONZALEZ, Sofia	06	250 m:	2:30.81 29.60	300 m:	3:02.47 31.66
	1076335	LEMONS FERNANDEZ, Iria	06	350 m:	3:30.52 28.05	400 m:	4:01.15 30.63
2	00784	<b>GALAICO 01</b>			<b>GALAICO</b>	<b>4:05.49</b>	<b>10.0</b>
	1144310	VIDAL RODRIGUEZ, Mara	10	50 m:	30.62 30.62	100 m:	1:04.08 33.46
	1143941	GARCIA SILVA, Antia	98	150 m:	1:31.55 27.47	200 m:	2:01.37 29.82
	1077381	GOYANES GARCIA, Paula	98	250 m:	2:31.18 29.81	300 m:	3:03.50 32.32
	1031658	BARROS DA SILVA, Sofia	09	350 m:	3:32.96 29.46	400 m:	4:05.49 32.53
3	00784	<b>GALAICO 02</b>			<b>GALAICO</b>	<b>4:15.94</b>	<b>8.0</b>
	1033341	ROCHA GONZALEZ, Gisele	09	50 m:	31.57 31.57	100 m:	1:05.85 34.28
	1109006	FERNANDEZ PRIETO, Nayara	05	150 m:	1:35.74 29.89	200 m:	2:08.40 32.66
	1110950	CANO ROSALES, Laura	04	250 m:	2:37.79 29.39	300 m:	3:10.44 32.65
	1140841	BOUZAS PEDREIRA, Alicia	05	350 m:	3:41.15 30.71	400 m:	4:15.94 34.79
4	00617	<b>ADFOGAR 01</b>			<b>ADFOGAR</b>	<b>4:16.98</b>	<b>6.0</b>
	1144902	MOURELLE PENA, Carla	08	50 m:	30.83 30.83	100 m:	1:04.60 33.77
	1191910	INSUA REY, Carmela	09	150 m:	1:35.70 31.10	200 m:	2:08.62 32.92
	1030568	JIMENEZ COPPA, Carla M.	06	250 m:	2:38.44 29.82	300 m:	3:11.91 33.47
	1101801	BOTANA PEDREIRA, Lola	06	350 m:	3:43.90 31.99	400 m:	4:16.98 33.08
5	00878	<b>NPONTEA 02</b>			<b>NPONTEA</b>	<b>4:18.88</b>	<b>4.0</b>
	1143299	EIJO GIL, Naiara	06	50 m:	30.63 30.63	100 m:	1:04.61 33.98
	1108651	ORTIZ DE GUINEA BASTON, Alba	97	150 m:	1:35.36 30.75	200 m:	2:08.45 33.09
	1038179	IBAÑEZ CARRERA, Sara	01	250 m:	2:39.01 30.56	300 m:	3:13.91 34.90
	1190538	BLANCO LAGE, Aitana	09	350 m:	3:44.75 30.84	400 m:	4:18.88 34.13
6	00617	<b>ADFOGAR 02</b>			<b>ADFOGAR</b>	<b>4:29.17</b>	<b>2.0</b>
	1144900	RODRIGUEZ VIÑA, Valeria	09	50 m:	32.04 32.04	100 m:	1:06.58 34.54
	1141231	LOPEZ FRANCO, Maria	07	150 m:	1:37.52 30.94	200 m:	2:12.86 35.34
	1111697	PEDREIRA GALEGO, Xiana	06	250 m:	2:45.38 32.52	300 m:	3:21.08 35.70
	1037385	PICHEL GARCIA, Elisa	84	350 m:	3:53.45 32.37	400 m:	4:29.17 35.72

