



**COPA CLUBES PRE PROG C, 6NOV2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**A CORUÑA**

**06/11/2010**

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
1	00784	C.N. GALAICO-SERCOYSA A	GALAICO		30,0	1:50.34
		1 VILARIÑO GARCIA XENIA	1991	50' 27.69'		
		2 PALLARES PEREIRA ANA	1980	100' 55.20'		
		3 GARCIA COBAS NURIA	1995	150' 1:23.90'		
2	00186	CLUB NATACION CORUÑA A	NCORUÑA		24,0	1:51.92
		1 MARTINEZ CANOSA RAQUEL	1991	50' 27.53'		
		2 ABELEDO MAQUIEIRA LUISA MARIA	1992	100' 55.66'		
		3 GARCIA-PUERTAS TORAL ALEJANDRA	1995	150' 1:23.66'		
3	00769	RIVEIRA A	RIVEIRA		20,0	1:54.00
		1 LAGO AROBES JUDITH	1995	50' 28.30'		
		2 VILAS VIDAL MARIA	1996	100' 57.26'		
		3 BLANCO BERMUDEZ YAIZA	1995	150' 1:26.00'		
4	00784	C.N. GALAICO B	GALAICO		18,0	1:55.31
		1 CRESPO GONZALEZ MIRIAM	1990	50' 29.52'		
		2 CORES BARRAL PAULA	1990	100' 57.96'		
		3 GARCIA PARDAVILA IRIA	1991	150' 1:26.51'		
5	00101	CLUB NATACION PABELLON ORENS A	POURENSE		16,0	1:55.55
		1 RAÑA RUIZ MARIA ISABEL	1992	50' 28.95'		
		2 PRESAS PEREZ SANDRA	1990	100' 57.50'		
		3 BLANCO SEARA LAURA	1995	150' 1:27.58'		
		4 ALVAREZ LIZ IRIA	1993	200' 1:55.55'		

RT: Retirado  
 NP: Non presentado  
 DES: Descualificado  
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6	00186	C.N. CORUÑA B	NCORUÑA		14,0	1:55.66
	1	CARBALLO REY LARA	1991	50 28.27 28.27		
	2	IGLESIAS RODRIGUEZ BEATRIZ	1994	100 56.80 28.53		
	3	LOPEZ SOUTO ALBA	1993	150 1:26.33 29.53		
	4	SAKULSKI OTERO COSIMA	1995	200 1:55.66 29.33		
7	00674	CLUB NATACION FERROL A	CNFERRO		12,0	1:56.46
	1	LOPEZ SANMARTIN NEREA	1996	50 28.65 28.65		
	2	GARCIA SOTO PATRICIA	1991	100 57.44 28.79		
	3	SANCHEZ PALACIOS FATIMA	1994	150 1:26.56 29.12		
	4	ROMERO CARREY REBECA	1994	200 1:56.46 29.90		
8	00101	C.N. PABELLON ORENSE B	POURENSE		10,0	1:58.78
	1	ALVAREZ ALVAREZ ESTHER	1997	50 29.56 29.56		
	2	GARCIA OTERO PAULA	1994	100 58.49 28.93		
	3	BALSA PEREZ LAURA NEREA	1997	150 1:28.85 30.36		
	4	CRUZ MOURE CRISTINA	1996	200 1:58.78 29.93		
9	00769	RIVEIRA B	RIVEIRA		8,0	1:59.06
	1	LORENZO PEGO SUSANA	1991	50 28.80 28.80		
	2	FERNANDEZ PAZ SABELA	1995	100 59.61 30.81		
	3	PEREZ ALONSO ELENA	1995	150 1:30.22 30.61		
	4	SANTOS HERMO ESMERALDA	1997	200 1:59.06 28.84		
10	00398	CLUB FLUVIAL DE LUGO A	CFVLUGO		6,0	1:59.92
	1	BARRO GARCIA INES	1995	50 29.64 29.64		
	2	VAZQUEZ VILLASANTE LARA	1995	100 1:00.09 30.45		
	3	GUEIMONDE MENDEZ SUSANA	1996	150 1:29.34 29.25		
	4	BERNARDEZ DOVAL ESTEFANIA	1993	200 1:59.92 30.58		

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RK	Club	Nombre	Club	T.R.	Pts.	Resultado
11	00674	C.N. FERROL B	CNFERRO		4,0	2:01.31
	1	NEBRIL NEBRIL SONIA	1994	50 29.95 29.95		
	2	SANTALLA TRIGO LAURA	1996	100 44.67 14.72		
	3	CERNADAS CALVO LAURA MARIA	1994	150 1:39.08 54.41		
	4	RIVERA ALLEGUE SARAI	1994	200 2:01.31 22.23		
12	00398	CLUB FLUVIAL DE LUGO B	CFVLUGO		2,0	2:01.32
	1	LOPEZ MESA TANIA	1996	50 36.59 36.59		
	2	CASTRO VEIGA INES	1995	100 1:00.19 23.60		
	3	GARCIA RODEJA ARIAS CRISTINA	1998	150 1:35.67 35.48		
	4	VAZQUEZ PEREZ CARLA	1997	200 2:01.32 25.65		

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1	00186	C.N. CORUÑA A	NCORUÑA		30,0	1:40.06
		1 BORRAZAS RUMBO MANUEL	1993	50 24.71		
				24.71		
		2 TEIJEIRO FRAGUELA MARCOS	1989	100 49.64		
				24.93		
		3 COSTA GARCIA ADRIAN	1986	150 1:14.66		
				25.02		
		4 LOPEZ ARTABE JAVIER	1984	200 1:40.06		
				25.40		
2	00769	RIVEIRA A	RIVEIRA		24,0	1:40.23
		1 REGUEIRA SUAREZ RUFINO	1990	50 24.50		
				24.50		
		2 PEREZ MARTINEZ MIGUEL	1988	100 46.23		
				21.73		
		3 ALVES RIVAS CARLOS	1990	150 1:15.04		
				28.81		
		4 VILAS VIDAL ANGEL	1991	200 1:40.23		
				25.19		
3	00398	CLUB FLUVIAL DE LUGO A	CFVLUGO		20,0	1:41.13
		1 LOBELLE GONZALEZ MARCOS	1989	50 26.11		
				26.11		
		2 LOBELLE GONZALEZ IVAN	1989	100 50.74		
				24.63		
		3 POMBO LOPEZ SERGIO	1991	150 1:15.77		
				25.03		
		4 VAZQUEZ PEREZ SERGIO	1992	200 1:41.13		
				25.36		
4	00101	C.N. PABELLON ORENSE A	POURENSE		18,0	1:41.63
		1 RODRIGUEZ FERRO ALVARO	1993	50 26.06		
				26.06		
		2 CAAMAÑO GOMEZ DANIEL	1982	100 50.69		
				24.63		
		3 TABOADA VILA ALBERTO	1987	150 1:15.92		
				25.23		
		4 BLANCO PEREZ ADRIAN	1994	200 1:41.63		
				25.71		
5	00784	CLUB NATACION GALAICO-SERCOY A	GALAICO		16,0	1:41.68
		1 GULIAS PARGA BORJA	1991	50 25.35		
				25.35		
		2 ACEVEDO GARCIA MATIAS	1995	100 50.55		
				25.20		
		3 GARRIDO CASTAÑAL MIGUEL ANGEL	1994	150 1:16.30		
				25.75		
		4 ALVAREZ MARTINEZ FCO. JAVIER	1991	200 1:41.68		
				25.38		