## 78.- 4x100 m Libre Feminino Permanencia (TIM)

2024-05-11 17:00

PERM\_F

1	00765	<b>RBAIXAS 02</b>			<b>RBAIXAS</b>	<b>4:03.90</b>	<b>14.0</b>
	1141397	MARTINEZ GARCIA, Uxia	09	50 m:	29.54 29.54	100 m:	1:01.32 31.78
	1079883	RODRIGUEZ RODRIGUEZ, Nina	02	150 m:	1:30.77 29.45	200 m:	2:01.58 30.81
	1143498	BLANCO ROUCO, Carmen	06	250 m:	2:31.71 30.13	300 m:	3:03.71 32.00
	1144197	ALVAREZ PAZOS, Maria	07	350 m:	3:32.77 29.06	400 m:	4:03.90 31.13
2	00186	<b>NCORUÑA 02</b>			<b>NCORUÑA</b>	<b>4:15.69</b>	<b>10.0</b>
	1110130	MARIN MARTINEZ, Rosalia	04	50 m:	29.32 29.32	100 m:	1:01.34 32.02
	1146991	CANALDA RAMOS, Laura	09	150 m:	1:31.72 30.38	200 m:	2:04.87 33.15
	1095446	ALCALDE MAHIA, Ariadna	04	250 m:	2:35.22 30.35	300 m:	3:10.32 35.10
	1038962	MARTINEZ CANOSA, Raquel	91	350 m:	3:40.55 30.23	400 m:	4:15.69 35.14
3	P1106	<b>SDBOIRO 01</b>			<b>SDBOIRO</b>	<b>4:17.29</b>	<b>8.0</b>
	1143590	PÉREZ LORENZO, Celia	07	50 m:	31.04 31.04	100 m:	1:06.13 35.09
	1145002	OUVIÑA PICOS, Nadiuska	10	150 m:	1:34.01 27.88	200 m:	2:03.98 29.97
	1185589	RAMOS MÍGUEZ, Leyre	06	250 m:	2:35.85 31.87	300 m:	3:11.07 35.22
	1144638	GARCÍA ESPAÑA, Elena	09	350 m:	3:42.47 31.40	400 m:	4:17.29 34.82
4	00765	<b>RBAIXAS 01</b>			<b>RBAIXAS</b>	<b>4:19.26</b>	<b>6.0</b>
	1141393	GONZALEZ GONZALEZ, Iara	09	50 m:	30.22 30.22	100 m:	1:02.93 32.71
	1178913	GIRALDEZ MARTINEZ, Nerea	07	150 m:	1:33.34 30.41	200 m:	2:06.32 32.98
	1202704	LOPEZ ALVAREZ, Paula	09	250 m:	2:38.44 32.12	300 m:	3:12.29 33.85
	1144658	NUÑEZ PARDO, Laura	08	350 m:	3:44.18 31.89	400 m:	4:19.26 35.08
5	00186	<b>NCORUÑA 01</b>			<b>NCORUÑA</b>	<b>4:32.38</b>	<b>4.0</b>
	1143418	FERNANDEZ AGUION, Sara	07	50 m:	31.64 31.64	100 m:	1:06.09 34.45
	1099709	BARCIA RAMA, Lucia	04	150 m:	1:37.15 31.06	200 m:	2:12.67 35.52
	1146724	VILLAR ARCEO, Iria	08	250 m:	2:44.86 32.19	300 m:	3:21.60 36.74
	1101223	ROMERO LOURES, Lucia	04	350 m:	3:54.19 32.59	400 m:	4:32.38 38.19

## 79.- 4x100 m Libre Masculino Título (TIM)

2024-05-11 17:00

ASCE\_M

1	00784	<b>GALAICO 01</b>			<b>GALAICO</b>	<b>3:33.02</b>	<b>14.0</b>
	1109005	JUNCAL MOREIRA, Pablo	01	50 m:	26.31 26.31	100 m:	54.41 28.10
	1038465	SANCHEZ LOUZAN, Daniel	98	150 m:	1:19.52 25.11	200 m:	1:46.25 26.73
	1215955	PISO SEÑORAN, Alejandro	03	250 m:	2:12.38 26.13	300 m:	2:40.56 28.18
	1086280	AGUILAR URTXEGI, Xabier	00	350 m:	3:05.53 24.97	400 m:	3:33.02 27.49
2	00617	<b>ADFOGAR 01</b>			<b>ADFOGAR</b>	<b>3:34.25</b>	<b>10.0</b>
	1144145	SOUTO RAMOS, Manuel	07	50 m:	25.54 25.54	100 m:	53.23 27.69
	1037641	ABELEIRA ALVAREZ, Carlos	02	150 m:	1:18.10 24.87	200 m:	1:46.12 28.02
	1141092	SOUTO VILAS, Jorge	07	250 m:	2:12.59 26.47	300 m:	2:40.66 28.07
	1111166	LOPEZ FRANCO, Martin	01	350 m:	3:06.34 25.68	400 m:	3:34.25 27.91
3	00617	<b>ADFOGAR 02</b>			<b>ADFOGAR</b>	<b>3:37.87</b>	<b>8.0</b>
	1146789	RIVAS TORRES, Paulo	08	50 m:	25.91 25.91	100 m:	54.41 28.50
	1140897	REY PITA, Simon	04	150 m:	1:20.08 25.67	200 m:	1:47.80 27.72
	1146897	GUIITIAN LOPEZ, Xabier	05	250 m:	2:14.42 26.62	300 m:	2:43.61 29.19
	1022995	GALAN VICENTE, Pablo	02	350 m:	3:09.31 25.70	400 m:	3:37.87 28.56
4	00878	<b>NPONTEA 01</b>			<b>NPONTEA</b>	<b>3:38.58</b>	<b>6.0</b>
	1140852	RODRÍGUEZ DOMÍNGUEZ, Francisco Javier	04	50 m:	25.92 25.92	100 m:	55.17 29.25
	1037841	PINO LORENZO, Brais	01	150 m:	1:20.51 25.34	200 m:	1:50.12 29.61
	1084854	GONZALEZ ESTEVEZ, Yoel	07	250 m:	2:15.72 25.60	300 m:	2:44.32 28.60
	1143429	FARO MARTINEZ, Yoel	07	350 m:	3:09.35 25.03	400 m:	3:38.58 29.23
5	00784	<b>GALAICO 02</b>			<b>GALAICO</b>	<b>3:41.87</b>	<b>4.0</b>
	1130724	ROCHA GONZALEZ, Olivier	08	50 m:	26.84 26.84	100 m:	56.56 29.72
	1143345	BARROS DA SILVA, Pedro	07	150 m:	1:22.93 26.37	200 m:	1:51.59 28.66
	1144309	PEREZ GARCIA, Iker	07	250 m:	2:17.13 25.54	300 m:	2:46.19 29.06
	1143318	VAZQUEZ FERNANDEZ, Nicolas	06	350 m:	3:12.21 26.02	400 m:	3:41.87 29.66
6	00878	<b>NPONTEA 02</b>			<b>NPONTEA</b>	<b>3:50.31</b>	<b>2.0</b>
	1068314	MARTINEZ MARTINEZ, Marcos	03	50 m:	26.86 26.86	100 m:	57.10 30.24
	1076409	CANCELA GOMEZ, Hugo	03	150 m:	1:23.47 26.37	200 m:	1:53.55 30.08
	1037180	CARRERA COSTAS, Martin	96	250 m:	2:20.73 27.18	300 m:	2:51.49 30.76
	1038800	ALONSO RODRIGUEZ, Javier	01	350 m:	3:18.60 27.11	400 m:	3:50.31 31.71