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6	00784	C.N. GALAICO-SERCOYSA B	GALAICO		14,0	1:44.91
	1	PEREIRA IGLESIAS ERNESTO	1992	50 26.39 26.39		
	2	NUÑEZ VARELA ENRIQUE	1990	100 52.70 26.31		
	3	SOTO MARTINEZ GUILLERMO	1993	150 1:19.38 26.68		
	4	FERNANDEZ DOMINGUEZ, ANXO	1992	200 1:44.91 25.53		
7	00398	CLUB FLUVIAL DE LUGO B	CFVLUGO		12,0	1:45.10
	1	ARES DIAZ IAGO	1993	50 26.38 26.38		
	2	NEIRA CERVERA MARTIÑO	1994	100 52.24 25.86		
	3	GUEIMONDE MENDEZ CARLOS	1993	150 1:18.91 26.67		
	4	LOPEZ MUIÑA SERGIO	1993	200 1:45.10 26.19		
8	00674	C.N. FERROL B	CNFERRO		10,0	1:45.39
	1	SUAREZ VILELA LUIS MANUEL	1987	50 26.53 26.53		
	2	GARCIA SOTO MARCOS	1988	100 53.29 26.76		
	3	LOPEZ BUYO BRUNO	1987	150 1:18.84 25.55		
	4	SANJUAN OTERO MIGUEL	1991	200 1:45.39 26.55		
9	00101	CLUB NATACION PABELLON ORENS B	POURENSE		8,0	1:47.57
	1	FERNANDEZ PROL PABLO	1994	50 26.51 26.51		
	2	SABUZ FORNEIRO MARTIN	1994	100 54.52 28.01		
	3	QUIROGA RAMOS ECEQUIEL	1995	150 1:20.71 26.19		
	4	GONZALEZ RODRIGUEZ BORJA	1995	200 1:47.57 26.86		
10	00186	C.N. CORUÑA B	NCORUÑA		6,0	1:47.91
	1	SUAREZ HORTAS ANTON	1993	50 26.38 26.38		
	2	FERNANDEZ OLVEIRA JACOBO	1995	100 52.84 26.46		
	3	FERNANDEZ CURRAS JACOBO	1994	150 1:20.48 27.64		
	4	DAPENA GONZALEZ PABLO	1988	200 1:47.91 27.43		

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11	00769	RIVEIRA B	RIVEIRA		4,0	1:52.64
	1	DAVILA LUSTRES MANUEL	1996	50 26.99 26.99		
	2	GARCIA TORRES FRANCISCO	1993	100 53.81 26.82		
	3	CAROU VIDELA MAURO	1993	150 1:23.68 29.87		
	4	PRADA RODRIGUEZ MIGUEL	1996	200 1:52.64 28.96		
00674	CLUB NATACION FERROL A	CNFERRO			0,0	DES