## 80.- 4x100 m Libre Masculino Permanencia (TIM)

2024-05-11 17:00

PERM\_M

1	00765	<b>RBAIXAS 01</b>			<b>RBAIXAS</b>	<b>3:37.79</b>	<b>14.0</b>
	1079880	RODRIGUEZ VIEITEZ, Hugo	08	50 m:	25.78 25.78	100 m:	54.05 28.27
	1084761	MASSO ROIG, Martin	07	150 m:	1:20.93 26.88	200 m:	1:49.45 28.52
	1079855	MENDEZ PUGA, Mario	03	250 m:	2:15.32 25.87	300 m:	2:43.13 27.81
	1140925	ALONSO VIDAL, Teo	07	350 m:	3:09.30 26.17	400 m:	3:37.79 28.49
2	00186	<b>NCORUÑA 01</b>			<b>NCORUÑA</b>	<b>3:40.67</b>	<b>10.0</b>
	1146785	ALCALDE MAHIA, Jun Bin	08	50 m:	27.09 27.09	100 m:	55.87 28.78
	1095445	LAGO CASTILLO, Diego	07	150 m:	1:22.10 26.23	200 m:	1:50.90 28.80
	1187886	GARCIA AROCHENA, Jacobo Javier	09	250 m:	2:17.77 26.87	300 m:	2:46.69 28.92
	1144853	GONZALEZ PREGO, Xose	08	350 m:	3:11.72 25.03	400 m:	3:40.67 28.95
3	00765	<b>RBAIXAS 02</b>			<b>RBAIXAS</b>	<b>3:46.11</b>	<b>8.0</b>
	1079879	PIÑEIRO RODRIGUEZ, Samuel	07	50 m:	26.50 26.50	100 m:	55.00 28.50
	1143465	SANCHEZ GONZALEZ, Samuel	09	150 m:	1:22.98 27.98	200 m:	1:53.21 30.23
	1144193	PASTORIZA SANTA CLARA, Jorge	97	250 m:	2:20.11 26.90	300 m:	2:49.32 29.21
	1144035	RODRIGUEZ RAÑA, Miguel	09	350 m:	3:16.58 27.26	400 m:	3:46.11 29.53
4	00186	<b>NCORUÑA 02</b>			<b>NCORUÑA</b>	<b>4:04.82</b>	<b>6.0</b>
	1140987	ETAYO GARCIA, Oscar	06	50 m:	28.13 28.13	100 m:	59.49 31.36
	1039024	PICALLO MARANTE, Sergio	01	150 m:	1:28.92 29.43	200 m:	2:00.57 31.65
	1041309	SENDINO GESTOSO, Roi	01	250 m:	2:30.23 29.66	300 m:	3:02.77 32.54
	1143193	GOMEZ LIMIA, Pablo	06	350 m:	3:32.42 29.65	400 m:	4:04.82 32.40



## Clasificacións

### TÍTULO

1	C. N. PONTEAREAS	00878	387.0
2	C. N. GALAICO	00784	334.0
3	AGRUP. DEP. FOGAR	00617	332.0

### PERMANENCIA

1	C. N. VIGO RÍAS BAIXAS	00765	446.0
2	C. N. CORUÑA	00186	392.0
3	SOC. DEP. CUL. N. BOIRO	P1106	119.0