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1	077420795	VILARIÑO GARCIA XENIA	1991	GALAICO		15,0	8:41.91													
	50	30.44	100	1:02.30	150	1:34.31	200	2:06.97	250	2:39.99	300	3:12.98	350	3:45.96	400	4:19.14	450	4:52.20	500	5:25.31
		30.44		31.86		32.01		32.66		33.02		32.99		32.98		33.18		33.06		33.11
	550	5:58.55	600	6:31.63	650	7:04.13	700	7:37.30	750	8:10.02	800	8:41.91								
		33.24		33.08		32.50		33.17		32.72		31.89								
2	044659339	PIMENTEL PEREZ LAURA	1993	POURENSE		12,0	9:07.06													
	50	31.21	100	1:04.70	150	1:38.84	200	2:13.41	250	2:47.62	300	3:22.26	350	3:56.90	400	4:31.38	450	5:06.20	500	5:40.71
		31.21		33.49		34.14		34.57		34.21		34.64		34.64		34.48		34.82		34.51
	550	6:15.59	600	6:50.31	650	7:25.01	700	7:59.70	750	8:33.64	800	9:07.06								
		34.88		34.72		34.70		34.69		33.94		33.42								
3	039498243	NONTES PEREZ LAURA PAOLA	1991	GALAICO		10,0	9:08.18													
	50	32.29	100	1:06.86	150	1:42.03	200	2:16.91	250	2:51.45	300	3:26.13	350	4:01.06	400	4:35.68	450	5:10.02	500	5:44.46
		32.29		34.57		35.17		34.88		34.54		34.68		34.93		34.62		34.34		34.44
	550	6:18.96	600	6:53.32	650	7:27.59	700	8:01.65	750	8:35.34	800	9:08.18								
		34.50		34.36		34.27		34.06		33.69		32.84								
4	047436594	LOPEZ SOUTO ALBA	1993	NCORUÑA		9,0	9:26.02													
	50	31.44	100	1:05.38	150	1:40.13	200	2:15.15	250	2:50.09	300	3:25.57	350	4:01.04	400	4:36.74	450	5:12.59	500	5:48.52
		31.44		33.94		34.75		35.02		34.94		35.48		35.47		35.70		35.85		35.93
	550	6:24.84	600	7:02.84	650	7:37.52	700	8:13.82	750	8:50.51	800	9:26.02								
		36.32		38.00		34.68		36.30		36.69		35.51								
5	032708842	SANCHEZ PALACIOS FATIMA	1994	CNFERRO		8,0	9:37.82													
	50	32.22	100	1:06.95	150	1:42.40	200	2:18.30	250	2:54.70	300	3:30.88	350	4:07.71	400	4:44.36	450	5:21.35	500	5:58.22
		32.22		34.73		35.45		35.90		36.40		36.18		36.83		36.65		36.99		36.87
	550	6:35.09	600	7:12.35	650	7:49.13	700	8:25.82	750	9:02.20	800	9:37.82								
		36.87		37.26		36.78		36.69		36.38		35.62								
6	053795250	PARADA SUAREZ ANA	1994	RIVEIRA		7,0	9:39.51													
	50	33.15	100	1:08.56	150	1:44.52	200	2:20.45	250	2:56.85	300	3:33.37	350	4:09.90	400	4:46.58	450	5:23.07	500	5:59.73
		33.15		35.41		35.96		35.93		36.40		36.52		36.53		36.68		36.49		36.66
	550	6:36.46	600	7:13.56	650	7:50.41	700	8:27.36	750	9:04.42	800	9:39.51								
		36.73		37.10		36.85		36.95		37.06		35.09								
7	047439904	SAKULSKI OTERO COSIMA	1995	NCORUÑA		6,0	9:39.95													
	50	32.78	100	1:09.00	150	1:44.93	200	2:21.26	250	2:57.56	300	3:33.94	350	4:10.67	400	4:47.33	450	5:24.10	500	6:01.16
		32.78		36.22		35.93		36.33		36.30		36.38		36.73		36.66		36.77		37.06
	550	6:38.14	600	7:14.94	650	7:51.95	700	8:28.34	750	9:04.98	800	9:39.95								
		36.98		36.80		37.01		36.39		36.64		34.97								
8	033556867	GUEIMONDE MENDEZ SUSANA	1996	CFVLUGO		5,0	9:48.23													
	50	33.51	100	1:10.14	150	1:46.93	200	2:23.40	250	2:59.94	300	3:36.83	350	4:13.58	400	4:50.06	450	5:27.27	500	6:04.15
		33.51		36.63		36.79		36.47		36.54		36.89		36.75		36.48		37.21		36.88
	550	6:41.47	600	7:19.05	650	7:56.95	700	8:34.95	750	9:12.37	800	9:48.23								
		37.32		37.58		37.90		38.00		37.42		35.86								
9	044659381	SANTISO PRADO ANA MARIA	1996	POURENSE		4,0	9:50.44													
	50	32.82	100	1:09.27	150	1:47.20	200	2:24.31	250	3:04.22	300	3:38.40	350	4:15.62	400	4:52.96	450	5:30.20	500	6:07.35
		32.82		36.45		37.93		37.11		39.91		34.18		37.22		37.34		37.24		37.15
	550	6:44.64	600	7:24.70	650	7:59.01	700	8:36.66	750	9:14.83	800	9:50.44								
		37.29		40.06		34.31		37.65		38.17		35.61								
10	032719919	PRADA TELLADO MARTA	1993	CNFERRO		3,0	9:57.10													
	50	33.23	100	1:08.78	150	1:45.41	200	2:22.93	250	3:00.28	300	3:37.70	350	4:14.95	400	4:53.06	450	5:30.41	500	6:07.91
		33.23		35.55		36.63		37.52		37.35		37.42		37.25		38.11		37.35		37.50
	550	6:45.45	600	7:22.95	650	8:01.41	700	8:40.02	750	9:18.80	800	9:57.10								
		37.54		37.50		38.46		38.61		38.78		38.30								

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11	053796643	OTERO PEREZ LAURA	1995	RIVEIRA		2,0	10:06.04			
50	33.82	100 1:10.89	150 11:48.42	200 2:26.23	250 3:04.13	300 3:41.84	350 4:19.95	400 4:58.56	450 5:36.93	500 6:15.41
	33.82	37.07	10:37.	0:00	37.90	37.71	38.11	38.61	38.37	38.48
550	6:53.72	600 7:32.02	650 8:10.36	700 8:49.21	750 9:27.70	800 10:06.04				
	38.31	38.30	38.34	38.85	38.49	38.34				
12	033556659	VAZQUEZ VILLASANTE LARA	1995	CFVLUGO		1,0	10:20.84			
50	35.34	100 1:12.01	150 1:49.91	200 2:28.69	250 3:07.16	300 3:46.06	350 4:25.29	400 5:04.32	450 5:42.18	500 6:20.81
	35.34	36.67	37.90	38.78	38.47	38.90	39.23	39.03	37.86	38.63
550	7:02.18	600 7:41.12	650 8:21.41	700 9:02.29	750 9:41.14	800 10:20.84				
	41.37	38.94	40.29	40.88	38.85	39.70				

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1	053483035	REGUEIRA SUAREZ RUFINO	1990	RIVEIRA		26.84	56.20	1:55.82		15,0	1:55.82
						26.84	29.36	59.62			
2	033554193	POMBO LOPEZ SERGIO	1991	CFVLUG		27.31	56.84	1:57.59		12,0	1:57.59
						27.31	29.53	1:00.7			
3	053169149	BORRAZAS RUMBO MANUEL	1993	NCORUÑ		27.50	57.58	1:57.72		10,0	1:57.72
						27.50	30.08	1:00.1			
4	032716548	SANJUAN OTERO MIGUEL	1991	CNFERR		27.79	57.67	2:00.01		9,0	2:00.01
						27.79	29.88	1:02.3			
5	077404524	FERNANDEZ NIETO CRISTIAN	1992	GALAICO		27.88	58.20	2:00.82		8,0	2:00.82
						27.88	30.32	1:02.6			
6	032712237	GONZALEZ MANSO ROI	1987	CNFERR		28.79	59.62	2:01.59		7,0	2:01.59
						28.79	30.83	1:01.9			
7	033557886	VAZQUEZ PEREZ SERGIO	1992	CFVLUG		28.04	49.39	2:05.79		6,0	2:05.79
						28.04	21.35	1:16.4			
8	045871492	GARCIA TORRES FRANCISCO	1993	RIVEIRA		29.41	1:01.44	2:06.84		5,0	2:06.84
						29.41	32.03	1:05.4			
8	034879994	GARRIDO CASTAÑAL MIGUEL ANGEL	1994	GALAICO		28.52	1:00.57	2:06.84		4,0	2:06.84
						28.52	32.05	1:06.2			
10	044663304	FERNANDEZ PROL PABLO	1994	POUREN		28.71	1:00.41	2:07.08		3,0	2:07.08
						28.71	31.70	1:06.6			
11	045141264	QUIROGA RAMOS ECEQUIEL	1995	POUREN			1:00.65	2:07.09		2,0	2:07.09
							1:00.6	1:06.4			
12	048112838	UZAL VEIGA DANIEL	1995	NCORUÑ		29.99	1:02.20	2:08.51		1,0	2:08.51
						29.99	32.21	1:06.3			

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Datos técnicos: Piscina de 25 m., Cronometraje Manual

A CORUÑA

06/11/2010

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	047388661	PEREZ FDEZ.DE CORDOBA AURORA	1991	NCORUÑ	50 34.99 100 1:13.45 34.99 38.46	15,0	1:13.45
2	053487155	VILAS VIDAL MARIA	1996	RIVEIRA	50 35.78 100 1:15.50 35.78 39.72	12,0	1:15.50
3	053795247	LAGO AROBES JUDITH	1995	RIVEIRA	50 36.99 100 1:17.09 36.99 40.10	10,0	1:17.09
4	035585180	LANDIN GALLEGRO RAQUEL	1990	GALAICO	50 36.84 100 1:17.34 36.84 40.50	9,0	1:17.34
5	036175651	DOMINGUEZ RODRIGUEZ TATIANA	1984	GALAICO	50 36.23 100 1:17.45 36.23 41.22	8,0	1:17.45
6	044493027	CRUZ MOURE CRISTINA	1996	POUREN	50 37.37 100 1:18.82 37.37 41.45	7,0	1:18.82
7	032716517	SEDES MARTINEZ ALDARA	1994	CNFERR	50 37.10 100 1:19.08 37.10 41.98	6,0	1:19.08
8	032724472	SANTALLA TRIGO LAURA	1996	CNFERR	50 37.99 100 1:20.00 37.99 42.01	5,0	1:20.00
9	048110420	IGLESIAS RODRIGUEZ BEATRIZ	1994	NCORUÑ	50 38.06 100 1:21.00 38.06 42.94	4,0	1:21.00
10	076735172	GARCIA OTERO PAULA	1994	POUREN	50 39.06 100 1:22.44 39.06 43.38	3,0	1:22.44
11	033558993	CASTRO VEIGA INES	1995	CFVLUG	50 40.46 100 1:25.70 40.46 45.24	2,0	1:25.70
12	034252628	FERNANDEZ ARIAS ESTRELA	1997	CFVLUG	50 41.17 100 1:27.15 41.17 45.98	1,0	1:27.15

RT: Retirado  
NP: Non presentadoDES: Descualificado  
BAJ: Baixa



COPA CLUBES PRE PROG C, 6NOV2010

Datos técnicos: Piscina de 25 m., Cronometraje Manual

A CORUÑA

06/11/2010

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	052937164	VILAS VIDAL ANGEL	1991	RIVEIRA	50 31.55 100 1:06.48 31.55 34.93	15,0	1:06.48
2	053486871	ALVES RIVAS CARLOS	1990	RIVEIRA	50 31.82 100 1:06.98 31.82 35.16	12,0	1:06.98
3	047377400	SUAREZ HORTAS ANTON	1993	NCORUÑ	50 32.18 100 1:07.82 32.18 35.64	10,0	1:07.82
4	039455254	FERNANDEZ DOMINGUEZ, ANXO	1992	GALAICO	50 33.17 100 1:11.11 33.17 37.94	9,0	1:11.11
5	053115755	AMARO PINTOS ROMAN	1992	GALAICO	50 33.39 100 1:11.89 33.39 38.50	8,0	1:11.89
6	032704415	TEIJEIRO FRAGUELA MARCOS	1989	NCORUÑ	50 34.05 100 1:12.40 34.05 38.35	7,0	1:12.40
7	991110004	SABUZ FORNEIRO MARTIN	1994	POUREN	50 34.64 100 1:13.02 34.64 38.38	6,0	1:13.02
8	032715428	SUAREZ NOVOA JAVIER	1992	CNFERR	50 35.38 100 1:13.81 35.38 38.43	5,0	1:13.81
9	034266559	LOBELLE GONZALEZ MARCOS	1989	CFVLUG	50 35.39 100 1:14.12 35.39 38.73	4,0	1:14.12
10	046955840	ARES DIAZ FRANCISCO	1989	CFVLUG	50 35.14 100 1:15.29 35.14 40.15	3,0	1:15.29
11	032722320	RODRIGUEZ PIÑON FERNANDO	1993	CNFERR	50 34.68 100 1:16.33 34.68 41.65	2,0	1:16.33
	044840373	CAAMAÑO GOMEZ DANIEL	1982	POUREN		0,0	DES

RT: Retirado DES: Descualificado  
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**COPA CLUBES PRE PROG C, 6NOV2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**A CORUÑA**

**06/11/2010**

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	076872299	CORES BARRAL PAULA	1990	GALAICO	50' 30.05'	15,0	30.05
2	047404170	ABELED0 MAQUIEIRA LUISA MARIA	1992	NCORUÑ	50' 30.20'	12,0	30.20
3	053795247	LAGO AROBES JUDITH	1995	RIVEIRA	50' 30.22'	10,0	30.22
4	036156233	PALLARES PEREIRA ANA	1980	GALAICO	50' 30.33'	9,0	30.33
5	044655718	RAÑA RUIZ MARIA ISABEL	1992	POUREN	50' 30.96'	8,0	30.96
6	032720463	RIVERA ALLEGUE SARAI	1994	CNFERR	50' 31.56'	7,0	31.56
7	044482004	BLANCO SEARA LAURA	1995	POUREN	50' 31.59'	6,0	31.59
8	054129129	VILAR SANCHEZ CLAUDIA	1993	NCORUÑ	50' 31.92'	5,0	31.92
9	053484213	LORENZO PEGO SUSANA	1991	RIVEIRA	50' 31.94'	4,0	31.94
10	076728158	BERNARDEZ DOVAL ESTEFANIA	1993	CFVLUG	50' 33.54'	3,0	33.54
11	032715949	CERNADAS CALVO PAULA MARIA	1996	CNFERR	50' 34.90'	2,0	34.90
12	033556659	VAZQUEZ VILLASANTE LARA	1995	CFVLUG	50' 35.27'	1,0	35.27

RT: Retirado      DES: Descualificado  
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**COPA CLUBES PRE PROG C, 6NOV2010**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**A CORUÑA**

**06/11/2010**

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	034266558	LOBELLE GONZALEZ IVAN	1989	CFVLUG	50 - 27.38 27.38	15,0	27.38
2	076580269	PEREZ MARTINEZ MIGUEL	1988	RIVEIRA	50 - 27.54 27.54	12,0	27.54
3	032698446	GARCIA SOTO HECTOR	1985	CNFERR	50 - 27.56 27.56	10,0	27.56
3	053169121	COSTA GARCIA ADRIAN	1986	NCORUÑ	50 - 27.56 27.56	9,0	27.56
5	032702229	LOPEZ BUYO BRUNO	1987	CNFERR	50 - 27.59 27.59	8,0	27.59
6	047370289	LOPEZ ARTABE JAVIER	1984	NCORUÑ	50 - 27.99 27.99	7,0	27.99
7	077410242	ACEVEDO GARCIA MATIAS	1995	GALAICO	50 - 28.04 28.04	6,0	28.04
8	033556866	GUEIMONDE MENDEZ CARLOS	1993	CFVLUG	50 - 28.62 28.62	5,0	28.62
9	044474954	RODRIGUEZ FERRO ALVARO	1993	POUREN	50 - 29.31 29.31	4,0	29.31
10	036169164	ALVAREZ MARTINEZ FCO. JAVIER	1991	GALAICO	50 - 29.89 29.89	3,0	29.89
11	044663304	FERNANDEZ PROL PABLO	1994	POUREN	50 - 30.33 30.33	2,0	30.33
12	079336167	CAROU VIDELA MAURO	1993	RIVEIRA	50 - 33.29 33.29	1,0	33.29

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Datos técnicos: Piscina de 25 m., Cronometraje Manual

A CORUÑA

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RK	Licencia	Nombre	Año	Club	T.R.	50	100	150	200	Pts.	Resultado
1	077415840	RODIÑO MAQUIEIRA NEREA	1989	GALAICO		33.08	1:08.97	2:20.60		15,0	2:20.60
						33.08	35.89	1:11.6			
2	053304409	CARBALLO REY LARA	1991	NCORUÑ		34.65	1:11.42	2:25.29		12,0	2:25.29
						34.65	36.77	1:13.8			
3	044458714	PRESAS PEREZ SANDRA	1990	POUREN		35.34	1:13.15	2:28.89		10,0	2:28.89
						35.34	37.81	1:15.7			
4	035585180	LANDIN GALLEGO RAQUEL	1990	GALAICO		36.38	1:13.77	2:29.86		9,0	2:29.86
						36.38	37.39	1:16.0			
5	047384986	MARTINEZ COUTO GABRIELA	1996	NCORUÑ		33.98	1:11.60	2:30.70		8,0	2:30.70
						33.98	37.62	1:19.1			
6	035591042	BARRO GARCIA INES	1995	CFVLUG		34.34	1:11.52	2:31.66		7,0	2:31.66
						34.34	37.18	1:20.1			
7	991121076	SANTOS HERMO ESMERALDA	1997	RIVEIRA		34.56	1:13.12	2:31.99		6,0	2:31.99
						34.56	38.56	1:18.8			
8	053487155	VILAS VIDAL MARIA	1996	RIVEIRA		36.17	1:15.06	2:33.59		5,0	2:33.59
						36.17	38.89	1:18.5			
9	058435814	ALVAREZ ALVAREZ ESTHER	1997	POUREN		35.12	1:13.94	2:35.29		4,0	2:35.29
						35.12	38.82	1:21.3			
10	032717737	ROMERO CARREY REBECA	1994	CNFERR		36.62	1:16.32	2:36.78		3,0	2:36.78
						36.62	39.70	1:20.4			
11	032715948	CERNADAS CALVO LAURA MARIA	1994	CNFERR		36.66	1:17.28	2:37.26		2,0	2:37.26
						36.66	40.62	1:19.9			
12	033555223	GARCIA RODEJA ARIAS CRISTINA	1998	CFVLUG		36.85	1:27.01	2:38.10		1,0	2:38.10
						36.85	50.16	1:11.0			

RT: Retirado  
NP: Non presentadoDES: Descualificado  
BAJ: Baixa



## COPA CLUBES PRE PROG C, 6NOV2010

Datos técnicos: Piscina de 25 m., Cronometraje Manual

A CORUÑA

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RK	Licencia	Nombre	Año	Club	T.R.	50	100	150	200	Pts.	Resultado
1	053483035	REGUEIRA SUAREZ RUFINO	1990	RIVEIRA		28.48	59.81	1:04.47	2:04.47	15,0	2:04.47
						28.48	31.33	1:04.6			
2	045862302	TABOADA VILA ALBERTO	1987	POUREN		30.50	1:03.24	2:09.30	2:09.30	12,0	2:09.30
						30.50	32.74	1:06.0			
3	077404524	FERNANDEZ NIETO CRISTIAN	1992	GALAICO		31.39	1:04.80	2:12.77	2:12.77	10,0	2:12.77
						31.39	33.41	1:07.9			
4	033554532	NEIRA CERVERA MARTIÑO	1994	CFVLUG		31.81	1:05.94	2:14.17	2:14.17	9,0	2:14.17
						31.81	34.13	1:08.2			
5	052937164	VILAS VIDAL ANGEL	1991	RIVEIRA		32.79	1:07.77	2:18.22	2:18.22	8,0	2:18.22
						32.79	34.98	1:10.4			
6	032716548	SANJUAN OTERO MIGUEL	1991	CNFERR		32.47	1:07.80	2:19.62	2:19.62	7,0	2:19.62
						32.47	35.33	1:11.8			
7	034279490	ALVAREZ FERNANDEZ BORJA	1996	CFVLUG		33.29	1:09.72	2:22.46	2:22.46	6,0	2:22.46
						33.29	36.43	1:12.7			
8	077412177	SOTO MARTINEZ GUILLERMO	1993	GALAICO		32.35	1:09.09	2:23.85	2:23.85	5,0	2:23.85
						32.35	36.74	1:14.7			
9	044474954	RODRIGUEZ FERRO ALVARO	1993	POUREN		33.50	1:09.41	2:24.92	2:24.92	4,0	2:24.92
						33.50	35.91	1:15.5			
10	032714940	PEREZ PEREZ HECTOR	1995	CNFERR		33.38	1:10.27	2:26.20	2:26.20	3,0	2:26.20
						33.38	36.89	1:15.9			
11	054127422	CAMPOS VARELA SERGIO	1996	NCORUÑ		34.10	1:12.25	2:26.48	2:26.48	2,0	2:26.48
						34.10	38.15	1:14.2			
12	054156641	FERNANDEZ OLVEIRA JACOBO	1995	NCORUÑ		34.59	1:11.91	2:32.06	2:32.06	1,0	2:32.06
						34.59	37.32	1:20.1			

RT: Retirado  
NP: Non presentadoDES: Descualificado  
BAJ: Baixa



## COPA CLUBES PRE PROG C, 6NOV2010

Datos técnicos: Piscina de 25 m., Cronometraje Manual

A CORUÑA

06/11/2010

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	079340609	MARTINEZ CANOSA RAQUEL	1991	NCORUÑA		15,0	4:53.37
		50 39.95   100 1:08.83   200 2:25.98   300 3:45.75   400 4:53.37					
		39.95   28.88   37.94   40.23   1:07.6					
2	077420795	VILARIÑO GARCIA XENIA	1991	GALAICO		12,0	4:57.02
		50 34.28   100 1:09.74   200 2:26.34   300 3:52.94   400 4:57.02					
		34.28   35.46   37.37   48.55   1:04.0					
3	044664302	ALVAREZ LIZ IRIA	1993	POURENSE		10,0	5:00.33
		50 31.77   100 1:07.58   200 2:28.34   300 3:51.80   400 5:00.33					
		31.77   35.81   39.74   50.62   1:08.5					
4	032698448	GARCIA SOTO PATRICIA	1991	CNFERRO		9,0	5:08.55
		50 31.17   100 1:06.91   200 2:26.27   300 3:55.84   400 5:08.55					
		31.17   35.74   39.33   45.58   1:12.7					
5	053480735	BLANCO BERMUDEZ YAIZA	1995	RIVEIRA		8,0	5:14.42
		50 33.38   100 1:11.13   200 2:34.28   300 4:05.13   400 5:14.42					
		33.38   37.75   41.18   45.46   1:09.2					
6	076872299	CORES BARRAL PAULA	1990	GALAICO		7,0	5:15.01
		50 32.27   100 1:09.24   200 2:34.99   300 4:06.65   400 5:15.01					
		32.27   36.97   42.33   45.84   1:08.3					
7	048115064	BERMUDEZ VAZQUEZ AMALIA	1994	NCORUÑA		6,0	5:23.43
		50 33.54   100 1:12.39   200 2:34.31   300 4:08.45   400 5:23.43					
		33.54   38.85   40.56   47.68   1:14.9					
8	053796651	PEREZ ALONSO ELENA	1995	RIVEIRA		5,0	5:28.65
		50 33.88   100 1:12.53   200 2:37.88   300 4:11.76   400 5:28.65					
		33.88   38.65   42.18   47.68   1:16.8					
9	044484992	BALSA PEREZ LAURA NEREA	1997	POURENSE		4,0	5:40.11
		50 34.10   100 1:17.54   200 2:44.56   300 4:23.53   400 5:40.11					
		34.10   43.44   39.68   49.69   1:16.5					
10	032714463	MIER MOURIÑO RAZIEL	1991	CNFERRO		3,0	5:42.60
		50 35.85   100 1:19.20   200 2:52.70   300 4:27.48   400 5:42.60					
		35.85   43.35   46.06   47.92   1:15.1					
11	033557885	VAZQUEZ PEREZ CARLA	1997	CFVLUGO		2,0	5:58.71
		50 39.58   100 1:26.10   200 2:58.80   300 4:41.39   400 5:58.71					
		39.58   46.52   45.85   51.92   1:17.3					
12	033545598	LOPEZ MESA TANIA	1996	CFVLUGO		1,0	6:07.26
		50 38.65   100 1:28.85   200 2:59.83   300 4:42.01   400 6:07.26					
		38.65   50.20   44.49   51.09   1:25.2					

RT: Retirado  
NP: Non presentadoDES: Descualificado  
BAJ: Baixa

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## COPA CLUBES PRE PROG C, 6NOV2010

Datos técnicos: Piscina de 25 m., Cronometraje Manual

A CORUÑA

06/11/2010

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	039455254	FERNANDEZ DOMINGUEZ, ANXO	1992	GALAICO		15,0	4:43.88
		50 29.78   100 1:04.22   200 2:17.41   300 5:38.02   400 4:43.88					
		29.78   34.44   36.47   2:40.3   0.00					
2	991121108	DAVILA LUSTRES MANUEL	1996	RIVEIRA		12,0	4:47.56
		50 29.88   100 1:04.13   200 2:17.59   300 3:40.76   400 4:47.56					
		29.88   34.25   36.35   42.26   1:06.8					
3	033554193	POMBO LOPEZ SERGIO	1991	CFVLUGO		10,0	4:48.93
		50 30.51   100 1:05.86   200 2:20.38   300 3:46.03   400 4:48.93					
		30.51   35.35   36.53   42.60   1:02.9					
4	053486871	ALVES RIVAS CARLOS	1990	RIVEIRA		9,0	4:49.06
		50 30.16   100 1:04.41   200 2:22.39   300 3:41.80   400 4:49.06					
		30.16   34.25   38.48   39.86   1:07.2					
5	036169164	ALVAREZ MARTINEZ FCO. JAVIER	1991	GALAICO		8,0	4:54.03
		50 29.38   100 1:04.10   200 2:23.76   300 3:45.97   400 4:54.03					
		29.38   34.72   38.70   41.12   1:08.0					
6	077411956	DAPENA GONZALEZ PABLO	1988	NCORUÑA		7,0	4:58.15
		50 31.70   100 1:08.67   200 2:25.56   300 3:49.34   400 4:58.15					
		31.70   36.97   37.92   42.11   1:08.8					
7	044497467	GONZALEZ RODRIGUEZ BORJA	1995	POURENSE		6,0	5:00.89
		50 34.74   100 1:09.32   200 2:27.27   300 3:52.29   400 5:00.89					
		34.74   34.58   38.03   42.99   1:08.6					
8	032712237	GONZALEZ MANSO ROI	1987	CNFERRO		5,0	5:03.55
		50 31.31   100 1:07.61   200 2:27.13   300 3:58.21   400 5:03.55					
		31.31   36.30   39.61   45.65   1:05.3					
9	054151521	FERNANDEZ CURRAS JACOBO	1994	NCORUÑA		4,0	5:06.82
		50 31.50   100 1:07.77   200 2:25.59   300 3:57.28   400 5:06.82					
		31.50   36.27   38.22   46.00   1:09.5					
10	045141584	BLANCO PEREZ ADRIAN	1994	POURENSE		3,0	5:08.17
		50 31.66   100 1:08.38   200 2:25.52   300 3:58.02   400 5:08.17					
		31.66   36.72   38.07   46.59   1:10.1					
11	033554533	GALVAN NEIRA CERVERA MAX	1996	CFVLUGO		2,0	5:10.10
		50 33.90   100 1:12.89   200 2:29.00   300 3:55.34   400 5:10.10					
		33.90   38.99   37.14   44.01   1:14.7					
12	032722415	BOUZA MANSO TELMO	1997	CNFERRO		1,0	5:19.49
		50 33.90   100 1:13.63   200 2:37.23   300 4:08.16   400 5:19.49					
		33.90   39.73   2:03.3   1:30.9   1:11.3					

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NP: Non presentadoDES: Descualificado  
BAJ: Baixa

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Datos técnicos: Piscina de 25 m., Cronometraje Manual

A CORUÑA

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RK	Club	Nombre	Club	T.R.	Pts.	Resultado
1	00186	CLUB NATACION CORUÑA A	NCORUÑA		30,0	4:25.31
		1 CARBALLO REY LARA	1991	50' 32.41   100' 1:07.36 32.41   34.95		
		2 PEREZ FDEZ.DE CORDOBA AURORA	1991	200' 2:20.32 2:20.3		
		3 ABELEDO MAQUIEIRA LUISA MARIA	1992	300' 3:25.59 34.94		
4		MARTINEZ CANOSA RAQUEL	1991	400' 4:25.31 59.72		
2	00784	C.N. GALAICO-SERCOYSA A	GALAICO		24,0	4:26.67
		1 RODIÑO MAQUIEIRA NEREA	1989	50' 31.63   100' 1:05.24 31.63   33.61		
		2 DOMINGUEZ RODRIGUEZ TATIANA	1984	200' 2:22.97 41.27		
		3 CORES BARRAL PAULA	1990	300' 3:27.87 34.63		
4		VILARIÑO GARCIA XENIA	1991	400' 4:26.67 58.80		
3	00769	RIVEIRA A	RIVEIRA		20,0	4:33.74
		1 LAGO AROBES JUDITH	1995	50' 33.98   100' 1:09.06 33.98   35.08		
		2 VILAS VIDAL MARIA	1996	200' 2:24.51 39.74		
		3 BLANCO BERMUDEZ YAIZA	1995	300' 3:32.65 36.35		
4		MUÑIZ CAMPAÑA ZOILA	1998	400' 4:33.74 1:01.0		
4	00101	CLUB NATACION PABELLON ORENS A	POURENSE		18,0	4:36.99
		1 PRESAS PEREZ SANDRA	1990	50' 33.70   100' 1:08.68 33.70   34.98		
		2 ALVAREZ LIZ IRIA	1993	200' 2:25.73 40.80		
		3 PIMENTEL PEREZ LAURA	1993	300' 3:34.83 37.38		
4		RAÑA RUIZ MARIA ISABEL	1992	400' 4:36.99 1:02.1		
5	00784	C.N. GALAICO B	GALAICO		16,0	4:37.27
		1 PALLARES PEREIRA ANA	1980	50' 33.68   100' 1:09.74 33.68   36.06		
		2 LANDIN GALLEGO RAQUEL	1990	200' 2:26.91 40.89		
		3 NONTES PEREZ LAURA PAOLA	1991	300' 3:35.99 36.78		
4		GARCIA COBAS NURIA	1995	400' 4:37.27 1:01.2		

RT: Retirado  
NP: Non presentado

DES: Descualificado  
BAJ: Baixa





COPA CLUBES PRE PROG C, 6NOV2010

Datos técnicos: Piscina de 25 m., Cronometraje Manual

A CORUÑA

06/11/2010

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
6	00674	CLUB NATACION FERROL A	CNFERRO		14,0	4:42.59
	1	ROMERO CARREY REBECA	1994	50 34.81 34.81	100 1:12.65 37.84	
	2	SANTALLA TRIGO LAURA	1996	200 2:33.88 43.00		
	3	GARCIA SOTO PATRICIA	1991	300 3:39.67 35.29		
	4	LOPEZ SANMARTIN NEREA	1996	400 4:42.59 1:02.9		
7	00186	C.N. CORUÑA B	NCORUÑA		12,0	4:42.74
	1	MARTINEZ COUTO GABRIELA	1996	50 33.44 33.44	100 1:10.07 36.63	
	2	IGLESIAS RODRIGUEZ BEATRIZ	1994	200 2:30.52 43.03		
	3	VILAR SANCHEZ CLAUDIA	1993	300 3:44.16 41.52		
	4	GARCIA-PUERTAS TORAL ALEJANDRA	1995	400 4:42.74 58.58		
8	00769	RIVEIRA B	RIVEIRA		10,0	4:45.06
	1	SANTOS HERMO ESMERALDA	1997	50 34.24 34.24	100 1:10.91 36.67	
	2	OUTEIRAL MARTINEZ ALEJANDRA	1995	200 2:31.74 42.65		
	3	PEREZ ALONSO ELENA	1995	300 3:42.71 37.49		
	4	LORENZO PEGO SUSANA	1991	400 4:45.06 1:02.3		
9	00101	C.N. PABELLON ORENSE B	POURENSE		8,0	4:45.56
	1	ALVAREZ ALVAREZ ESTHER	1997	50 34.09 34.09	100 1:11.58 37.49	
	2	CRUZ MOURE CRISTINA	1996	200 2:30.87 41.81		
	3	BLANCO SEARA LAURA	1995	300 3:47.87 45.21		
	4	GARCIA OTERO PAULA	1994	400 4:45.56 57.69		
10	00674	C.N. FERROL B	CNFERRO		6,0	4:52.51
	1	CERNADAS CALVO LAURA MARIA	1994	50 35.86 35.86	100 1:14.63 38.77	
	2	SEDES MARTINEZ ALDARA	1994	200 2:34.98 43.05		
	3	PRADA TELLADO MARTA	1993	300 3:48.37 39.28		
	4	SANCHEZ PALACIOS FATIMA	1994	400 4:52.51 1:04.1		

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Datos técnicos: Piscina de 25 m., Cronometraje Manual

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RK	Club	Nombre	Club	T.R.	Pts.	Resultado
11	00398	CLUB FLUVIAL DE LUGO A	CFVLUGO		4,0	4:57.06
	1	BARRO GARCIA INES	1995	50 33.39   100 1:08.18 33.39   34.79		
	2	CASTRO VEIGA INES	1995	200 2:33.60 45.01		
	3	VAZQUEZ VILLASANTE LARA	1995	300 3:50.22 40.55		
	4	GUEIMONDE MENDEZ SUSANA	1996	400 4:57.06 1:06.8		
12	00398	CLUB FLUVIAL DE LUGO B	CFVLUGO		2,0	5:15.52
	1	GARCIA RODEJA ARIAS CRISTINA	1998	50 35.87   100 1:15.49 35.87   39.62		
	2	FERNANDEZ ARIAS ESTRELA	1997	200 2:44.75 50.30		
	3	VAZQUEZ PEREZ CARLA	1997	300 4:06.45 41.51		
	4	VILA BARRIOS LUCIA	1997	400 5:15.52 1:09.0		

RT: Retirado DES: Descualificado  
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Datos técnicos: Piscina de 25 m., Cronometraje Manual

A CORUÑA

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RK	Club	Nombre	Club	T.R.	Pts.	Resultado
1	00674	CLUB NATACION FERROL A	CNFERRO		30,0	4:00.52
	1	SUAREZ VILELA LUIS MANUEL	1987	50' 28.90'   100' 59.86' 28.90'   30.96'		
	2	SUAREZ NOVOA JAVIER	1992	200' 2:11.98' 38.20'		
	3	GARCIA SOTO MARCOS	1988	300' 3:06.77' 29.92'		
	4	SANJUAN OTERO MIGUEL	1991	400' 4:00.52' 53.75'		
2	00769	RIVEIRA A	RIVEIRA		24,0	4:03.84
	1	REGUEIRA SUAREZ RUFINO	1990	50' 27.59'   100' 57.20' 27.59'   29.61'		
	2	ALVES RIVAS CARLOS	1990	200' 2:05.95' 36.68'		
	3	VILAS VIDAL ANGEL	1991	300' 3:07.81' 33.11'		
	4	PEREZ MARTINEZ MIGUEL	1988	400' 4:03.84' 56.03'		
3	00101	CLUB NATACION PABELLON ORENS B	POURENSE		20,0	4:05.95
	1	TABOADA VILA ALBERTO	1987	50' 28.89'   100' 59.45' 28.89'   30.56'		
	2	CAAMAÑO GOMEZ DANIEL	1982	200' 2:04.13' 34.69'		
	3	BLANCO PEREZ ADRIAN	1994	300' 3:08.86' 0.00'		
	4	RODRIGUEZ FERRO ALVARO	1993	400' 4:05.95' 57.09'		
4	00784	GALAICO A	GALAICO		18,0	4:09.74
	1	FERNANDEZ NIETO CRISTIAN	1992	50' 30.59'   100' 1:02.49' 30.59'   31.90'		
	2	FERNANDEZ DOMINGUEZ, ANXO	1992	200' 2:13.80' 38.19'		
	3	ALVAREZ MARTINEZ FCO. JAVIER	1991	300' 3:12.93' 31.93'		
	4	GARRIDO CASTAÑAL MIGUEL ANGEL	1994	400' 4:09.74' 56.81'		
5	00186	C.N. CORUÑA A	NCORUÑA		16,0	4:10.67
	1	FERNANDEZ OLVEIRA JACOBO	1995	50' 32.23'   100' 1:08.64' 32.23'   36.41'		
	2	BORRAZAS RUMBO MANUEL	1993	200' 2:12.68' 34.02'		
	3	COSTA GARCIA ADRIAN	1986	300' 3:13.42' 32.92'		
	4	TEIJEIRO FRAGUELA MARCOS	1989	400' 4:10.67' 57.25'		

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Datos técnicos: Piscina de 25 m., Cronometraje Manual

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RK	Club	Nombre	Club	T.R.	Pts.	Resultado
6	00186	C.N. CORUÑA B	NCORUÑA		14,0	4:17.49
	1	PRESEDO FRAGUIO ALVARO	1985	50 31.95 31.95	100 1:05.66 33.71	
	2	SUAREZ HORTAS ANTON	1993	200 2:13.55 36.34		
	3	DAPENA GONZALEZ PABLO	1988	300 3:20.69 36.51		
	4	LOPEZ ARTABE JAVIER	1984	400 4:17.49 56.80		
7	00398	CLUB FLUVIAL DE LUGO A	CFVLUGO		12,0	4:17.69
	1	LOBELLE GONZALEZ IVAN	1989	50 30.68 30.68	100 1:03.51 32.83	
	2	LOBELLE GONZALEZ MARCOS	1989	200 2:17.35 40.19		
	3	POMBO LOPEZ SERGIO	1991	300 3:20.69 34.42		
	4	VAZQUEZ PEREZ SERGIO	1992	400 4:17.69 57.00		
8	00784	C.N. GALAICO-SERCOYSA B	GALAICO		10,0	4:18.64
	1	SOTO MARTINEZ GUILLERMO	1993	50 31.09 31.09	100 1:05.13 34.04	
	2	AMARO PINTOS ROMAN	1992	200 2:16.94 38.80		
	3	ALVAREZ MARTINEZ DAVID	1992	300 3:22.55 35.47		
	4	GULIAS PARGA BORJA	1991	400 4:18.64 56.09		
9	00398	CLUB FLUVIAL DE LUGO B	CFVLUGO		8,0	4:20.29
	1	NEIRA CERVERA MARTIÑO	1994	50 31.44 31.44	100 1:04.41 32.97	
	2	ARES DIAZ FRANCISCO	1989	200 2:18.81 39.33		
	3	GUEIMONDE MENDEZ CARLOS	1993	300 3:21.93 33.52		
	4	ARES DIAZ IAGO	1993	400 4:20.29 58.36		
10	00674	C.N. FERROL B	CNFERRO		6,0	4:20.41
	1	PEREZ PEREZ HECTOR	1995	50 32.15 32.15	100 1:07.13 34.98	
	2	RODRIGUEZ PIÑON FERNANDO	1993	200 2:22.71 41.98		
	3	GARCIA SOTO HECTOR	1985	300 3:24.11 33.63		
	4	LOPEZ BUYO BRUNO	1987	400 4:20.41 56.30		

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RK	Club	Nombre	Club	T.R.	Pts.	Resultado
11	00101	C.N. PABELLON ORENSE A	POURENSE		4,0	4:28.80
	1	FERNANDEZ PROL PABLO	1994	50 33.09   100 1:09.03 33.09   35.94		
	2	SABUZ FORNEIRO MARTIN	1994	200 2:22.77 38.59		
	3	QUIROGA RAMOS ECEQUIEL	1995	300 3:28.93 36.05		
	4	GONZALEZ RODRIGUEZ BORJA	1995	400 4:28.80 59.87		
12	00769	RIVEIRA B	RIVEIRA		2,0	4:42.26
	1	DAVILA LUSTRES MANUEL	1996	50 32.24   100 1:06.83 32.24   34.59		
	2	PRADA RODRIGUEZ MIGUEL	1996	200 2:26.67 42.81		
	3	GARCIA TORRES FRANCISCO	1993	300 3:36.50 39.11		
	4	CAROU VIDELA MAURO	1993	400 4:42.26 1:05.7		

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